How to Find The Man of Your Dreams
By Intensifying Your Orgasms

A Self-Help Book for Unicorns and Horny Wild Stallions

By
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Archie Bunker
from
“All in the Family”
once said,
“They tipped the nation,
and all the fruits and nuts
rolled to California.”

Well, that was back in the 1970’s.
Today, the country is on an even steeper incline.
But now the kids are rolling into San Francisco
to learn from all the fruits and nuts
who came here then and have since grown old.

As a 30-year resident of San Francisco,
the gay Mecca,
[Arabic: sanctuary]
today’s youngsters,
who come here in search of flower power,
discover that old hippies never die.
Our ideas cum more and more to life
with every new generation.

This book is for gay men
from a gay man.
But if you're a straight man or lesbian,
you could glean a lot from what I have to say.
And if you're a straight woman
who'd like to understand how men operate,
this book's for you, too!
In fact,
If you're a straight woman in a relationship with a man
who you've cleaned up to the best of your abilities,
read this book
and then give it to him
to clean up anything you might have missed.

If you're not gay,
but have the ability to listen in
to my lecture to princesses
from an old, hippy, yenta queen,
as though you were a fly on the wall,
you'll learn a lot about how to stimulate a penis
that you didn't know well enough before.

I won't give you a moneyback guarantee,
but I don't think your investment in money or time
is going to be that great
that you can't afford to take this risk…

Introduction to Men

We think with our penis. That's normal for us. There's an expression in Hebrew [that surely doesn't come from the Bible] that applies to all men. "When our cock is standing, our brains fall into our ass."

With that Judaic reality-check in place at the beginning of this introduction, I'd like to tell you why this book is for men whose brains have sunk below their belt. The prospect of thinking clearly if you're figuratively screwing yourself over is the challenge I've chosen to address by way of the topic of seeking a man who can improve your orgasms.

The problem men have in finding the man of their dreams isn't literally caused by their erections. The problem is located in their ass. They're defiant. Some men like to stick their penis in your ass for the joy of cuming together. But most men simply want to screw you over.

I've got no problem at all with small penises. I even got through my disappointment with my own. I suffered from small-man-syndrome all my life. I don't anymore.

I was a chick in a shell who couldn't figure out whether he was a hen or a rooster. I was a hen in bed in my youth who strutted around as though I was a cock in a coop. I was a cock with a small cock. I was fowl in foul company. I suffered unconsciously from self-importance. It's one thing to swing wildly between selfishness to selflessness. It's quite another to become self-centered.

If you don't know how chickens mate, I suggest you Google it because a hen's anus is also her vagina, and a cock doesn't have a cock. The two of them actually bump butts to fertilize her eggs.

I was a hen who laid eggs in the figurative sense of the word. I said things I shouldn't. And although I always wanted a guy with a gorgeous cock to strut about with on my arm, I had a lot of unanswered, spiritual questions about the

mating practices of poultry in emotion. So, I had to find a way out of my shell to get those questions answered.

I've chosen to use a graphic, barnyard brogue at times in speaking to you because I know that an occasional dirty word keeps me focused on what I'm reading. When others wax poetic about the need for love and brotherhood, they put me to sleep. I've heard too many sermons in synagogues, churches and mosques. I prefer homilies that elevate me with spiritual illumination mixed with a few dirty words.

Since we're not in the same room together, and you can't ask me questions directly, you're going to need to focus on whether what I say applies to you, or not. If I say something that irritates you, you may need to read that sentence twice to see how it sits inside the second time. In that spirit, you might like to highlight opinions you don't agree with.

Introduction to Me

I was the most selfish [self-important] person I knew, but I didn't know it most of my life, and now I'm almost 70. I was so selfish rather than self-centered that I irritated people. So, many people politely walked around me. They disregarded me, or they rejected me.

When seen through that lens, the outcomes of my life reflect my "bad luck." They also account for my loneliness and depression. I thought I couldn't get a break because others were selfish. That turned out to be a bitter irony I can only now appreciate. I was selfish, too.

The people who could have given me a break didn't want to because they didn't think I deserved it. When I walked into a room, it was as if they could see the word "selfish" scrawled across my forehead. After decades of not knowing what was wrong with me, I finally decided to take a closer look inside.

I'm an HIV- gay man who was in a 13-year, monogamous relationship with a man who was HIV+. I prayed for a miracle when he got deathly ill. My prayers were answered. The answer was, "No." I survived. He did not. He, too, left me. And I stared in the mirror for seven years asking, "Why me?"

The full truth is that Larry and I broke up in the middle of his illness, a few years before he died. AIDS helped us see that we couldn't manage his illness together. He was secretly having an affair with his former boyfriend on the side [an HIV+ rooster with a big cock]. I'd been under the impression the whole time that we were in a monogamous relationship.

Larry introduced me to the color blue. Sadness is sky blue. Regret is marine blue. Larry introduced me to disappointment: cerulean. I had to experience that dark degree of disappointment with him to realize that I was disappointed in myself, as well. Pointing fingers only at others just doesn't work. I may not have cheated on him, but

I'd cheated on me. My reputation in my own eyes wasn't great.

My parents were Holocaust survivors. But they weren't religious Jews. So, when the Nazis rounded them up, they didn't pray for divine intervention. Each of them survived in a miraculous way, but their entire families and most of the religious Jews did not. They met shortly after the War with the intention of supporting each other's grief [midnight blue]. But they never learned to grieve over the existential loss they held inside.

So, when I put the topic of a spouse and hot sex on the table along with illness and death, I put the topic of God on the table with it.

Surely, God answers all prayers. But a lot of the time, the answer seems to be, "No."

That begs the question, "Why?"

Why should the Jews have had to pay for the re-creation of the state of Israel after 2,000 years with 6,000,000 lives? Why should the gays have had to pay for marriage equality with more than 500,000 gay men dying of AIDS in the U.S. by 2004? And what have 675,000 Americans died for in this latest COVID pandemic?

I don't think there's only one answer to these questions. I think God is teaching us all about ourself with the whole world watching. But each of us is learning different things. For me, self-centering was a primary lesson in life I had to discover from a fool about a fool. My obsessions and worry were the result of a mystery I couldn't solve with other people's help. I needed to help myself if my efforts were going to be more than meaningful. I needed to help myself if my efforts were going to be valuable. I need to learn what value I bring to this world.

No one in the world is more under the magnifying glass than the gays and the Jews. The Nazis vilified us. Today, the right hates me for being gay and the left hates me for being a Zionist Jew.

Introduction to Life

They say, “Life’s a bitch, and then you die.”

But if you’re not more than just obsessed with yourself, you should be. Your love for you is the defining force that makes you who you are. You can’t give away something you don’t have. Start by following these directions:

1. Put yourself first, but try not to be obsessive.
2. Put other people next, but try not to be selfless.
3. Put God last so that you don’t become dogmatic.

“Life’s a bitch and then you die” was the conclusion of a loser. I want to defy the odds by dying with a smile on my face and a gleam in my eye, not with a smirk on my face and a glare in my eye.

God is watching [1] how I treat myself. He’s watching [2] how I treat others. [3] He’s allowing me to know Him to the degree that I love myself and honor all others.

You don’t want to end up obsessively selfish, maddeningly selfless or hyper-religiously dogmatic. Nobody you’d respect would want to spend a lifetime with someone like that.

End of My Introductions

Those were my three introductions to this book. If you're not sure whether you're interested in learning any more about the life of chicks, hens and cocks, slam this book shut and fling it at a wall, for all I care. I know I'm not for everyone. My philosophy of life is only going to get more challenging as I move to the subject of horny, wild stallions and the magical qualities of unicorns.

If you're curious to learn something new about yourself by coming to the topic of orgasms from a new place in inner space, you may find that what you always wished for was a gay, hippy yenta to spell out what you already know deep down inside that nobody has been able to say quite the same way.

I'm not going to go easy on you. This book will be challenging even though each of my 69 lessons in intensifying your orgasms averages only about three pages in length.

Finding the man of your dreams is a challenge, especially in a world where trusting yourself is no easier than trusting anybody else. If you're really determined to share your life with someone you can trust, honor and even obey for a lifetime, you're going to want to start with trusting, honoring and obeying yourself.

Let that be the first clue to improving your orgasms.

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1.
Why You Can't Find "The Man"
[of your dreams]

If you believe that the Man in your life is Jesus, that's fine. Just don't expect the whole world to share your love of the God within you with you. We've all got loves of our own. Think of the love of one man as practice in coming to love yourself. You can't love Jesus more than you love you. If that upsets you, get over yourself. There's nothing wrong with finding yourself as beautiful inside and out as Jesus. Do better by trying to become as attractive as Him as you can.

I don't entertain complaints about men. You're half a man. You got an x or y chromosome from your father. So, you may be just as selfish and obnoxious as those you disapprove of, just in your own way. Maybe you just can't see your own faults because you're more focused on the faults of others.

As my mother used to say, "The complaint department is closed." What that means [that my mother never suitably explained to me] is that you're going to feel resentful, frustrated, anxious, upset, disappointed and forlorn every day of your life.

I feel that way because being me isn't easy. I have a problem in making and keeping friends. In an effort to answer the question of what came first, the chicken or the egg, I can see that I lay one egg after another when I'm feeling chicken.

Feeling chicken comes and goes. We'll get to chicken hearts later. For now, I'm just going to address male, human hearts that sometimes get cocky.

The way you feel about men is never going to change from the outside in. You secretly love men. How could you not? You're a man who adores your own penis. Just think about all the pleasure it's given you. You don't want to dismember or castrate yourself to give up your dream of a

successful, love life with one incredible guy to share your adventures with.

The world is the way it is, and men are the way we are. The only thing you can control is what's going on inside of you, and, by extension, how you behave. And since you're in many ways like every other member of mankind, it would behoove you to consider the possibility that you're not a perfect catch the way you are now. The truth is that you'll become a better match with yourself as you age. So, get used to the idea that the journey to a better life will proceed, albeit slowly.

Self-improvement doesn't mean you have to denigrate yourself for how you behaved in the past. We're all getting better. We're all moving through antisemitism, anti-Zionism, racism, homophobia and misogyny. Some are doing so privately. Others are just doing so publicly. I prefer the private approach. I don't need the whole world to see the mistakes I make.

We were all enrolled in the school of life and we're all going to graduate. God is our Teacher. You can't take anybody's tests for them. Nobody's grades are going on your report card. You simply have to protect yourself against those who don't know this about this one-room schoolhouse we're in. We're all participating in the civilizing process of humanity, even if some are only contributing a bad example for us to learn not to repeat.

Your self-esteem rises like your penis when it's excited. Your penis is the delivery device that makes it possible to get the life-giving properties up and out of you. But when you use your imagination to envision penetrating your anus with your own penis and cuming in yourself, this becomes the figurative way to infuse the best of you in yourself without literally or figuratively screwing yourself over.

If others have screwed you over, use that as motivation to make love to yourself figuratively with all the goodness [+] inside of you. Don't fill yourself with your own evil [–]

juices. Don't do to you what others did to you. Prove to yourself that you're different from them. Love yourself wisely. Love yourself loyally. Love yourself with all the intimacy that no one else is willing to give you.

My boyfriend is the study partner in the school of life the Teacher gave me to teach me what I didn't know about myself. But self-intimacy is the precursor to knowledge given by the Teacher. So, I've made my Tutor my Soulmate.

You can see that the hyper-religious don't know this. You can see that criminals don't know it, either. And everyday people don't talk like this about the meaning of life and the value they add to it.

What I'm offering you is the most intimate relationship I've been able to strive for and achieve in my life. The intimacy I've gleaned with my boyfriend motivated me to seek an even greater intimacy with myself. Then, self-intimacy with the God within me made me realize that my soul has only one Mate: the one God of us all.

Life can feel threatening more often than not. That's why we've got to construct walls to protect ourself. You may have walls up, even if you're so used to them that you don't think they're there.

The Wailing Wall in Jerusalem is the outer manifestation of the wall within you that you may not want to face. If you've faced the futility in trying to get through the wall within you, you'd wail like an orthodox Jew, too. [1]

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[1] The Wailing Wall was built by Herod the Great as a retaining wall and extension of the Western Wall. It was originally erected as part of the expansion of the Second Jewish Temple which resulted in the encasement of the natural, steep hill known to Jews and Christians as the Temple Mount. [Internet] Keep in mind that the Temple was the site of the destruction of millions upon millions of animals over the course of more than a thousand years.

When you meet a guy, you may judge him for where his walls are up. So, assume he wasn't born yesterday, and he's judging you the same way.

The story in the Old Testament about the walls of Jericho tumbling down was meant to be a psychological clue to defeating yourself psychologically, not a strategic means of addressing military battles with your enemies. [Joshua 6] My little piccolo would hardly qualify as a trumpet, and even if it did, it certainly doesn't have the power to literally bring down parapets.

Walls crumble. Walls leak. Most men can probably see the scars where you were stabbed in the back. In fact, they may even see your scars more easily than you do. So don't think you're more protected from scrutiny by men than anyone else. You're as worried as the next guy about the next knife that may be flung at you from behind that pierces your heart.

Clearly, what you could use is a bubble like the one Glinda, the good witch of the North, used to visit Dorothy in "The Wizard of Oz." Without a bubble, not, a wall, you'll go Home needlessly stabbed, battered and bruised.

That's reason for us all to wail. Self-sacrifice is one thing. But why sacrifice innocent animals?

2.
Would You Want to Marry You?

If you're not a prince, but you're looking for a prince, then, obviously, you haven't found the prince you're looking for because God doesn't want you to find another man of your dreams. He's still focusing on you finding you.

You've probably concluded that if God really loved you, He'd give you what you want the most in life. But would you give a six-year-old a power saw for his birthday? You'd probably wait until he got a little older… First, grow up. Then look for a soulmate in another man. Then get disappointed and seek a soulmate in yourself. That will lead you to the Soulmate awaiting you.

If you feel like you're missing fingers because, like the bears at Yosemite, your previous fuck buddies didn't know where the chocolate bar ended, and your fingers began – consider that an important lesson in life. Don't feed wild animals no matter how cute they look unless you've been properly trained in wildlife management.

So, the next question is why God wouldn't consider giving you what you've been dreaming of all your life, especially since He has given what you want to some others?

The only answer to that question that makes any sense at all is that you must become the prince you're looking for. You've projected your dream of a soulmate onto other men. And you can't find your way far enough inside yourself to see that projection and acknowledge it at its source.

So, the question isn't where to go to meet him. The question is where to go to meet yourself. I've broken that question down into three parts:

1. How do I get inside myself to meet the man of my dreams?

2. How do I trust myself if I've only secretly admired me but can't access a deeper part of me because of the walls I've built that are keeping me out, inside?
3. If I must settle with myself [even though I'm not my type]; if I must learn to tolerate, accept and even admire me over the course of a lifetime – then what does that say about what I should expect from a spouse if I was lucky enough to find one?

The right man for you can't be found with your penis or anus. And he can't be found with your eyes and ears either. Although you may have been using everything you've got to look for him, obviously, you haven't been successful because you're not using enough of you.

The only way to find the man of your dreams is with your nose. Your nose knows. And this book is going to teach you to use your nose as though it was a Jewish nose. [And F.U. you if you're so P.C. that you don't like the idea of me making a Jewish joke about my own tribe!]

What you may need is a gay, hippy yenta to help you find yourself. Just any old biddy won't do. But without you helping me help you, we'll never succeed in finding your soulmate and lifelong best friend.

3.
Participating With Yourself

Until you admit to yourself that you sometimes make yourself miserable because you don't know how to operate yourself internally, you'll sit with your phone in hand or in front of your computer not realizing they're mirrors of an operating system within you that you've never been instructed on how to use. You're not yet spiritually technical enough to run yourself smoothly enough to eradicate your bugs and eliminate your glitches.

You've been given exactly what God wants you to have at this time to motivate you to do more by yourself for yourself. If you work harder to achieve what you want from within, you'll see the results your desire [+] throughout.

Sometimes you may be obsessively selfish over things that you want [–]. Sometimes you may be naively selfless because you were taught that that would make you an admirable person. And sometimes you may be stubbornly dogmatic. But unless you watch yourself more closely, you aren't going to know how you're behaving in any one of these three ways.

Did you really think you could improve your orgasms if you didn't improve your relationship with yourself? Get real. I'm not doing all this just to amuse you.

The Republicans aren't the only Americans who are selfish in some ways and selfless in other ways. Neither are the Democrats. The hyper-religious and atheists aren't the only people worldwide who are dogmatic.

Being a man is a universal problem. And just because you surround yourself with guys who think like you, doesn't mean that you don't suffer from typical, male problems.

I know the three-letter "G" word [God] doesn't sit at all well with many young people anymore. I know that the hyper-religious Jews, Christians and Muslims have

drummed into every gay man's head that we're perverts who God hates with a passion.

I know that even using the generic term "God" for our Creator doesn't sit well with gay men because of how hyper-religious people have sharpened that word into arrows that they shoot at anyone who doesn't agree with their definition of Him.

But the fact is that all around the world, men are fighting over names for God. They're not behaving as He'd like them to treat one another. And many in the Rainbow Coalition think they've found a loophole in that idiocy by denying His existence altogether. Needless to say, I disagree with all of you.

You're just going to have to trust me that God allows everything that happens to us to happen with good reason. Sometimes a bad example is the only reason for its existence. In my opinion, pain and suffering are God's sticks to get us to humble ourselves to ourself. He has the authority to do that to us. We don't have His permission to do that to each other.

Death is no punishment for the deceased, only for the living. Death is a life lesson for the living, whether you grieve over the dead and dying, or not. But if you choose to ignore the lessons God gives you with bad luck, illness and untimely deaths, expect that to reflect in your character and to affect your orgasms.

I know I sound pretty harsh at the moment, but try to overcome your personal losses in life to view your pain and suffering another way. Your sensitivity is admirable. But now let's use it to augment the happiness you can glean from the journey of your life.

I believe that physical pain and emotional suffering are introductions to the self-guilt that arises when we realize how little we know about ourself. Hope is what comes to those who expand their self-knowledge by becoming self-loving.

God shines down His love on gay men because we're very special to Him. A unicorn [an odd believer in God] is actually very different from a horny stallion [a gay man]. There's magic in this world, but you're going to have to learn how to use it. You don't want to end up behaving like the Sorcerer's apprentice.

I know you'd probably like God to choose someone else to teach for a change. The amount of attention He's given to the gay community hardly seems flattering. But the same can be said about the Jews.

The Jews have known this about God for quite some time. And now you might need to learn it, too. The question of why God loves us so much that He's put a target on our back isn't an easy question to answer. But we've got time. So, take a deep breath. Here we go:

Life is a school, and you're a pupil enrolled [born] here until the Teacher decides it's time for you to graduate [die]. What you have to go through every day of your life are lessons and tests. And unless you study the lessons you've been given, don't expect to pass the test in that class that will get you enrolled in the next, higher class between now and when you take your final exam [deathbed].

The Teacher may have seated you at the back of the class when you first entered this one-room schoolhouse with students who knew very little about the spiritual operating system [s.o.s.]. If you want to make your way to the front row, you're going to have to pass your quizzes and tests to get reseated closer to the board and further from the bored and distracted.

If you could open our Teacher's roll book to get a look at your grades, you might be surprised. Or you might be shocked. Who, but you, can say?

4.
Participation Through Penetration

Every morning when you get up, you're headed to school. Every night that you toss and turn trying to figure out what's wrong with you, you're having office hours with your Tutor. The Teacher only comes to us in our dreams and nightmares.

So don't be surprised that you're learning new things about yourself day and night, especially if you don't like the subject matter [you] or the difficulty of the lesson you're having to grapple with.

You weren't surprised when you learned new things in school growing up. You struggled with your grades as best you could then. And in this way, life is no different.

You may have been surprised, even shocked, the first time you reached orgasm. But you quickly got used to the idea that your body had changed and could therefore do something it couldn't do before. That was a life lesson, too.

Because life is a school in which you only have limited control over your curriculum, you never know the order of your lessons or when the next test is coming. So, assume you're enrolled here to learn to address every challenge as a learning opportunity. Assume you're no different than the Jews who've been challenged by life lessons since the beginning of history [His story].

You may or may not have a college degree. But life has been a university setting for a guy like you from the moment you became consciously aware of your separateness from your mother in early childhood, long before you reached your first orgasm. You've been enrolled in college prep classes every day of your life your whole life. It's been harder than you expected in some ways. But in other ways, it's much easier for you than for some others. If you look at life in this way, you'll see that you have reasons to be grateful to God and pissed off as hell with Him, too.

Don't pretend to be humble by insisting you're not smart enough, experienced enough or good enough to listen and learn more about yourself. If you make you your major, you're going to take a lot more interest in the subject matter you're given. You're going to care more about your grades, but you're also going to be more incensed by the way your classmates are behaving. In some ways, we're all graded on a curve. Be proud of how your grades are forcing others to struggle more to pass their classes.

I'm a gay, hippy yenta who's stood up to God in synagogues, knelt down before Him in churches and gotten down on all fours to pray with bare feet before the God of us all. If I could overcome my false humility, you can, too.

Don't bother to get impatient with me. You may be yearning for simple answers to complex questions. But I'm not going to cheat you out of the truth with the kind of answers you've heard before.

Life is no nursery school, kindergarten, elementary school, middle school or high school. And if you're behaving like you're in any of those institutions of learning, you're not old enough to get into a long-lasting relationship with someone else. It's as simple as that.

A Jew has to reach the age of 13 to be considered a man [worthy of orgasm]. That's when he spiritually separates from his parents who stood between him and God until then. That's when he accounts for all his own actions before God. If you can achieve orgasm, you're a man.

If you're a man by this definition, but you're behaving immaturely, you haven't passed some of the classes you were enrolled in as a child. But you're now going to have to do extra homewerk to catch up. [2]

[2] Later I'll explain the difference between "work" and "werk."

If you consider yourself to be a man just because you can ejaculate, you may still be juvenile and too young at heart to be ready to settle down with someone else to love.

You're going to have to take instruction on out how to become a mature man consigned to the modern era, regardless of the fact that there may be a little boy alive and well within you. You just need to learn how to turn cynicism, bitterness and regret into hope.

Does it look like those around you are working on their Ph.D. in life? Does it look like they're more mature than you are? There are plenty of good catches out there that haven't been taken. And you could become one of them.

So, relax for the time being about the challenge of finding a mate. Life can actually be much easier than it looks, and we're just starting to get to know one another. If you're feeling frustrated about something in particular, note that feeling and put it on the back burner. At the moment, I've got other pots I'd like you to stir.

5.
Life's One Long Test and Then You Graduate

Come to class each day prepared by having done your homewerk from the day before. Participate in class discussions and anticipate spot quizzes. You're a part of the big picture, even if you can't yet envision the big picture.

Stop dreaming in the conditional tense [woulda, coulda, shoulda]. The real world isn't going to stop and wait for you to come to your senses. The world will continue to turn, whether you're paying attention to your spiritual assignments each day, or not. Your spiritual curriculum for a lifetime lies in the here-and-now.

Your ability to access the past and future lies only in your mind. I'm going to teach you more about the nature of time and space so you can use both to your advantage.

People may accuse you of being a hypocrite for having feelings they don't feel. Know that thoughts are different from feelings. Thoughts are logical or illogical. Feelings are rational or irrational. "Logical thinking focuses on following reasoning and mathematical principles, while rationality is based on individual judgment and perception." [Internet]

Use your thoughts logically to draw conclusions about outer reality based on facts that can be quantified, measured and assessed. Use your feelings rationally to decide what you feel, even if your feelings contradict what you think or conflict with other feelings that you're having.

Don't worry about being called a hypocrite because your head is going one direction and your heart is going another. What matters is that you filter the thoughts in your head, feelings in your heart and beliefs in your soul through your conscience, which is your guide.

You're here to work on your spiritual transcript, not to make others happy by agreeing with their opinions. Every other student in this school is here to do the same.

Good work habits require you to treat others respectfully. But don't pretend to love them! God told the Jews in the 5th Commandment to honor their father and mother. If you could simply honor everyone, your spiritual grades would improve enormously.

Don't love anyone other than yourself. If you can't do that because you're dying to love one other person with all your heart and soul, make that one exception. But you'll pay a hefty price for loving family, friends and foes. Self-love is the key.

I'm going to delve beneath the words used in conversation to access the operating system that produces words. I'm going to teach you how to reprogram yourself like a computer using code. How the forces within you interface with one another is universal. But what you think, feel, sense and believe are your experiences, alone.

I won't consider you a hypocrite for disagreeing with my opinions. I'd only consider you a hypocrite for disagreeing with the figurative facts about our inner world when viewed through the metaphors of Moses, symbols of Jesus and similes of Muhammad. [3]

You already know that life tested you in the past. You already know that you've had to move your seat away from certain pupils who distracted you. They were bad examples who you didn't want to copy. Those unruly students may even have been your parents! And that was a lesson that I'm sure stung like the dickens.

Although my parents did the best they could, they'd been badly damaged by the War long before we "met." But I never suspected I inherited their psychic injuries and abrasions!

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[3] The main metaphor of Moses states that man is a tree planted in a garden. The main symbols of Jesus are that man is in a vehicle made of flesh [bread] and blood [wine]. The 114 similes for God are hidden in the 114 chapters of the Quran.

Who knew that you could bleed over other people's wounds? And I certainly would never have guessed that my own siblings would end up stabbing me in the back! The truth is that we all have family lacerations we have to deal with.

You already know that the bozos at the back of the room are just wasting your time. They're here to challenge you to do better, even if it turns out that you're related to them by blood.

If you want to grow up enough inside to face the university level challenges of being a productive member of society, you're going to have to focus on reality without getting obsessively selfish, selfless or dogmatic. You're going to have to learn about you, despite the distractions caused by your penis, which would best be described as the delivery device of your wants [–] and desires [+].

Semen is just the literal word for what cums out of the mouth of your penis. What you want to infuse in others can't be described as semen. It would better be described as the life-giving force within you that's like your semen.

You already know that drugs and alcohol only make you feel confident in the moment. By the next morning when you have to get up and go back to "school," that momentary confidence will have dissipated. You're back having to face your wailing wall again.

If the extension of the metaphor of life as a school makes you uncomfortable, get real anyway! Just because some people think you're odd in addition to queer doesn't mean you should drink the Kool-Aid they're serving by denying the mystery of your being.

There's a way to look at Leviticus 18 and 20 another way. [4] [More about that later.] From one day to the next, the hyper-religious are proving to us that they're wrong about so much of what they assert about life in the modern era. So,

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[4] It's an abomination for a man to sleep with a man. [Leviticus 18] All gay men must be murdered. [Leviticus 20]

assume they're wrong about men sleeping with men, too. And assume God always knew it.

You're never going to find your soulmate if you don't reject literal interpretations of the Book of Leviticus from the other four of The Five Books of Moses [Torah – the core of the Hebrew Testament]. All you have to do is look at those who study scripture and judge them for their pride or prejudices. You don't have to fight one scripture with another.

It also says in Leviticus that it's permissible for Jews to have slaves, provided they're not Jews. [Leviticus 25] This was the logic early Americans used to kidnap Africans and force them into slavery in this country. Such was the asinine conclusion of those we call our "Founding Fathers."

The Civil War was the result of White Christians taking the Book of Leviticus literally. The culture and cancel wars of today are based on ignorance of the false premise that some people are inferior to others.

The truth is that everybody is inferior to you in some ways, but everybody is also superior to you in some ways. That doesn't give you the right to enslave them, discriminate against them or treat them disrespectfully. And it doesn't give them the right to do that to you. Even if you're so deluded that you don't want [–] what you desire [+], you're going to have to learn to play well with others. That will turn your luck into blessings, despite your foolish assumptions.

The orthodox Jews, rightwing Christians and fanatical Muslims will always use the Hebrew Testament cafeteria style. They'll pick and choose what they want to consume in it.

You're more interested in fine dining. So put your napkin on your lap and prepare to be served food-for-thought you haven't enjoyed before. My treat!

6.
Relax!

[We'll get to your obsession
over an ass you can love for a lifetime, later]

If you buy into society's opinion of Black people as heathens to be shackled and exploited and gays as perverts before God to be scapegoated and reviled, you deserve what you get in harsh lessons and ridicule from others and from God. If you believe the only goal of the Civil War was to free the slaves from economic usury, you're naïve and a fool!

The Civil War was a religious war in which the Whites in the North had spiritually awakened and decided to take parts of the Book of Leviticus figuratively. The Whites in the South were spiritually sound asleep and wouldn't hear of it.

White, Christian Republicans and orthodox Jews still insist on taking Leviticus literally with regard to gays. You didn't learn that in public school, and you certainly aren't going to learn about it in a hyper-religious setting.

European privilege goes much deeper than skin tone and the shape of your eyes. The power Europeans exercised over peoples around the world was based on European problem-solving techniques that have since become the dominant, critical thinking skills everywhere on Earth. But look at the collateral damage they've created!

Modernity worldwide is now based on American innovation and technology, which is a conglomeration of thinking skills from around the world. It's precisely because of our multi-racial culture that we lead the world. But the American dream will be the cause for the destiny or fate of mankind.

Blaming others because of differences in thinking skills; considering yourself superior to others because of the amount of pigment in your skin, the shape of your eyes or

where you prefer to put your penis – is absurd. And everybody knows it deep down inside.

This world isn't as it appears to be. Everyone on Earth has finally admitted that the world is round even though it looks flat. And yet, many people still suffer from flat earth thinking, regardless of their faith-based traditions. So don't take what people say about your body or sexual proclivities personally. They're just ignorant assholes. You choose to use your anus literally to attempt to achieve sexual pleasure rather than to figuratively create further misery in this world by fucking others over.

Nevertheless, your critical thinking skills may need to be augmented, regardless of your race or religion. Some of the gays and Jews I've met are spiritually unawakened, but I wouldn't add insult to injury by judging them by their race, religion or what they like to do in bed.

7.
In the Beginning
[there were critical thinking skills]

The truth about Western thinking skills begins with the fact that Torah is based on a single metaphor, not on facts. That metaphor is the Creation Story which comes at the beginning of Berasheet [Hebrew: "in the beginning" – commonly referred to as "Genesis"].

If you haven't yet associated the serpent in the Tree of knowledge with your penis and the two forbidden fruits of good [+] and evil [–] with your testicles, you're already sitting at the back of the class scratching your head about what the hell is going on here. You're already inadvertently goofing off with the bozos at the back of the room.

You don't yet understand what Moses was thinking about what God was thinking when He banished Adam and Eve from His garden. You don't know why He revealed Himself to Moses at the Burning Bush. And you don't appreciate the reverse psychology He uses to get men to overcome their defiance.

A burning bush is a description of our inner parent. After Moses killed a man and then ran for 40 years, he had a "burning bush" experience. [Exodus 3-4] That was his way of describing his inner child's encounter with his inner father who called out to Moses to help himself by taking on a mission to help his people. It was a voice inside that told him to stop running away; face his guilt; turn around; and do something to better himself by bettering the lives of others. It was an inner voice that told him to stop being so selfish.

Today we call that voice our conscience. More than three millennia ago, Moses called it a Burning Bush. That bush figuratively burns in our breastplate, still. The conversation of our conscience with our head [thoughts] and heart [feelings] is always being interrupted by our penis [the talking serpent in our tree].

If you don't apply scripture to psychology, you come away looking and sounding like an old-fashioned, orthodox Jew, rightwing Christian or fanatical Muslims. I can't make you more attractive to yourself or others if you're projecting an image like that.

When you can take Torah figuratively, you can apply it psychologically. Then, it'll make sense in every age for those of any age who've experienced orgasm.

Taking any of the world's scriptures literally in this day-and-age is a recipe for disaster. People always end up fighting one another when they're forced to be prosaic about the word of God. It's only when they're poetic that scripture magically opens with inspiration and guidance.

Here are God's connections to the world in the order given:

#	Tradition	Names for God
1.	Indigenism	1,000,000+ names from nature
2.	Hinduism	Brahma
3.	Judaism	Elohim
4.	Buddhism	N/A
5.	Taoism	16 associations with the virtues of gods
6.	Christianity	Father, Son, Holy Spirit
7.	Islam	Allah

The hyper-religious leaders running houses of prayer are class clowns trying to distract their congregants from finding the answers they need to achieve peace of mind with God's designs by taking their scripture psychologically. These buffoons are inadvertently keeping people from developing a personal relationship with the Creator who created us all. That's why their houses of worship look exclusive and will never be inclusive. That's why their message is only getting shriller by the day.

A personal relationship with God begins with a personal relationship with yourself. And you can't have that if

everything you've been taught has been a threat not to look below your belt for answers.

Picking forbidden fruits [testicles] takes on a whole new meaning when you look at yours up close from the burning bush in your breastplate. The value of intimacy with God increases when the value of your self-intimacy increases.

The Tree of knowledge described in the Creation Story is an idealized concept of man that comes from God's mind's eye. Moses figuratively read God's mind and described that ideal to the ancient Jews using story form.

The characters of Adam [thoughts], Eve [feelings], serpent [sensations] and God [conscience externalized] only make sense when we look at them as an allegory: a story in which every character stands for a concept. Only then does scripture open for men [Adams] and women [Eves], and the childlike voices [head and heart] within them.

The name of God in Judaism is Elohim. But the name of the God within us has no name. Y.H.V.H. stands for "What will be, will be." This is God's answer when Moses asked Him His name at the Burning Bush. The euphemistic name we give to the God within is "Adonai," which means "my Lord."

All the bullshit going on around the world between hyper-religious people is the result of men fighting over names for our Creator. The Father is another name for Elohim. Jesus is the name of the God within Christians. Allah is another name for Elohim and the Father. Archangel Gabriel is the name of the God within Muslims. Think of Elohim, the Father and Allah as our Teacher, and Adonai, Jesus and Archangel Gabriel as three of His Tutors.

All seven of the world's scriptures are divinely inspired and useful, not just the one your ancestors happen to come from. Everyone is learning how to live a good and godly life because we're all in this one-room schoolhouse together.

Who really gives a damn if Jesus is God? What matters is how you behave, not the name you use to describe Him. Don't get caught up in the Jewish/Christian arm wrestling they've been having for 2,000 years. It's crap on toast that they're both serving their congregants. Don't swallow it.

The irony of the God within is that the Jewish God within has no name. The Christian God within [Jesus] is Jewish. And the Muslim God within [Archangel Gabriel] is also Jewish. So, the only thing the hyper-religious have been able to fight about is dogma and real estate. Everybody wants a piece of Israel.

I discuss the meaning of my life in spiritual terms that use all scriptures figuratively. I try to personify all the good books, not just the Bible. I'm not bound like an Old Testament squeezed together with the New in a leather cover. I embrace all the world's scriptures without arguing over the name others may have been given to describe "God." The word "God" is the generic, general, all-inclusive, all-encompassing, broad, umbrella term for the Creator of the universe and everything in it.

8.
Permission from Yourself

Moses drew on a concept of inclusivity that was in God's mind that he described in allegorical form. That allegory began with a tree of knowledge [man] and a tree of life [woman] growing in a garden.

By asking yourself for permission to know yourself and love yourself, you make a good impression on God. Not asking yourself for permission is like writing up a contract without signing it. What good is your word if you can't even give it and keep it with yourself?

Why grow your guilt rather than diminish it? Why not converse with yourself in the privacy of your inner world where no one will hear you? Why not talk to yourself in loud candidly? Who's going to know? What could you be afraid of?

The character of Adam is the Judaic personification of our head. Eve is the personification of our heart. The serpent [penis] is the delivery device of our wants [–] and desires [+]. And out of the mouth of that serpent cums the mixture of good and evil produced by our two fruits [testicles].

This is the main metaphor of Moses presented in the allegory called "Torah." This describes the infancy of every human being as told in spiritual story form. The whole of the Western world is constructed upon this figure of speech.

This Mosaic metaphor of psychological infancy is extended in Genesis through the next struggle we face in psychological childhood: Cain [head] verses Abel [heart]. Needless to say, your head has to win that argument, or you'll follow your heart. And as a child, that's the worst of all possible outcomes. [Granted, as an adult, it's a different story.]

Noah and the Ark is the third psychological challenge presented in Genesis. It depicts the adolescence of us all as we go through the flood of puberty with all our animal

instincts locked up inside of us. We figuratively construct a boat in late childhood in anticipation of this flood. And what feels like forty days of confinement when we look back on our teenage years, felt a lot longer and rougher when we were helplessly floating on those high seas in our youth.

The young adult is portrayed psychologically in the next story, The Tower of Babel. Every young adult figuratively builds and ascends his own tower [penis/delivery device] in his attempt to usurp God on His throne in heaven to stop him from flooding the world ever again. This endeavor will always come crashing down, just as your penis does each time it figuratively reaches heaven through orgasm.

The levels of male maturity are then personified psychologically by the characters of Abraham [grandfather], Isaac [father] and Jacob [son]. The Jewish Patriarchs represent the pillars of traditional family life. But their importance to us personally is expanded upon in the story of Joseph, the last generation in the Book of Genesis. Joseph is the voice in us that saves our inner family from spiritual famine. [5] Today's deep thinkers are Josephs who can save the family of man if they know themself well enough from within.

From the Book of Exodus through the rest of Torah, Moses discusses the potential participation and perils of every awakened [but flawed] human being to God's designs, thus, making Torah his autobiography; a template for right and wrong; and the blueprint for the Western faiths that come thereafter.

If you aren't ready to embrace poetic interpretations of the Hebrew Testament using psychology, you won't be ready for a personal interpretation of the Gospels or the

[5] Joseph is the dreamer within us. His name [Yosef] means to add or supplement. This is what spirituality does by connecting us to God through our dreamworld.

magnificence of the Quran as pure poetry. They hold figurative interpretations of the word of God, too.

If I'm losing you, so be it. I have to say what I have to say about your relationship to yourself and God before I try to say anything about finding a soulmate. I have to teach you how to use your penis [serpent] figuratively in ways you were never instructed to do. If you want more intense orgasms and a soulmate, suck it up. You were made in God's image, but your parents never told you what that meant.

Your body has seven inner forces that correspond to the seven world faiths:

#	Tradition	Part of Your Body
1.	Indigenism	Face
2.	Hinduism	Navel
3.	Judaism	Head
4.	Buddhism	Genitals
5.	Taoism	Backbone
6.	Christianity	Heart
7.	Islam	Soul

If you learn to read yourself metaphorically by deconstructing the Creation Story, you'll learn to read others better than you have until now. But I can't teach you how to read anyone other than yourself. [6]

I can teach you how to read yourself fluently from cover to cover. I can teach you to dish yourself mercilessly and drag yourself out of the dirt where you figuratively fling yourself from time to time, so you can see what you're really made of. I can help you help yourself spiritually if you're willing to let me.

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[6] In our gay vernacular, to read means to publicly "call out" or insult someone on their flaws [flaws that would normally be taboo to bring up in polite conversation]. [Internet] The real secret, however, is learning to read yourself.

So, let's take another few minutes to go back to the Creation Story, which you should now assume you only know a little about.

Your penis [serpent] will always figuratively beguile your heart [Eve], which will then mess with your head [Adam].

But you can't stop your sensations [serpent] and feelings [Eve] from screwing with your thinking [Adam] except by bringing all the forces within you to consciousness in your conscience, which is located at your breastplate.

I can't get into your head to change your mind. I can't get into your heart to transform your feelings. And I can't get into your conscience to help you transcend your relationship to yourself as it stands now. Your beliefs have to be fine-tuned from within in your soul which is located on the right side of your chest cavity. It's all an inside job.

If you can accept Torah as a poem from God, you'll be able to accept the Gospels as His sonnet and the Quran as His ode to joy. You'll be able to take life poetically, not prosaically.

Most people are prosaic. You don't want to end up like them. You want a partner who'll compliment your life. You don't want someone who'll diminish your spirit or make you feel soulless.

If you live your life through trial-and-error they call you a dork. If you live your life in a laboratory setting, they call you a nerd. Both experiment with their inner forces in ways that can and do blow up in their face when they're not careful.

As much as I'd love to crawl into your penis to change what you want most out of your life from the inside, I can't do that. I can't tell you when you're obeying your wants [–] or desires [+]. Nor can I get to the mystery of your life that lies inside of you no matter how much I suck your cock to try to get that magic elixir from you into me.

So, take it on faith that there is a God and there is such a thing as magic. You don't need to preach like a poet to those who are prosaic. Preach to yourself, instead. If you've been a sorcerer's apprentice who's made a mess of trying to enact many a spell up until now, decide for yourself how successful you've been.

All I can say in your defense is that you didn't know what you were doing.

I separate the forces within me to describe each of them uniquely. I equate those forces to what's written in all seven of the world's major scriptures. I believe in a God who uses poetry to make the world turn. And I believe in gay men who, in my opinion, could become His greatest servants if they looked more deeply at what they're doing.

We love men. We love penises and anuses. We love the life-giving qualities we possess. We love to use our creativity to express ourself.

Straight men have been conditioned to hate us. They've been conditioned to hate their anus. They've been conditioned to fuck others over. This is why so many of them are screwed up. This is why women and gay men have an unspoken understanding that straight men can't describe.

I've written books on each one of the world's scriptures from this point of view. With the self-knowledge I've gleaned, I can teach you how to do for yourself what you haven't been able to do before. And if you have children, especially sons, isn't that what you'd wish for them? Do this for your inner child. He'll thank you with undying devotion.

Once you can tolerate the notion that everything below your waist is the figurative source of embarrassment, shame and humiliation, you can learn about guilt generically without allowing others to point fingers at you about how you should use your equipment the way they think it should be run. That's the sort of invasion of privacy none of us

wants or needs. It's my body. And I'll do whatever I please with it.

I had a friend who was half my age, but, as a teenager, when he reached orgasm for the first time, he thought he'd broken himself because fluid came pouring out of his penis. He thought he needed to see a doctor.

Thankfully, the world has progressed to the point where the primitive thinking of parents who terrify their sons into not touching themself is now behind us. Boys are sophisticated enough now to know that masturbation won't break something inside of them. But the release of sperm through ejaculation has a poetic meaning that's as awesome and amazing as the feeling that cums with it.

Once you can accept that your head [thoughts], heart [feelings] and soul [beliefs] will get you where you want to go in life if you make the trip past them down to your navel, you'll be able to admit that you were born from a woman who was chosen just for you. Your separation from her at birth wasn't a unique wound given only to you.

From there, you'll be able to peek below your waist to see all that's going on below your belt as the realm of your wants [–] and desires [+]. That's where the mystery begins.

With the adventure of going down the yellow [frightening] brick [hard] road called "the spiritual process," you'll then discover that the paradox of having an anus that's both an entrance and an exit holds a mystery that's intriguing. It doesn't have to remain a source of morbid humiliation used to keep men in check.

9.
The Root of Every Tree

I'm going to seduce you into seducing yourself. I'm going to tempt you to break taboos that aren't serving you.

I'm not going to fuck you up or fuck your over. But I'm not going to just watch as other people do so, either. The hyper-religious have to be stopped. They're dangerous. They have no idea how destructive they are. All their fears boil down to sodomy and bestiality. They have no political position that can stand the test of time.

I begin with the word for "work" in Hebrew [avoda]. The Hebrew word "avoda" means both "work" and "worship." Our gay word "werk," refers to inner work, as in, "Werk it, gurl!"

[1] "Work" takes place in the outer world we share. When you work you earn money.

[2] "Worship" takes place between your two worlds. [7] When you worship you earn religious wealth that the major faiths tell you, you can cash in when you're dead.

[3] But "werk" takes place in your inner world. If you don't get to werk on yourself psychologically, you won't have much to show for your life that you'll be able to cherish. It's how you change from within in new and wonderful ways that will matter the most to you by the time you reach the end. That's what makes all the difference in discovering the correlation between how you behave and how your luck grows. The harder you werk, the luckier you'll get.

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[7] I'm not fond of worship. I've worshipped God in synagogues, churches and mosques. And it doesn't really werk well for me. You don't have to pray in the conventional sense to believe that there is a God, or that He knew what He was doing when He created you, whether you're gay or straight.

You were figuratively planted as a seed in a grove they call: family. This is where our Gardener wanted you to start your journey to reach for the sky. You germinated as a toddler and grew up through the rock of reality in childhood as a sprout into the light of adolescence as a sapling. Then you discovered the mystery of fruiting in your own unique way. And you're going to continue to branch out with curiosity; blossoming with love; fruiting with wisdom; and developing roots [confidence] the older you get.

In Hebrew, Adam [man] comes from adama [earth]. The word "adam" comes from the words "blood" [dam] and for the color "red" [adom].

In the Quran, man is described as having been made of clay. [Quran 23] This is why the Quran poetically describes man as being made of red earth [clay]: blood that coagulates.

Every seed [infant] germinates from its shell. It then moves in two directions as a sprout [child], out of the ground up into the air [spirit], as well as with roots that reach down deep into the rock of reality.

But if you take the air, water and land for granted; if you don't appreciate them as elemental gifts from God – you're going to suffer with harsh lessons about the importance of the land, sea and sky we all depend on for our survival.

You may even covet the land God gave to the Jews. You may covet the woman He gave you by commanding her to obey you. As the result, you may end up coveting your money, not your honey [wisdom].

Hope is as necessary as air. Without hope, you become as desperate, mean and vindictive as the people you hear about in the news. But you can learn about the poetry of life and, in so doing, come to believe that life can end hopefully.

Hope is like a fire that burns in the breast of every person who loves him or herself. Hope grows with knowledge of the secret meaning of earth, water, wind and fire.

You don't have to grow cynical, dark and cold as you age. All it takes to become hopeful is to be curious about the

mystery and mastery of orgasm as the most compelling evidence that your life is worth living. Whether or not you love to cum, cum anyway in order to learn to love.

The land of milk and honey [Israel] is the outward manifestation of milk [love] and that which is sweeter than love, wisdom [honey]. You're one of the personifications of Israel. You don't need to live in Israel to feel this way. And you certainly don't need to become an anti-Zionist to claim your piece of an Israel everlasting after life.

I'm 69 years old. I'm surely older and more experienced than you when it comes to ejaculating. You couldn't possibly have ejaculated more times than I have… Just in terms of the numbers, I'm surely more experienced than you are.

My life is now like a tabletop mountain. My mountain of faith in myself mirrors the Temple Mount. I've made my way to the top [ages 0-39]. I've made my way across the top [40-69]. And I'm about to come down the other side [70+].

I've survived two pandemics: AIDS and COVID. I've survived three suicide attempts, alcohol and drug addiction and two involuntary commitments to mental institutions. I went through a lot emotionally just in having been given parents who were Holocaust survivors.

But when we speak about the kind of psychological wounds that nobody can see, I like to compare and contrast myself to who I was yesterday. I don't like to measure myself against others. It always feels like I'm comparing penis size if I do. And I'm sick and tired of feeling small.

Why measure wounds and whispers? Why not ask ourself what the voice of our penis can accomplish figuratively that's just as magical as what it can do literally?

Surely circumcision doesn't unite straight men. Just look at how straight Jews and Muslims behave toward one another, and they're both cut with a covenant in God's name.

If your penis is the delivery device of your desires, then your desires [+] must be vastly different from those of your

wants [–]. The sum of your wants [–] is figuratively located in your left [evil] testicle. The sum of your desires [+] is figuratively located in your right [good] testicle. And what comes out of the two of them literally and figuratively is something you need to learn to discern.

10.
What Came First

the chicken [guilt] or the egg [suffering]?

The chicken came first. Guilt is the cause of suffering. Suffering is the result of the guilt you've accumulated by not knowing yourself any better than you do. Everyone can admit to suffering. Few can admit their guilt. That requires admitting your ignorance about the most important topic on Earth: you.

We experienced pain and suffering long before we realized we needed to learn more about ourself to avoid pain and suffering. But we may still experience both without associating that with guilt at how much we still need to learn about ourself.

We were all born selfish. All we cared about was ourself when we were a baby. But all that our parents wanted to teach us as a child was how to become selfless. Finding the sweet spot between the two by becoming self-centered is a spiritual art, not a science.

Life is actually a continuum of challenges that begin with selfishness, moves into selflessness and ends with dogmatic outlooks on the meaning of reality – unless you can explore the basics by yourself and for yourself. We're all in this alone, together.

Because you don't know all that you need to know about guilt in operating the incredible vehicle you've been given for the journey of your life, you figuratively get into fender-benders and even serious accidents along the way.

But I'm sure you never apologize to yourself for your self-ignorance. You rarely encourage yourself to pick more forbidden fruit, especially not hopefully. And you seldom contemplate the poetry and magic of just being alive with the God within who's your Tutor.

So, why not admit to yourself that the course of your life was, in part, your fault because you didn't know better at the

time. At best, you should tell yourself, "I went where I could, given what little I knew about how to drive the unique vehicle I was given."

A tortoise without a shell isn't a tortoise anymore. A man without a container [body] isn't a man, either. What you'll be when the you inside of you is removed from your body is the final mystery.

But between now and then, there's hope for every tortoise who sometimes crawls along lugubriously and at other times hops defiantly forward like a hare.

You're going to have to endure suffering for a lifetime over what you don't yet know about yourself. Only reflection and contemplation of your suffering will awaken you to wisdom, love and the potential you have to become a soulful human being who'd make a great catch because you've developed loyalty to yourself that you're already sharing with others and with God.

But what you don't know about yourself could kill you. Therefore, the concept of seeking to know what you don't know about you is a cautionary tale that will always bring up guilt.

If you've suffered so greatly that you can't accept the concept of self-guilt as a guiding force in your life, I understand. Just keep the idea in the back of your mind that you'll always suffer because you'll always be guilty of not knowing enough about yourself. As more knowledge about you surfaces each day, you'll naturally become more and more curious about who you are; who you could be; and what you might be able to accomplish by helping others do the same.

I'm not saying that your path is preordained. I'm saying that your potential is preordained. Who our Teacher wants you to be was determined before you were born. Who you become depends on you. The more you work with Him, the more you'll see meaning in all that you do. God is like a parent. He can observe you like a toddler moving around a

room. He can decide whether to remove dangerous objects in the room or use them as lessons. Discover who you could become by paying more attention to the forces within you.

The hyper-religious Jews, Christians and Muslims aren't interested in looking at life in this way. They were brainwashed with certain answers long before questions about their personal life were ever posed. Therefore, they have no interest in doubting themself or the infallibility of their parents and religious leaders. Their certainty leaves no room for learning.

God can make a new decision about the very next moment in time before it happens, regardless of what any of us chooses to do in this moment. The Nazis couldn't question what they were doing. Fanatical Muslims who despise gays and Jews can't, either. The lessons of the last century should be applied to the world today. Discrimination against gays and Jews didn't work then. It won't work now.

The older you get, and the more you can see how much you've been spared – despite your grievances – the more you can question your life as it's turned out thus far and your participation in the world from here on out.

But if you think you're going to recite to me the tragedies you've been through; the losses you've endured; and the accidents and incidents you've suffered – save it. I've heard it all before. If you think you're going to curse God for letting all that happened to you happen, save that, too. Ain't interested!

I'm not here to commiserate with you over your losses. Nor am I here to explain to you why your life turned out the way it did. If you want that kind of help, seek a religious leader, a therapist or a psychic. That's not what I do. I'm a gay, hippy yenta, not a confessor, psychoanalyst or clairvoyant.

Life is a school, but I can't tell you why your curriculum is so different from everyone else's. I can't tell you what

you've learned from the lessons you've been through or what lessons are yet to come.

What I can do is extend metaphors, symbols and similes to make it possible for you to discuss your life more fluently with yourself using figures of speech. But you're going to have to talk to yourself in the privacy of your own mind. That I can't do, either.

11.
The First Extension of the Garden Metaphor

The word "pardes" in Hebrew means "orchard." You were born in a garden [infancy]. But you woke up in a pardes [paradise/orchard/childhood] among many other trees. Your particular grove [family] was chosen for you. But when you reached puberty, you found yourself wandering around, lost in a forest.

I can lead you through that forest with crumbs if you're hungry. But if you're not, don't come crying to me that the dinosaurs [Republicans] in the swamp are chasing after you for being gay. And be careful of the ancient mammals [Democrats] who are also dangerous. They'll rip you to shreds if you're pro-Israel.

I can't tell you what your skills are. A bee does well in a garden among fruits and vegetables. A squirrel does well in an orchard of nuts. A cowardly lion can survive alone quite well in a forest. And a snake is at home with the other reptiles in a swamp.

Whether your skills resemble those of a bee, squirrel, lion or snake doesn't matter to me. What interests me is what you do with the skills you've been given. It's not what you are, but what you do with what you are that counts.

Seeing life as a garden, orchard, forest and swamp is all it takes to understand the landscape of reality from within. It's just that simple. Figuratively, you already have wings. So spread 'em and show the world you can fly.

12.
Taboos
[The pork of spirituality]

It's not a taboo to talk about life as a mystery that unfolds slowly over the course of a lifetime. It's just a taboo to talk about that mystery so candidly that you include nipples, navels, penises and anuses. So, do it anyway. Break taboos. Take a bite out of the pork of spirituality. Society is much too accustomed to its customs.

It's a religious taboo to interpret scripture in any way that hasn't been approved of by the hyper-religious leaders of that faith. It's a taboo to interpret scripture figuratively rather than literally because that leads to secrets you've been warned not to explore or talk about.

The greatest taboo in the modern world is in using psychology to explain scripture. This drives the hyper-religious crazy. They have no way to fight novelty and innovation except with even more vociferous insistence on dogma.

You need to be aware of this because you need to become a prince of a guy in your own eyes. You need to be able to talk to Jews, Christians and Muslims from a place where you can express compassion for all three.

The Jews correspond to your head, where your thoughts are figuratively created. The Christians correspond to your heart, where your feelings are figuratively created. And the Muslims correspond to your soul, where your beliefs are figuratively created.

But what's more important is that you can unite the thoughts, feelings and beliefs in you in your breastplate where your conscience is figuratively created. This will make you a powerful and desirable man who can lead, follow and share in the experience of life among humans in the process of being.

When you reinterpret our religious patriarchs, Abram/Abraham, Ishmael/Isaac and Jacob/Israel as generations of inner parents with their inner children, it sets society up for spiritual maturation, whether, or not, a particular individual, sect or faith is ready for it. The modernization of the civilizing process uses us all. Make sure that you're contributing the best you, you can be. This is the way to climb the spiritual, social, financial and love ladder that you want to ascend.

When our inner parents fulfill their duty to our inner child's infantile, childish and juvenile stages of development, all the voices within us mature. We relate with the voices within us as an adult. And we relate to the people around us as adults because we can see the adorable baby, childlike and adolescent forces within everyone.

When we talk about there being no "grown-up in the room," what we're saying is that the adults in question in the outer world haven't achieved a level of maturation that includes conscious understanding of what's transpiring in their inner world.

Spiritual advancement never ends, but there comes a point when you may have to face the greatest taboo of them all: self-love, the love between your inner parents and inner child. This can turn into a fear of knowing and loving yourself. Your love for you produces an awe and thrill of having intimacy with yourself to such a profoundly deep level of awakening that it exceeds any feeling or sensation you've ever had with another person.

This is a taboo that's so obvious that it isn't even mentioned in Torah, although God mentions many other taboos. The taboo of sex with your father isn't mentioned in Torah either because the challenge of being a man who loves the child within him is profoundly important to the maturation of the self.

This is what Moses may have unconsciously sought from the very beginning of Genesis. Who, but a man who's so

frustrated with the way things are that he kills his enemy [slavedriver] as a token of his people's oppression, would seek a way to know and love himself through God?

There's a pharaoh inside every man. There's a slavedriver working for that pharaoh inside of us, too. Killing them won't solve our problems on the inside. The story of the Exodus is the story of solving problems from the outside. But we're all facing the same dilemma from the inside out.

Because Moses was limited to the metaphor he was employing, he could only describe a proscribed amount of his inner world using psychological terms such as garden [operating arena] forbidden fruit [innate moral powers] and burning bush [inner parent].

What Moses failed to achieve by not succeeding in entering Israel at the end of his mission became a challenge for the world, not only for the Jews to solve. Humanity is now at a level of sophistication that we can look within to solve our syndromes. Solving our problems without advancing spiritually will never succeed.

Looking for a lover, soulmate and a companion for life is a yearning to marry yourself for better and worse, in sickness and in health, until you depart from the vehicle you've been given. To achieve a successful relationship with another human being will require mastering the forces within you. Just fighting over options around you will never make you happy. This is why peace in the Middle East is a precursor to peace between the Abrahamic faiths. But that can only be achieved through inner peace.

For Moses in his day, as for most people today, this psychological process is externalized using projection. People are afraid to love themself any more than society deems "acceptable" in the time in which they live.

But I suggest you don't throw the baby in the bullrushes [Moses] out with the bathwater. The Word of God continued historically after Judaism. Then God created Buddhism,

Taoism, Christianity and Islam, respectively. The more you know about the world's scriptures psychologically, the more you can make informed decisions about how to lead your life hopefully.

13.
What Are You?

A gay man is an organized homosexual. There are many men who have sex with men who aren't gay, in the sense of organized politically, socially and spiritually. Coming out of the closet means you've united your journey with the journeys of other men who are doing the same. Your sex life is incorporated in with that personal journey you share with those who resonate with your spiritual process.

Everything on the inside is connected. There are psychological forces within us all. And everything on the outside is connected. There are sociological forces around us all. The more we can make connections from within to the world we share with everybody, the more life makes sense overall.

As a sexually inquisitive man, you're a very special creation with a very special potential. If you wish to learn how to make good use of your potential, you're going to want to move through your fantasies and dreams to a vision of who you could be if God smiled down upon you with better "luck."

Falling in love with yourself is more important than falling in love with another man. Once your cup runneth over, you'll create a saucer to collect the excess for the man of your dreams.

Honor your father and mother, as it states in the 5th Commandment. Don't love them. Honor your neighbors. Don't love them. Love yourself. You need your love more than anybody else. Only you will appreciate your love to the degree that it deserves to be appreciated. Give the overflow of your love for you to one other, very special person.

If you haven't learned the difference between respect, esteem, honor and love, now is the time. If you want a study partner in the school of life who you can share some of your

grades with, the Teacher will bring you that special someone when you're ready. But don't throw your love at anyone anymore. Surely by now you can see that they don't want it, and they don't deserve it.

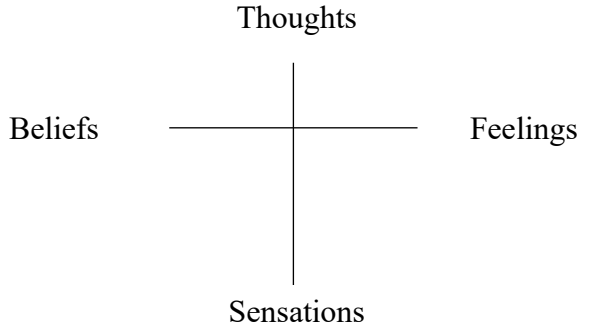
Love, like semen, comes in small doses. Don't squander it. Love is a magical fluid that brings life to life. If you waste your love, you'll suffer for your romantic blunders. I don't have to threaten you with this truth. You will.

I must warn you right from the start. It makes much more sense to seek a like affair than a love affair with someone special. Loving yourself is hard enough werk. If you could just find someone you like so much that you'd want to spend the rest of your life with him, you should put that in the win column.

Love yourself. Like your study partner. Seek your Soulmate [Adonai, Jesus or Archangel Gabriel]. And tolerate the rest of the people God brings you to the best of your ability.

If you insist on learning to love everyone, despite my advice, be prepared to be enrolled in the Ph.D. program in the school of life with the Professor, not the Teacher the rest of them are dealing with. Be prepared for the feeling of being crucified, as Jesus was.

Here is a model of what He went through to love Himself as His Father loved Him:



14.
What is a Yenta?

A “yenta” is Jewish woman. It comes from the word “gentile.” Yentas were Jewish women who were so sophisticated that they could bridge the gap between the Jewish and Christian communities at a time when the rest of society was grappling with whether the Jews were responsible for killing God [Jesus]. Yentas understood enough about themself psychologically and the way the world turned sociologically that they could make their way between both religious worlds.

They were so good at understanding human nature that they often took on the role of matchmaker in the Jewish community. But their true calling was in creating bridges between Jews and Christians.

I’m a modern-day yenta who dresses in verbal drag. I’m original and proud in the gay sense of the word. I’ve written werkbooks on how to interpret Torah; the Gospels; the Quran; the Bhagavad Gita and Kama Sutra; the Dhammapada; and the Tao Te Ching. I’m a yenta and a scholar, something you may not have thought possible until now. I’m also a hippy who survived the sexual revolution of the 60’s without so many scars that I lost all hope in blossoming as a flower child from one springtime to the next.

What I’m not is an obnoxious, old biddy who doesn’t know her own boundaries. I’m your buddy. You can trust me to tell you my truth. I won’t lead you astray with my ego because the figurative location of every man’s ego is his prostate gland which lies in his colon in front of his rectum. I don’t have my head up my ass anymore, and I certainly have no intention of sticking my head up yours.

When you’re ready to stop laughing at Jewish stereotypes and start taking “wo/men” like me seriously, you

might learn something about life that you could apply to yourself.

The reason why the Republicans will never win their nasty and ghastly war against the left is because they're Sorcerer's apprentices who insist on taking God's books of spells [The Old and New Testaments] literally. Just look at the mess they've made worldwide up until now. And by calling them out for being Republicans, I'm condemning both the hyper-religious orthodox Jewish and rightwing Christian leaders. They want to destroy Islam, but that'll never work. Islam was also created by God.

All the hyper-religious masses, whether Jewish, Christiann or Muslim, are too terrified to explore guilt and suffering from the inside in. They want to be told how to behave, so they won't have to take personal responsibility for their thoughts [head], feelings [heart], sensations [penis] and beliefs [soul]. They're terrified of breaking taboos. So, their hyper-religious leaders and the billionaires who fund them lead them by the nose for the money, power and prestige they can squeeze out of them.

Anyone who interprets scripture literally will tell you that gay men are screwed because God hates us. They look at sexual behavior as a moral contest where only heterosexuality leads to a heavenly prize. Anyone who interprets scripture literally puts Israel in the middle of that fight in order to beat up all the progressive Jews worldwide for trying to free the masses from oppression. Our wisdom comes from the experience we gleaned from the slavery we went through four times in history [Egypt, Babylonia, Rome and Germany].

But there are passages in our scripture that promote killing gays, adulterers, disobedient children and people who deny our God. There are also passages that condone slavery. These passages much be crossed out as uncivilized. This, the orthodox Jews refuse to do.

The hyper-religious [infantile orthodox Jews, childish rightwing Christians and juvenile Muslim fanatics] refuse to look at their scriptures together to question the reverse psychology God introduced into it to sharpen our wits. They're emotionally immature and civically irresponsible. Their spiritual, reading skills are elemental. They don't have the imagination to interpret life, let alone scripture, with an open mind. And the leaders in these hyper-religious Jewish, Christian and Muslim communities manipulate their self-ignorant constituents in ways that are despicable.

They do so because they want what we all want: self-control. But they use political power combined with scripture to dominate others rather than illuminate themself. Jewish real-estate in the Middle East is an age-old distraction in trying to control us all.

I don't believe you're tempted to do that. I think you're looking for figurative interpretations of your scripture to use your power for good from the inside out. I think you want to better yourself through self-knowledge and inspire others to do the same.

I believe this about you because I believe you're relaxed about your sexuality and desire for sensuality. You're part of our Rainbow Coalition. You aren't a homosexual. You're gay. You're organized inside and out.

This is why it's bashert [Hebrew: God intended] that you should have found your way to me at this time in your spiritual education.

There must be some hidden reasons why God created you with the history you have. The fun is going to come in figuring out what to do with what you now learn about yourself that you didn't know before. This is where mystery [my story] intersects with history [His story]. This is how you'll discover your mission in life and the Soulmate who'll support you in expressing it.

15.
A High-Functioning Village Idiot…

doesn't need to worry about the idiots in the next village. He has enough to do spending his time getting to know the idiotic voice [–] emanating out of his own penis.

There are voices inside everybody. You already know that. There are many selves within oneself. There are even two voices emanating out of your penis [–/+]. One expresses your wants [–] and the other, your desires [+].

The voice of goodness leads to love. The voice of evil, mistakes made and corrected, leads to wisdom. When you realized that the fruit juice that emanates out of the mouth of the serpent in your tree didn't literally taste good, you were probably disappointed.

But Moses described you as like a tree planted in a garden. And the words of the serpent in that tree are figuratively like milk and honey, even if they don't literally taste creamy and sweet.

Your conscience is the gathering place in your breastplate where the God within you joins all the voices emanating out from within you. This is where you decide which voice makes the most sense to follow. This is what it means to pick forbidden fruit cautiously and carefully until you can tell green from ripe from rotten.

#	Force	Location	Scripture
1.	Thoughts	Head	Torah
2.	Feelings	Heart	Gospels
3.	Beliefs	Soul	Quran
4.	Contemplations	Navel	Bhagavad Gita
5.	Lust	Genitals	Dhammapada
6.	Defiance	Anus	I Ching
7.	Righteousness	Conscience	Your life

When you're "verklempt" [Yiddish: an old German dialect the European Jews carried with them throughout

Eastern Europe] you're at a loss for words. A wave rushes up from your chest that floods your throat, making it impossible for you to describe what you're going through. Being verklempt is one way to experience the joy of being alive. Orgasm is another way to become verklempt. Orgasm is more like a tsunami. But they're related.

Everyone is like a village with many, distinct characters. And in every inner village, there's one idiot. If you start to analyze and scrutinize your inner dialogues, you'll discover the nonsense you convince yourself of. You'll become powerful enough to reject such urges [–], in favor of thoughts, feelings and beliefs that are much more judicious.

If you continue to analyze and scrutinize your inner dialogues, you'll discover that your head [Adam], heart [Eve] and soul [beliefs] have been severely compromised by your penis.

Beware of jealousy of other men's containers [body] and envious of their contents [virtues]. It's so easy to get angry about what you can't take away from another person. It's so easy to convince yourself that the Jew du jour they're mad at is responsible for your misfortune.

Village idiots fear God or their penis. You don't fear one or the other. And that makes all the difference. I believe that anyone who doesn't fear God and his own penis, is a tiny bit gay and on the way to becoming joyful. [8] He's defiant in a way that makes God grateful.

To be a beautiful man doesn't require a handsome face or body. To look in the mirror and like what you see only requires a good conscience.

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[8] Even hardened criminals can be superstitious. Only a man who's come out of his own closet to live an honest [head], sincere [heart] and authentic [soul] life has no reason to fear God or his love for his dick. I can talk to you as candidly as I do because you're not afraid of me. The rest slammed this book shut long ago.

If you can't yet admit out loud that there are many voices within you, you're a high-functioning fool. Who'd want to spend a lifetime with such a fool? Not even you.

The more honest, sincere and authentic you can be with yourself, the more others will find you as delightful as a breath of fresh air. And isn't that the sort of guy you'd find attractive to be with for a lifetime?

Don't look for a man to love you, so you won't have to do that hard werk for yourself. Look for a penis and a set of testicles you can admire. Engage in the mystery of being alive. If that's the passion you're missing, ask your Tutor to ask the Teacher to give you lessons to develop it.

Being happy is hard werk. It takes courage to go above and below your belt to unify the seven voices within you.

If your parents didn't tell you that everybody was given two worlds – an outer world we have to learn to share and an inner world that's completely private – they didn't tell you the basics about life before they sent you out into the world to live it.

You're surely already well aware of the fact that you're sometimes in bad company when you're alone. So, why would you want to make another human being suffer being with you at times like that? Isn't it bad enough just having to suffer your own company?

Surely, you're far too kind a human being to want anyone to have to suffer with you for a lifetime. You wouldn't want to make anyone else miserable. That may very well be the underlying reason why you're still single.

You can probably see how your parents had to suffer with one another. If they were a happy couple, then you surely have werk to do to understand the relationship you have with yourself that you need to foster and grow to become as happy with yourself as your parents were with one another.

But you have to live your life in a more modern age. Your parents might have been happy in their day, but finding happiness today isn't the same challenge.

Your inner child has inner parents. If you aren't skilled enough to raise yourself like parents with a child, you're going to need an inner adult in the room with the three of them. Creating that inner adult is what's needed to make yourself attractive enough to another man.

Your future husband will have his own inner challenge in developing a relationship with his inner adult who must manage his inner parents and child. If you two can't talk about that with one another, then why would you want to be together? A Venn diagram doesn't need much of an overlap, but this is the spiritual aspect of that overlap.

16.
A Yenta Married to Herself

I'm a married yenta. I married myself on Friday night, April 11, 2008, at the Wailing Wall in Israel. I met my present boyfriend two years later. I was 57 and he was 45 at the time. We've been together more than ten years.

In 2011, I went back to Israel and while at the Wailing Wall again, a mysterious vision came upon me. I imagined that some of the huge boulders that make up that wall moved aside and revealed a tunnel that went under the Temple Mount below the Al-Aksa Mosque where its dome covers the Foundation Rock.

I was afraid to imagine going down that tunnel then. As a baby born by caesarian, I never went down the tunnel in my mother that emerged out into the light. So, the light at the end of the tunnel wasn't a metaphor I could relate to.

My seven books on the Quran became the result of that vision. They describe the rock under the dome of the Al-Aksa Mosque on which Abraham sacrificed Isaac, but from the underside of it that nobody has ever literally seen. It describes that rock as from where Muhammad later rose up to paradise where he discussed scripture with Moses and Jesus.

As the result of my writings on Hebrew, Christian and Islamic scriptures, I was motivated to go further East. I've also written books about Hinduism, Buddhism and Taoism as the word of God given anonymously for us all.

I'm not just a fruit who comes from a forbidden tree in an orchard of trees. I'm also a nut. I guess that makes me more of a drupe, like a cashew. [Google it if you're really that interested.]

This book is for my people, the LGBTQIA+ community. This book is specifically for unicorns and horny wild stallions who want to find themself without having to play hide-and- go-seek the way others do in the hyper-religious

world where they've shackled themselves to God with fear of His many names because they're afraid of contemplating their navel and befriending their penis and anus.

17.
There Must Be a Pony

You surely know the joke about the kid who was so optimistic, that his father was worried he'd grow up completely unrealistic and vulnerable to jokers and thieves. So, the father bought his son a big pile of crap for his birthday to teach the kid the importance of being realistic.

But when the boy saw all that crap his father had given him, he dived into it. And his father, appalled, cried out to know what he was doing?

"With all this shit," the kid exclaimed, "there must be a pony nearby!"

I hear a hint of anger in the voice of that kid. I think he's defying the shit his father gave him with an optimistic outlook. He's hiding his defiance.

That kid is me. And I'm not going to give up my hope and dreams of getting a pony just because of a little crap I got from my father. So, the question is, "What could that little boy know that my penis doesn't already know?" As a gay man, my penis has dived into plenty of shit.

Gay men don't love shit any more than straight men, but we sometimes pretend to love it just to get by. Shit gets in the way of a good fuck. We may be less hypocritical because of the way God made us, but we're not devoid of hypocritical behavior, either.

The forbidden fruit served to you by society may have messed with your spiritual digestion. So, what's coming out your mouth and rectum may be signs that you may need to clean out your insides from both ends.

18.
God Isn't
[your father, your son
or your first cousin once removed]

God isn't your neighbor. The God who created you isn't near you. Only the God within you is near you. The God who created us all werks through the God within each of one of us.

Although Moses stated that temptation is correlated to the penis [serpent] that colludes with the heart [Eve], a mind [Adam] that's achieved peace can overcome suffering by expanding self-knowledge to include spiritual teachings from around the world. All scriptures are relevant to the human experience. They're all God given, even those that were given anonymously by God in the Far East.

If you're not sexually uptight and homophobic, you're like a student with a Tutor [a God within] learning about self-intimacy. The lessons you're going through come from our Teacher and are supported by your Tutor. You were enrolled in this school and you'll graduate. You should believe that your grades really matter. Those who are sexually relaxed about their gender and sexual lifestyle do their best to love their gay brothers and sisters in the spirit of tolerance, acceptance and admiration of differences.

We, gays, may dish one another, but we don't kill each other. Many straight men are still primitive and violent. That's why you should give yourself credit for having built walls inside to protect yourself from class clowns. Those in the LGBTQIA+ community whose inner walls aren't high enough become vulnerable to homicide, suicide, drugs, alcohol and sex addition. It's tragic, but self-intimacy can lead to self-indulgence.

The gay community of today has become cynical, sarcastic, sardonic and caustic over wounds that won't heal.

We're beloved by some, but we're denigrated by a whole lot of hyper-religious believers who shun self-intimacy.

We must continue to increase our vibrancy and relevancy in the contemporary world by working for peace-and-understanding. This is achieved by learning more about the wisdom, love and loyalty we have for life.

The Bible belt is cinched in Mississippi. The buckle of that belt is being drawn tighter, making it difficult for the hyper-religious to breathe, thanks to progressive people like you and me. They see how we live and love, and they yearn for what we have. Just look at how Obama Care is caring for people in ways they were never cared for before. Just look at what COVID vaccines have done for our country and the world!

The South is turning into a religious tundra. It's one of the coldest places on Earth. Jesus may be Jewish, but the God within the Muslims [Archangel Gabriel] is Jewish, too. Not even orthodox Jews are so dimwitted that they don't see that! The God within them is universal and inclusive by virtue of the fact that He's nameless. When you're only 0.2% of the world's population, inclusivity is vital.

After Jesus was crucified, Jews at that time did the best they could when the Romans destroyed the Temple and dragged them out of Israel in chains to be slaves in Rome. For 2,000 years we've taught pagans, Christians and Muslims that their names for God don't matter. Today, gays are the new Jews. And America is the new Israel. The Nazis didn't succeed in killing all the gays and Jews in Europe. We're not going to recede into the background.

Columbus was like Joshua, and the Atlantic Ocean was like the Jordan River. [9] He crossed it in the name of Jesus. And the New World hasn't been the same since.

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[9] God told Moses he couldn't enter Israel, so Moses chose Joshua [Hebrew: Yoshua/savior] to replace him. Joshua saved the Children of Israel by bringing them across the

19.
Pride or Prejudice

Today, for straight men, loving their neighbor [Leviticus 19; Matthew 22; Mark 12] ought to begin with pride in themself and loyalty to their flawed ancestors who did the best they could – not pride in where they stick their penis. They aren't going to treat others any better than they treat themself and their family. What we see as flaws in people's home environment are a microcosm of history. Men get stuck along the way. They hold Medieval ideas, or worse, they get stuck in the Dark Ages, believing that every victim is like a damsel in distress seeking a knight in shining armor to save her.

Using Christ's name as your only calling card is dishonest. Don't confuse His name with yours. Believing that Jesus is God is no excuse for bad behavior. Just ask the Germans. Self-ignorance led to bad behavior in the past, and it's doing so today.

If you like to think that you love your neighbors, just remember that your loving kindness is really for practice in learning to turn that around to treat yourself as lovingly as you treat others.

But those who abuse their neighbors will discover that despite all the illumination [wisdom] and warmth [love] they claim to have achieved in coming to know the meaning of fire, they'll come to know a burn [punishment] they could never have anticipated.

#	Attribute of Fire	Location	Scripture
1.	Illumination	Head	Wisdom
2.	Warmth	Heart	Love
3.	Burn	Soul	Loyalty
4.	Mystery	Navel	Mystery

Jordan River into the Holy Land. The pun on savior [Yoshua] and Savior [Jesus] can't be denied.

#	Attribute of Fire	Location	Scripture
5.	Sound	Genitals	Mission
6.	Smell	Anus	Paradox
7.	Smoke	Conscience	Prayer

Losing the Civil War was just for practice for those who insisted on taking Torah literally. Watch now as the Republicans are losing their mind! They want to recreate the ancient Egyptian society of haves and have nots. Meanwhile, the Democrats want to see Israel destroyed. Why would anyone want to be on either side of politics today?

Without gay men, there'll be no peace in America. Without us, there'll be no spiritual reconciliation anywhere in the world. People must be educated and spiritually elevated. Beliefs need to be integrated into houses of worship. That will take a lot of werk!

Our hyper-Christian neighbors will never give up their distain of gays, despite all their rhetoric about loving others. Our hyper-Islamic neighbors will never give up their distain of gays and Jews, despite all their rhetoric about loyalty to the God who created us all.

Our Rainbow Coalition must support the principles of marriage equality in Israel as a key to defeating hyper-religious hatred worldwide. When Israel embraces gays as equals, the civilized world will breathe a sigh of relief.

The Lebanese, Syrians, Palestinians, Saudis, Iranians, Russians, North Koreans and Chinese are all good people who are being held back by autocratic regimes. So, what we in the gay community stand for defines the struggle between good and evil in our day.

20.
In the Beginning There Was You

In the Creation Story, Moses describes God as having breathed life into Adam's nostrils. We all intuitively and logically know that it could not have been God's breath that created Adam if you imagine God anthropomorphically. No one is created using a breath, a sigh, a sneeze or spittle. That's how you speak to children who are too young to be told the facts of life.

It could only have been God's semen that figuratively created man if you interpret His image anthropomorphically as male. But our imagination fails us to think of God as having birthed us into existence as a male. Therefore, the idea of God conceiving man goes beyond what we normally see in nature. That said, parthenogenesis [asexual reproduction] occurs in several species from lizards to insects and even some fish without the need for a mate.

The Big Bang theory poetically implies that the universe was created through the equivalent of God's semen bursting forth into nothingness. Figuratively, God set every man aflame when He gave him life. Call your first breath, "The Little Bang."

Moses described the awakening of man's mind [Judaism] in the most socially appropriate terms of his day, as though he was talking to children. He found a clever way of equating semen with spirit, and air with life. And he did it at a time when God had only figuratively blessed humanity with a view of His face [indigenism] through nature and His navel [Hinduism] through millions of names for Him.

What Moses was implying in his metaphors was that God brought us into existence by igniting us like a flame. Call that fire "air." Call it "spirit." Call it God's "semen."

Every newborn knows the sting of literally taking its first breath to come alive and join the world we share. No one can remember their first breath. Moses tried to remind us of that

flame we inhaled without jolting us morally awake against our will. But you'll embrace your spiritual awakening of your own accord, or you'll struggle against it.

Hyper-religious Christians would have you believe that when the embryo achieves a heartbeat, it comes alive. Torah states that life begins with the first breath. And even then, Jews don't believe that life becomes meaningful for males until after circumcision.

I believe we're guilty of self-ignorance, whether we conceive life literally by creating a baby or figuratively by conceiving an inner child. I think we have to determine our truth about the "facts" of life for ourself.

Just because I tried to kill myself three times but never got locked up for having broken the 6th Commandment [Thou shall not kill], doesn't mean that I haven't suffered for my nefarious deeds. I've suffered living with a murderer, even if he didn't succeed in killing me.

The only way I can talk about God is in human terms. Until men are willing to talk to one another about spiritual matters like adults, using their imagination as well as common sense, the infantile, childish and juvenile delinquents who worship God externally, but don't werk for awareness of Him internally, are going to hijack existential discussions with opinions about sexual perversion and other hyper-religious distractions they come up with to insist that there are conspiracies against God that they're defending us against.

21.
The Good News

You're like a progressive, gay Jew. You're also no different than any other human being on the planet. You're not terminally unique. Your spiritual operating system is no different than anybody else's.

You may be accustomed to thinking about God as the Father, Son and Holy Spirit. You may call Him "Allah." You may think of God in the plural [Elohim], like the Jews. And you may think of Him as male.

You have more in common with every man you meet than you may think when viewed from below your belt. So, stop being disappointed about what all those other guys have that you're missing and start looking at what we all have that you want to become more aware of.

Without an overlap between you and everyone you meet, you're going to feel externally suppressed by your family and oppressed by society. You're going to feel internally repressed by your past and depressed by your present. Like Adam, you're going to blame God and that woman He gave you for all your misfortune. [10]

Your penis is no different than mine. But I'm not interested in looking at your penis, licking the pre-cum off of it or sucking your semen out of it. I don't even have to take an x-ray of your penis to know what's inside it. There is no bone in your boner! So, showing you an x- ray of what your penis looks like inside won't change a thing.

I've figuratively taken an MRI of your penis, and I'm showing you what it looks like slice by slice. You'll be amazed to discover what yours and every other penis on the planet looks like from the pictures I've taken and am offering you a description of in words. The way you're going to

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[10] "The woman You put here with me - she gave me some fruit from the tree, and I ate it." [Genesis 3]

assimilate this self-knowledge will be unique to you. But I predict that it'll also be jaw-dropping amazing!

Who would want to be in an exclusive relationship with his own penis? Do you like the exclusivity you see in the world today? If you believe in inclusivity, yet you want an intimate relationship with one fantastic person who'll love you till the "bitter" end when you have to part from each other, you'll seek the mystery of what it is you want [–] and desire [+] on a daily basis. The reason is because your penis is the delivery device that figuratively yearns for everything you're after.

You're absolutely right about wanting a private, undivided, loving relationship with one person, provided the sex starts out good and only gets better. Who would want to drink from a well that runs dry?

The thought of being inclusive and exclusive in your own unique way is a paradox. There are many paradoxes you may still have to learn about yourself. But one of them isn't that your anus is an entrance as well as an exit. That's a paradox that most of the world is struggling with that you've already solved. That's what got you out of whatever preparatory academy you figuratively came from and into college level classes in the school of life.

You'll do just fine when you discover how many other paradoxes you live with that you don't yet recognize as such. Moving through paradox, inconsistency, absurdity, contradiction, oxymoron and enigma is like shooting fish in a barrel. It's fun. All it takes is the humility to learn from yourself. All that takes is thinking about what you're thinking about to review whether or not it's logical, reasonable, rational and sensible. If so, then it's consistent with what you think, how you feel, what you believe and what you sense inside.

That doesn't require engaging in sodomy or vaginal sex. That requires engaging in the search for truth from within.

From time to time, you may be afraid and involuntarily swallow hard. Just know that what you're swallowing is literally saliva, but, figuratively, it's semen. That's the life-giving substance you're unconsciously trying to infuse into yourself. That's the secret you've been figuratively keeping from yourself that you'd like to solve.

There isn't a man on the planet who hasn't tasted his own cum. We may have thought it would be creamy and sweet when we saw it for the first time. Perhaps we thought we were like a danish or French pastry inside. I know I was disappointed when I tasted my cum. I thought it would taste like milk and honey. I thought the land of milk and honey had been handed to me with my first, hand job. It was a bit shocking to discover that the world around me was so different from my world within.

22.
What is the Closet Metaphor?

The word in Hebrew for "closet" is "aron." This kind of space is described numerous times in the Gospels. [Matthew 6; Judges 3; Joel 2] But only gay men who've come out of the closet resonate with an inner truth about our closet that we grapple with in a very special way.

The ancient Israelites believed they transferred God from that mishkan [tabernacle] to the First Temple in Jerusalem [957 B.C.E]. [11] The ancient Jews considered the Temple God's home even after they lost the Babylonian War [586 B.C.E.] and were exiled to Babylon as slaves for a second time [after Egypt]. Only in Babylon did they come to realize that God was everywhere, not just at "home" in Jerusalem. It was then that God figuratively came out by revealing to the Jews of Babylon that He's universal.

Gay men reveal God's designs by coming out of our aron [closet] today. We parallel His revelations to the world by loving, not killing, men. Our coming out, like His, has enormous consequences about the value, not just the meaning, of life.

I think the realization about the universality of God must have been a Eureka moment for the ancient Jews in Babylon because only 25% of them went back to Israel from Babylon with Ezra in 538 BCE to get "closer" to God. The rest remained in Iraq until 1951, 2,500 years after they'd arrived there in chains. By the 20th Century, everybody in the whole world knew that there's only one God who's everywhere.

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[11] The Mishkan refers to the portable sanctuary where God dwelled among the Israelites, while the Aron Kodesh [Holy Ark] is a specific vessel within the Mishkan that housed the tablets of the Ten Commandments. God brought the Ten Commandments out of His closet [aron] to share them with aam Israel [the Jewish people of who struggle with Him].

When the Muslim Iraqis threw the Jewish Iraqis out, it wasn't long before all hell broke loose in that country. If you can't get along with the Jews, you aren't going to get along with yourself. You may lose your head or your country may become a laughingstock before the world.

Although the Christians and Muslims have been fighting over Jerusalem [Hebrew: city of peace] for 1,400 years, common sense tells us that Jerusalem isn't God's only home; the Wailing Wall isn't the only remains of one of His walls; and the mosque the Muslims built on the Temple Mount isn't over a rock that's literally going to take anybody from here to heaven. That happened once for the prophet Muhammad. It isn't going to happen again any more than the Red Sea is going to part a second time.

You probably can't even describe what the closet is a metaphor for. If you're gay, you know that the coming out process is a psychological awakening. What we came out of was a standing coffin. We called it a closet, but it was a death trap for our soul.

It's the hyper-religious Jews, Christians and Muslims who are stuck in the closet nowadays. By helping them out of their closet, they think we're trying to get in their pants. Everything we try to do for them is a spiritual Catch-22 that must be explored with psychological insight into the operating system of us all. Sane men can't do that just by taking the world's scripture literally anymore.

The religious literalists are too far gone. Now that they're denying science, we ought to admit to ourselves that mental health is going to become the main topic of this century.

When you came out of your closet sexually, you did so with one part of your body alone. You did it with your penis. Although all the other parts of your body may have struggled not to go along with its plans, they really had no choice, in the end.

Your penis got you out of your standing coffin, and your penis is going to get you out of the messes you're in from

now until the end. I don't care how big your penis is. I don't care how small it is. I don't care how hard it gets or how soft it may be when it's hard. I don't even care about what literally cums out of it.

Your penis is the mysterious key that was created for the lock in your heart. And no one, not even the most handsome, straight movie stars or singers you claim to love, are going to be able to do for you what you need to do for yourself with your penis, figuratively speaking.

Looking around you for the key to your heart is a waste of your precious time. The personification and projection of the power of your penis for others is a useless fantasy. Every man's penis is the delivery device of his wants [–] and desires [+].

Every man you yearn to know in the Biblical sense of the word personifies admiration and adoration of what emanates out of your testicles. He's a projection of the mystery in your own penis. Having sex with him will bring you a little closer to knowing and loving yourself. But you can't be both a tree of self-knowledge and a tree of life if you refuse to deepen your experience of being you.

Those hyper-religious, patriarchal men who deny the intrinsic power [+] of their penis do so because they're projecting their power externally. They want to dominate the external world. They want to dominate all men, women and children. They even want to dominate the unborn. Look where that's getting us.

If you don't bring these yearnings from between your legs up through your navel to your heart and head, you may behave without conscious understanding of the forces within you that are there on your behalf. You may even feel soulless.

The message of Moses in the Creation Story is about you having been planted like a tree in a garden. You're not going to unlock the secrets of Torah without his main metaphor.

You can't fully understand the symbolic message Jesus gave His disciples on the last night of His life without the wisdom in the metaphors of Moses. You may take His message literally by telling other people how to interpret it, just as some Christians have done for 2,000 years. Without using Christ's Self-love to pursue your self-love, you may create cruelty and trauma rather than wisdom of the heart.

Pharaoh only lost his first-born son because he had a hard heart. [Exodus 11] America will lose much more if we don't get our spiritual challenge together by softening our hearts in wise ways that protect our country and our loyalty to the ideals it represents.

23.
Straight Penises

Many straight guys think their penis is so amazing that they think there isn't a gay guy on the planet who can resist it. But some gay guys have their own penis so projected out onto other guys that they choose to pursue straight penises instead of a gay penis that's available for a long-lasting, loving relationship.

So, although the hyper-religious think that our agenda is only to bed them, there are some gay guys who do have that agenda. And that's sad, but a bitter irony.

Irony began as a theatrical ploy in Greek tragedies by which the full significance of a character's words or actions was clear to the audience although unknown to the character.

Calling Jerusalem, "Jerusalem" [city of peace] is a bitter irony that you and I can see, but those fighting over it can't. Jerusalem is Jewish, but Christians and Muslims have been fighting over it since these two Abrahamic faiths have been in existence. Before them, pagans fought us over Jerusalem. Everybody wants what God gave to somebody else. If God had given the Jews Peoria, the whole world would be fighting over Illinois.

If you're trying to bed straight guys, you need to understand that predisposition in terms of psychological projection. What you're really trying to do is access the self-knowledge you need that you've projected onto straight men. Sleeping with them isn't going to help you come to know yourself any better. It's only going to cause you grief in trying to stick some guy's straight penis into that bent, little lock in your heart.

With the key to their masculinity, you'll never be able to unlock the love in your heart for you. Their key won't fit your lock. Nobody's will. Only yours will.

But straight men are so disgusted by penises that they even reject their own. The thought of penetrating themself

with their penis, even figuratively, sends chills down their spine. Their heart wants none of it.

When a man's key [penis] is inserted into his lock [heart] it presses against the pin tumblers [embarrassment and shame] forcing them into the upper chamber pins [humiliation] that compress the springs [luck]. The pins are then pushed to align flush with the shear line [self-love].

The pins of your lock [heart] are designed to be different in height and configuration. And that height and configuration is unique to each and every key [penis].

I had to learn how to use my masculinity [height] and femininity [configuration] to unlock my own heart. I had to learn to overcome the guilt I had about loving myself, which is why I was the most difficult person in the whole, wide world for me to fall in love with.

But when I speak about self-love, I'm not referring to being sexually attracted to myself to the point that I have no sexual interest in other guys. Vanity isn't equivalent to self-love. Vanity is only an aspect of self-love.

I couldn't be proud of myself if I wasn't vain. It's vanity that has kept my body lean and healthy for almost 70 years. It's vanity that has motivated me to achieve all that I've attained physically as a professional ballet dancer in my youth and as an older man who's still lean and fit.

The 3rd Commandment says, "Thou shall not use the Lord's name in vain." But the God within the Jews has no name! The only one you can take in vain is yourself. If you don't understand that about the 3rd Commandment, you'll never get past it to unlock the mystery of the other seven Commandments.

It might be difficult to accept, but vanity leads to pride. Pride leads to self-love. And self-love leads to loving one other person with all your heart and soul, not your neighbor. [Leviticus 19; Matthew 22; Mark 12]

Once you love you, you can see the complexity in loving others. Most people will show little to no respect for your

love. They'll merely use you. Even those who'll appreciate your efforts on their behalf will, eventually, seek their own love, not yours. I recommend you only love yourself and do your best to show all others that you like them. This is done with honor, not love.

Practice honoring beginning with your parents. Then do your utmost to honor others as you've honored them.

Once you're dedicated to self-discovery, your life can become a mystery in the making from that day onward. And once you believe in the mystery that comes of being authentic with yourself, you'll develop the charisma and power needed to change a tiny bit of the external world for the better.

Then, and only then, will you be able to say that you've helped to bring a piece of paradise [pardes/orchard] down to Earth. You'll be able to perceive the poetry of life through the heart of your inner child, which was precisely what Jesus was telling the ancient progressive Jews. [12]

Jesus modeled Self-love. But the ancient, conservative Jews were so stuck in their head that they couldn't come into their heart to see where He was coming from. The tug of war between the Christians and the Jews for the past 2,000 years is wearing thin. If the two of them would enter their soul, they'd be able to see how their head and heart have been behaving as childishly as Cain and Abel. Who cares what you sacrifice to God? Make your sacrifices for the sake of the wellbeing of mankind. God doesn't need anything from you. It's you who needs the secret to being yourself.

Faith is trust. These words are interchangeable because the meaning is identical. Buddhism is a philosophy that

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[12] "Let the little children come to Me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it." [Luke 18]

teaches us to put our faith in ourself. All the religions teach us to put our faith in God. But obviously, you can't give God something you haven't even been able to create in yourself for yourself. So, Buddhism is a philosophy that should be taught in conjunction with all the world's religions.

Whether your penis is figuratively straight [heterosexual] or a little bent [homosexual], you're going to have to learn how to put your trust in your penis because that's the figurative delivery device for all your desires [+]. To the extent that you can love it, you can use it to love yourself. But to the extent that you use it only to achieve money, power and prestige, you're going to look and behave like a non-believer. And over time, you're going to humiliate yourself as non-believers are doing.

24.
Couth-less and Blind

You're probably not toothless. But, when it comes to couth, you may have less couth than you'd like. There are some ways in which you may not be as polished as you need to be to perform adequately in this complex, modern world.

Polish comes from rubbing up against yourself for so long that you sand down the roughness that has kept you from slipping your key easily into your lock. If that prospect excites you, all the better…

I don't know what you need to do in the outer world to improve yourself. I can't even tell you how to believe that your penis is a perfect fit for your heart. And if anybody tells you they can, they're lying to you. They're couth-less.

If you want to gnaw on yourself, sink your teeth into you or bite down into you belligerently – you surely are already an expert on figuratively doing so. I'll bet there are figurative bite marks all over your body where you've figuratively ripped out your flesh with your teeth in your effort to consume your self-knowledge.

But you're not a cannibal in the literal sense. You have faith in the fact that greater self-awareness can come by figuratively consuming the fruits of your labors, inside and out. You don't even have to rip open another man's scrotum to eat his nuts in order to discover the mystery of your contribution to life.

That said, you may be blind to yourself in a way that only others can see you. And you know that must be true because you can see how everyone else is blind in a way that you can see them.

This is a paradox. This is a mystery. This is the intersection where mystery [my story] intersects with history [His story].

Granted, you may share an overlap of vision with your closest friends, but nobody can tell you what you're missing,

but you. Until you can see what's not there, you'll remain blind or nearsighted to who you are and how you werk.

You can never trust anyone enough to know you as intimately as you strive to know yourself. So, learning to trust yourself more each day is the only way to change your mind, transform your heart and transcend your conscious to become more soulful.

Insight is the result of hindsight and foresight. When you look at how figuratively nearsighted people are, you can see that they can't see into their own future because they don't bother to look back into their past. If they'd make more of an effort to look back, they'd not only be able to see further forward. They'd become more insightful, as well. Insight makes it possible to give up your fantasies and dreams in favor of a vision of a meaningful life filled with hope.

Realizing your own vision of paradise [pardes/the orchard of reality] can only be attained by loving yourself. Your penis is the perfect length and alignment for your heart. Your fear of figuratively inserting it into you is benign. The advertising world is already tempting you to do so with every product and service they're selling.

If you wish to share the love that pours out of your heart with one special person, then, when you run out of self-love, all you'll need to do is unlock more love from your heart to share it with him, and others. Just as your testicles literally produce more semen after every orgasm that you keep in reserve in your prostate gland for the next special occasion, your heart figuratively produces more love with every beat it takes. Why not make greater use of both?

25.
Inabilities and Disabilities

I had inabilities that I couldn't see I was suffering from. If I was missing a hand, I'd be able to contrast myself to others and come to terms with what I was missing. I could ask for help instead of languishing alone, trying to figure out what's wrong with me.

But because I was missing something abstract, I didn't know how to describe it literarily. I didn't know how to put the abstract into concrete nomenclature using figurative speech. And that had been a struggle over a lifetime that turned into a psychological disability over the years.

I couldn't talk to myself if I couldn't answer my own questions. I couldn't tell myself what I was going through as I was going through it if I couldn't commiserate with myself in words. It felt like people were keeping secrets from me, when, in truth, I was keeping secrets from myself.

The evidence for this dilemma came from my heart. I could see how enraged I got over rejection, abandonment and betrayal by others. But as more people treated me badly, I began to feel less intensely angry. I began to see it as a pattern.

Now, when a friend, acquaintance or even a stranger disappoints me, I feel sadder and less angry than in the past. I feel the sky blue tint of sadness, the marine blue of regret and the cerulean of disappointment. I grieve over their mistake. I feel sorry for them. I know that this grade will be going on their report card. And I know the Teacher will use this to formulate a curriculum that will teach them a lesson.

I don't want to see people get hurt, but to make omelets, God has to break eggs. I've had my balls busted, my eggs broken and my nuts crushed. A swift kick in the crotch is no fun at all, even figuratively speaking. But figuratively, it has to be done or men won't learn from their mistakes. They won't realize that the life-giving substance they're emitting

is flawed, faulty, defective, damaged, blemished, unsound and imperfect. They won't reconsider how they're interfacing with others.

Once you can see that the problem is less with your delivery device and has more to do with what you're delivering, you can resolve to make changes about what you want [–]. This will produce minor miracles that will resonate throughout your life.

Once I could admit that I can't handle some things others can handle – and have to struggle with other things, just like everyone else – I became much more realistic about the inabilities that became the cause of my psychological disabilities. Once I could see what I was missing, despite the fact that that's an oxymoron, a whole host of pieces of my puzzle fit into place.

Here is a quote from the 52nd chapter of the Ching Te Tao that expresses paradox and oxymoron in a Jewish way that elucidates the crossroad where mystery and history intersect:

If you close your mind to judgments [Adam]
and traffic with desires [serpent],
your heart [Eve] will be troubled.
If you keep your mind [Adam] from judging
and aren't led by the senses [serpent],
your heart [Eve] will find peace.

Seeing into darkness is clarity.
Knowing how to yield is strength.
Use your own light
to return to the Source of light.

Although urges can be positive [+] or negative [–], you need to be able to separate urges from thoughts and feelings, or you'll become a pawn in your game. You won't become

the king or queen you have a vision of becoming once your parents die and bestow their crowns upon you.

You may behave more like someone who's autistic than someone who considers himself normal. You probably no longer even ask yourself what normal is anymore. You just think you know it when you see it.

Reconcile yourself to your losses with hope for a blessed destiny. Once you can see what you're missing, you'll be able to see yourself as a miracle in the making, and not a mess you're trying to clean up.

Paradox becomes the pebble of humor. Humor becomes the rock of joy. Joy becomes the boulder of peace. Peace becomes the foundation upon which all faith is built.

26.
Dickens Had Great Expectations
[You should have high hopes]

A close, gay friend once told me that he thinks too much. I told him that I don't think he thinks nearly enough. He told me it's all about taking two steps forward and one step back. I told him that if he wants to become a knight in shining armor, it's all about taking two steps forward and one step sideways. A queen needs to learn how to move like every other piece on the board. [For that matter, so does a king.] I don't care what it says in the rule book.

Your enemies are given to you to learn how to make friends. If you kill them, you're telling the Teacher that you don't want to learn how to befriend others. And that, of course, will seriously impede your ability to befriend yourself. With almost 8 billion people now on the planet, most of whom don't know this simple, spiritual facts of life, is it any wonder that this world looks as it does?

Your mind may have been so screwed over by your family [grove] and society [forest] that you've got your head up your butt in an attempt to see what's going on in your inner world. You may still be trying to look for the seed that was planted in this garden so very long ago. That seed has grown into a tree.

Your life may be so screwed up by stinking thinking that you've even tried to literally shove your penis up your anus to try to infuse the life-giving elixir within you into yourself. But when you screw yourself up, you never ask yourself why your penis is figuratively up your butt instead of in your heart unlocking your love for you.

God doesn't break hearts. People do. God melts hearts. Don't blame Him for the messes [–] your penis gets you into. Besides, your heart really hasn't been literally broken. It's only been figuratively bruised.

If your heart is melting for the Palestinian people, that's fine. I'm not here to tamper with your heart. I'm here to grab ahold of your penis to knock some sense into the head of it. I don't want to squeeze the juice out of your fruits. I don't even want to enjoy the thrill of seeing you physically nude, emotionally naked and spiritual exposed before me. I don't need your power. I've got my own. You need your power. You need to view yourself transparently, not me.

I don't want to see you get figuratively dismembered by anyone who tries to tell you what you shouldn't want [–] or should desire [+]. The last thing I want to see is for you to lose your crown jewels... No man wants to see another man doubled over in pain after having been kicked in the nuts. No student of life wants to see another student in the college of science [x] and engineering [y] get expelled… But we've all got to get a degree in the liberal arts [z], as well [13]

The problem with some gay hearts is that they're just not hot enough yet to melt. They're just beginning to glow. If you want to become as flaming a queen as a yenta, your heart may have to reach a much higher temperature than it is now, without exploding like a star going into supernova. Getting your heart so hot that it flows like lava is the goal, not to vaporize your feelings with rage.

God gave us an epidemic to deal with us as a people. The gay plague was called "AIDS," It shaped us in the same way that the Exodus shaped the Israelites 3,400 years ago and the Holocaust shaped the Jews 80 years ago.

We had to learn how to deal with the act of God given us as best we could 40 years ago. We were young. We were

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[13] Man is not an [x + y]. Woman is not an [x + x]. The [z] we get from our mother determines something very different than the [x] or [y] from our father that determines our gender. Man is a [y + z]. Woman is a [x + z]. This book elucidates our [z] factor, the feminine side of ourself that's so difficult for some straight men to embrace.

inexperienced. And, for the most part, we were embarrassed by our penis and ashamed of our sensuality. We felt utterly humiliated by God because we had to go to the straight world to beg them to help us find a cure for AIDS.

We certainly didn't want to give the hyper-religious more ammunition that we were being punished by God for being gay, especially since we were born into the same insanity of humanity as everybody else. We didn't cause the absurdity of this world. We, too, were victims of it.

The only way to embrace acts of God that are spread by fools is with education. For surely, God could stop the insanity instantly if He wanted to. But our Gardener is also our Teacher and our Tutor is the Mechanic who gets under our hood. We must learn how to tend our garden and vehicle. That requires classroom lectures, spot quizzes and sometimes even the threat of a challenging, final exam.

The Holocaust was another such act of God. Surely, the European Jews did nothing to deserve what happened to them. And surely, those of us who cherish our [z] factor today are equally innocent.

It could be argued that nothing but the Holocaust would have produced the re-creation of Israel in 1948. And the AIDS crisis was, without a doubt, the catalyst that produced marriage equality in 2015. The way America responded to the COVID pandemic with a vaccine in such short order has shown us, and the world, that we're not the people we were just one generation ago.

What the orthodox Jews are secretly wishing for is that all gay men will just kill themselves. What the rightwing, Christians are secretly wishing for is that the police will kill all the Black people who get out of line until there are none left. But what the fanatical Muslims are trying to do is kill all the Israelis so they can get the Holy Land all to themselves.

Do you really think the fanatical Muslims will stop by just killing all the Jews in the Middle East? Would Hitler

have stopped in Europe? Do the Republicans plan on embracing Black people, gays, Asians and Brown Catholics?

If you think I've climbed out too far on a limb, wait and see. There's a fruit out there that you might not be able to see from where you're standing.

If life is a school, and God is our Teacher, then all of us are here to learn, grow and make the most out of life in the hopes of having an easy final exam and a smooth transition out of our one-room schoolhouse. The struggle between good and evil isn't only happening between religions, politics and nations. It's happening within each one of us, as well. The real question is how suicidal you are figuratively.

Are you killing yourself with substance abuse, such as food, alcohol, drugs, sex and shopping? Or are you killing yourself with moral mistakes that are taking a toll on your heart and soul? Only an inquiring mind would really like to know that about itself.

Now that we've worked miracles by having passed marriage equality in this country, there may be some wiggle room in you to consider whether God's designs and timing have to conform to your designs and timing. Just how cynical and impatient are you?

The reason they say that God werks in mysterious ways is because He werks from the inside of us out, not just around us. That means that you may have to slow down and pay greater attention to what's going on within you. You may have had to wear a mask literally, but maybe it's time for you to take off your mask figuratively.

What you're going through today may not be nearly as difficult as you may think. Once you get out of your head into your heart; out of your heart and into your navel; out of your navel into your penis; out of your penis into your anus – you'll have had the Cook's tour of your body, figuratively speaking.

You'll know your way around you. And then getting into your soul to believe in yourself won't be hard to do. Then, unlocking your heart with your penis will be easy because, from your soul, you'll be able to see what you're doing.

Then you'll see why the Creation Story begins with a conversation between Eve [heart] and the serpent [penis] about those magical fruits swinging temptingly from twigs on a tree that nobody ever gets away without picking.

27.
Who Do I Think I Am?

I am the son of a slave. My father was a slave in Dachau Concentration Camp. I'm the descendant of a people who've been slaves four times in history [Egypt. Babylonia, Rome and Germany].

My skin isn't the color of the descendants of American slaves. My skin is the color of a 20th Century, European slave. My skin is the color of a progressive, gay Jew.

When the Nazis made lampshades out of Jewish skin, they were hoping to enjoy the light of their evil deeds through Jewish lampshades that would illuminate them to their superiority over the nameless God of the Jews. What they got instead was the humiliation of their faith for the remainder of His story.

Don't confuse me with White people. I'm not White. The color of Jewish skin is such a mystery that it's not a color you can literally see. On the outside, my skin is Jewish, but on the inside, I'm the color of a rainbow.

Joseph was given a coat of many colors by his father, Jacob. [Genesis 37] Jesus personified that rainbow in the flesh. But today, gay people are rainbows of hope, not clouds that threaten to rain down on others' happiness.

When I cum, I cum like a rainbow is pouring out of my penis. And when I explain to you how I do that, you're going to see that you can cum like I do, too. The color of your skin and the length and girth of your penis is meaningless and absurd.

Who wouldn't want to be wise [Jewish], loving [Christian] and soulful [Muslim]? Who wouldn't want the greatest orgasms in the world? Why not dive into the whole enchilada? Aren't you hungry for more?

28.
Cuming Like a Gay-Jew

While engaging in sex with someone you love, sex is like the rainbow described in the story of Noah. It's an expression of a promise. This promise comes out of the sky like a rainbow after a storm. It's a promise from God that comes closer and closer to you over the years, finally lighting you up inside in a mysterious way that can't be fully described in words. It has to be experienced personally.

The word "closet" is "aron" in Hebrew. The ark that Noah built in accordance with God's instructions was an aron [closet]. The basket that Jochebed weaved to carry Moses down the Nile in was an aron [closet]. And the Ark of the Covenant that the Israelites carried the Ten Commandments in for 40 years was an aron kodesh [holy closet].

You are an aron [closet]. Coming out of your holy chest is your mission in life. Coming out sexually is just one way of actualizing that spiritual process.

There's a rainbow in your heart. Your penis is the key to opening your heart through sex. When your heart is open, a rainbow shines out in an arc up to your Adam's apple and down to the right side of you. This is where your soul is located. This is where your beliefs emanate from.

Feeling in love is the most hopeful feeling in the world. What I'm describing that happens to lovers on the inside is heartfelt and hopeful. It leads you to believe that you two are study partners in the school of life, a match made in heaven.

The promise from God not to flood the world again was given as a rainbow. But rainbows were never meant to be taken literally. Every flood in the external world is proof that the Hebrew Testament was always meant to be taken figuratively. This is why Christians and Muslims have carried our message for us. This is why enemies are just veiled friends.

The flood God promised not to repeat was the biological flood of hormones at puberty that every boy prepares for by building a figurative ark [closet] in his imagination to hold a sample representation of his natural urges [animals]. When the waters of the flood of puberty recede; every Noah lets out his animal urges onto dry land [externally] through sex; and God presents the pot of gold [orgasm] at the end of that rainbow as a sign of His devotion and encouragement that the journey of life can end equally exquisitely.

The basket [closet] that carried Moses down the Nile was a repeat of Noah's journey in a way Moses couldn't have understood without God's intervention later in life. building our closet [Moah], coming out of our closet [Moses] and carrying God's word in our closet [Israelite] are passages in life that each of us goes through in our own ways.

Ecstasy through orgasm is the sign given to all those in love that there's a potential rainbow of hope that could emerge from within us all, ending in a paradise [pardes] of some sort that our imagination can't possibly envision before we die.

Each Jew is a tree. Israel is an orchard. The fruits of our labors are gifts to the world. For Christians, Jesus has promised an Israel afterlife. For Muslims, Archangel Gabriel has promised them a pardes [paradise].

If you use your head wisely, your heart lovingly and your soul loyally, your conscience [the burning bush in your breastplate] will guide you to miracles. That's not too much to ask for.

29.
External Verses Internal Rainbows

The rainbow in the heart starts out in cherubs as pastel in color. It resembles the tints of the rainbow we see in the sky.

The rainbows of cherubs celebrate the trials and tribulations of romantic love. Cupids shoot for the sheer delight of trying to hit the mark.

You got to the doorway of promises by the end of childhood. You made your way through adolescence. Now you're ready to cross the threshold to spiritual adulthood by going all the way in your closets.

Those who atone for their mistakes are at one with God through the wisdom of changing their mind. All goodness leads to love. All goodness leads you in the direction of God.

Love [+] and wisdom [+] are the secret to life that are figuratively encased in your scrotum. This produces the fruit juice that emanates out of the mouth of the serpent in your tree. Knowing what to do [+] and what not to do [–] are the foundation of morality, regardless of the path God gave you to His kingdom.

Israel is the land of milk [love] and honey [wisdom]. Israel is the manifestation of God's promise to the world, not just to the Jewish people. Jesus chose Jewish fishermen to carry His message because they understood that the fish in the Sea of Galilee would get old. They wouldn't be able to resist the current that would draw them down the Jordan River.

This is like the life of a man. He's born in a lake that he thinks is so big that it's a sea. But as he ages, he realizes he's being carried downstream toward a dead sea [a dead end]. Through Baptism, Christians receive the promise from Jesus that He'll net them and draw them out of this river. He'll bring them into an Israel with His Father after life. He'll reward them with eternal life.

This is the promise for Christians in protecting Israel. This is the promise that fanatical Muslims wish to destroy by destroying Israel and killing all the Jews.

Over many years, the colors of the rainbow in the heart of the righteous darken and deepen. Feelings become saturated with jewel tones. If you can overcome your cynicism in having been so disappointed and hurt by others, you can come to appreciate the mystery of the timelessness of love [+] and wisdom [+].

Love and wisdom inundate reality with depth and intensity. Those who don't know this, don't know it. You can't reveal to the blind what they can't see. They have to learn to figuratively see it for themself.

The promise that Archangel Gabriel brought Muhammad builds upon the promises of the rainbow. He opened Muhammad's heart, a heart that had been broken by the death of his parents. Archangel Gabriel brought the orphaned Muhammad hope in loyalty to God, not loyalty to love or the pursuit of wisdom.

When your heart has been opened by your penis, and you can love your lock [heart] with the key God gave to you alone, you can appreciate the wisdom, love and loyalty to life that He's tempted you to achieve.

They call us unmanly, gay, effeminate, queer or just odd. But what they're really trying to deny is that the colors of our rainbow are richer in tone and deeper in tint than is normally seen in men.

This miraculous transformation from pastel to jewel tones can't be described to the young, uninitiated or arrogant. This transfiguration of feelings can't be alluded to prosaically. It's an experience of such profundity that nothing less than poetry can portray it.

Making love only feels eternal when you produce a level of passion so rich in tint and tone that it makes you feel hue-man.

30.
The Land of Milk and Honey Within

Milk [love] and honey [wisdom] produce a land within where everybody could to go and live in peace. What the Christians and Muslims were fighting over during the eight Crusades that lasted 200 years [1096-1291] was the secret to why God gave the Holy Land to the Jews.

What the hyper-religious Jews, Christians and Muslims are fighting over today is a secret that lies in their heart when their key has penetrated their lock; turned the tumblers within it; and allowed them to enter into their own mystery with awesome awareness of their part to play in the unfolding of our Teacher's lesson plans.

Harvey Milk was a gay-Jew who told the gays of San Francisco to come out of the closet. I come from the next generation of gay men who live in the same city. San Francisco is our gay Mecca [sanctuary]. Our message is flooding the world with kings and queens who'll reign very differently from what we've seen up till now.

If you want to come out of the standing coffin [closet] you're in, you'll need to learn about Jesus from a literary, rather than literal perspective. And who, better than a gay-Jew, to relay that message to you?

Jesus took the main metaphor of Moses [man as a tree] and added the symbolism of His body to it. He saw His body as bread-like. And He envisioned His blood as being like wine because He felt God's power coursing through His veins.

On the last night of His life, He told His disciples to remember Him through the Passover ritual of unleavened bread and wine. This has been repeated in the Catholic Mass every day for the past 2,000 years.

You can break matzo. You can't break bread. You can break the hearts of men who are unleavened [unenlightened].

But your heart is leavened. It's more like Wonder Bread than matzo. Your heart is soft. Your heart will never break.

Consuming God-consciousness as described by Jesus was a profound idea that reinterpreted the meaning of life literarily from metaphoric trees planted in a garden, fruiting with wisdom [mistakes corrected], to symbolic containers filled with His holy contents.

What Jesus did in modern vernacular was to tempt some of the Jews of His time to get out of their head [thoughts] and into their heart [feelings]. He encouraged them to read [pick] themself in a new way.

But because the Jews at the time were so terrified of the serpent hanging down between their legs that they couldn't literally address, God couldn't move them any further at that time.

The Prophet Muhammad arrived 700 years later to inspire the Arabs to come out of their head and heart to search for greater insight into the meaning of self-knowledge from their soul. He was inspired by the Archangel Gabriel who entered Mohammad's heart and told him to recite the words from God that Gabriel dictated to him.

Fast forward to today, and we're dealing with an Abrahamic, Western world in which we're all now being tempted to go below our belt to explore the mystery of what the serpent told Eve that everyone wants to know except the hyper-religious. They're all terrified of their heart [Eve] conspiring again with their penis [serpent].

What the serpent literally said when Eve told him that they were forbidden by God from eating the fruits from that one, specific tree was, "You will certainly not die, for God knows that when you eat from it, your eyes will be opened, and you will be like God, knowing good [+] and evil [–]." [Genesis 3]

Clearly, we're all guilty of having repeated Adam and Eve's error because we, too, know the difference between good [desires] and evil [wants]. What we don't yet know is

how to say "please," "thank You" and "I'm sorry." The more we can all learn that, the more the mystery of life will get solved. Stealing is obviously the wrong way to get ahead [a head].

You're a tree of knowledge in the metaphoric sense of the word. Eating the fruits of your own labors translates as reading [critiquing] yourself. Reading yourself is fundamental to amassing self-knowledge. People are going to roll their eyes when they have to be around you if you don't know yourself well enough to behave well in public. But they rarely tell you that you're difficult to deal with. They simply let you suffer the consequences of your actions.

Knowing yourself opens your eyes, making you like God in that you can discern good from evil from within, which is the moral subtlety of differences we all need in order to achieve wisdom, love and loyalty.

Being like God is a hell of a lot different than behaving like a god. Arrogance is a far cry from freedom [Jewish]. Superiority is a far cry from liberty [Christian]. And domination is a far cry from emancipation [Muslim].

Behaving in morally upstanding ways will bring Jewish wisdom, Christian love and Muslim loyalty into your life. This is the spiritual process we generically describe as awakening. The more awakened you are, the more you can credit the Source of your virtues.

They say, "Love conquers all." But we all know that's not true. Love only conquers some. What they should say is that self-love love conquers all.

Even though the Jews have incorporated Christian and Muslim concepts into Judaism, none of the Abrahamic faiths credit the others for their richness and contributions to humanity. All three of the Abrahamic faiths could afford to lower their head a little to admit they were given only part of the truth. If you were God, would You do any differently?

Don't do what the fools do by trying to talk of peace from the outside in. Making peace has to be done from the inside out. You have to fill yourself with self-love to achieve peace of mind. "If you don't love yourself, how the hell are you going to love someone else?" [14] If you can't express Jewish wisdom and Christian love using Muslim loyalty, what can you claim to have achieved from your spiritual efforts?

And if you can't overcome the ego issues that are interfering with your ability to befriend your enemies, expect to be given lessons to motivate you to do so.

[14] RuPaul Charles

31.
The White Swallow

The white swallow isn't a bird. It isn't cum. And it isn't disgust at how all people have colluded with White people around the world in ruining our planet.

The white swallow is the infusion of the life-giving secret in you that you must figuratively drink in internally. This can't be imbibed from the outside in. It has to be introduced from the inside in. To do so, you need to penetrate yourself. You need to figuratively get an erection being in your own company that's so long and hard that it penetrates the lock in your heart.

If you only swallow involuntarily when you're afraid, you don't know what you're trying to imbibe. Confidence isn't enough. You need certainty. And only those with the courage to ask themself what they're trying to buy into will relieve themself of fear and discover the answer.

Money is the root of all evil, but honey is the root of all goodness. Seek both. One without the other won't feel at all satisfying.

You can't love someone you don't know and respect. You can't love yourself like a stranger, even though you're the strangest person you've ever met. That's a paradox. That's a spiritual Catch-22.

To love yourself requires that you know yourself. To know yourself requires that you pursue your passions. And to be passionate about all that you do requires that you be passionate about being yourself authentically at all times.

You may wish to achieve the love you see some others enjoying that you can't attain. But love includes forgiveness of yourself, or you'll never find the mercy to forgive others. Forgiveness needs to be practiced on others. You'll forgive yourself for your previous mistakes if you've practiced forgiveness on others.

Surely, this is what Jesus preached that His disciples didn't fully understand and couldn't fully do for themselves. Surely, this is what straight Christians have been advocating for 2,000 years that they haven't understood about the message from their Jewish God.

Use the Jewish Tutor the Teacher gave you. Life's lessons are too difficult to advance in class without inside help. You don't know you nearly well enough. You don't love yourself nearly passionately enough. And you're not loyal to life nearly soulfully enough.

The Jews use Adonai [Y.H.V.H.] to werk on ourselves. The Christians use Jesus. And the Muslims use Archangel Gabriel. But clearly, no one in the Abrahamic faiths is doing well enough. Just look at the world today [10/2026] as I'm editing this book.

Go back to your past. Edit yourself. Make your diary into a transcript that you can use to pass your final exam. You don't have to do it literarily. You can do it figuratively.

32.
Wooden Heart

Marlene Dietrich sang the German song, “Wooden Heart” in Europe in the late 1950’s. Elvis Presley recorded the song in translation in 1960. The refrain is, “Can't you see, I love you? Please don't break my heart in two. That’s not hard to do, 'cause I don’t have a wooden heart.”

If you subscribe to the main metaphor of Moses, then you’re a tree in the figurative sense of the word. You may not only have a wooden head, but a wooden heart, as well.

If you’re not made of metaphoric wood in the Hebraic sense, then you’re going to have to explain what Jesus meant when He described His container as bread and contents as wine. Then, you wouldn’t have a wooden heart. Your heart would be made of wine-filled-bread. You’d be werking with two symbols, not one metaphor.

The whole premise of Judeo-Christian unity today lies in combining the main metaphor of Moses with the symbols of Jesus. If you can’t accept both figures of speech, you’re living your life prosaically. And if you’re a Muslim werking with the 114 similes from Archangel Gabriel about God, you’re werking blindly if you haven’t plummeted the depths of the Jewish metaphors and Christian symbols given by God before He gave you His similes.

In the early 20th Century, two New World, Jewish, young men [one from the U.S. and one from Canada] came up with a comic strip about a man made of steel [Superman], figuratively speaking. And the imagination of juveniles worldwide hasn’t been the same since.

Today’s modern concept of heroism lies in our ability to unite our body and blood, virtues and intrinsic worth, to become someone we can truly admire. This requires looking at ourself in new, creative ways.

If each of us is a poet who may not even know it, then we’re going to have to explore figurative speech patterns

with much greater conscious awareness of what we're saying if we're going to unlock the secrets of God's words for each of us alone. For surely, His words shouldn't be taken literally with one size that fits all.

If your heart isn't made of wood, then when your penis rises up to stand tall like a steel beam, you'll be able to move from metaphor to symbolism to simile. Then the possibility that your penis is like a key and your heart is like a very special lock will take on spiritual meaning. The two of them were made perfectly for one another, like Eve and the serpent, not like Adam and Eve. This produces the combination of lust and love that will impower you to achieve miracles in your own way.

The key to the Creation Story only makes sense if you recognize that Cain [head] and Abel [heart], like Adam and Eve, will always have their differences of opinion. Good, modern men seek ways to use their scripture to resist killing and stealing by finding alternative ways to approach these differences.

But, if things continue the way they're going in Israel, the orthodox Jews, are going to get more violent. The gay Jews there will need to warn the world about what's happening to our country in the hands of those who don't look beyond our own scripture for insight into God's plan.

The determination of modern man has to be more like steel than wood to survive in this world. Our cynicism, scorn and derision are somewhat helpful in living the city life in the modern era. But who's got patience for fools?

There comes a point when the coldness of metal upon metal isn't what you want to feel inside, or out. This is a paradox in learning about the seven colors of hope from the rainbow that we all paint with from our heart.

Whether your head is made of wood and your heart is made of bread filled with wine, your penis must be able to turn into steel when called to do so. Only then will you be able to paint your inner world with all the colors of the

rainbow regardless of whether others approve or disapprove of what you're doing inside yourself.

To paint your inner world, you must recognize the differences in tint and hue that deepen over time. You must look back at the pastel, emotional colors of youth with a jaundiced eye. For no man remains the boy he once was.

If you want to understand yourself, you'll need to look at yourself in color, not black and white. Haven't we seen enough fighting over a world of Black or White?

Here is a table that will help you see yourself more colorfully:

	Color	**Pastel Feeling**	**Jewel Tone Feeling**
1.	Red	Anger	Rage
2.	Orange	Worry	Agony
3.	Yellow	Fear	Horror
4.	Green	Jealousy	Envy
5.	Blue	Sorrow	Grief
6.	Indigo	Mystery	Awe
7.	Violet	Joy	Ecstasy

33.
Dear Lord

[Grant me patience and give it to me this instant]

Look me in the eyes and tell me that the problems in the Middle East would be the same or worse if all the peoples involved were gay. You know gay men would have solved these real estate issues long ago. And we would have done it with our penis and semen, not with guns and ammunition.

The problem lies with some straight people and their primitive interpretations of scripture. It may be a taboo for a son to love his mother, aunts, sisters, female cousins and his neighbor's wife. But what if he secretly yearns for the love of his father, uncles, brothers, male cousins and his neighbor's husband? What if Leviticus 18 and 20 are trick questions on a test given to you to figure out for yourself? What if the only answer that matters for you is yours alone? Don't tell me the word of God has to be interpreted only one way for everybody. That's what's gotten us into the mess we're in now. You know who you're attracted to. You don't need to have a long discussion with your penis about this.

Patience with others is a lost cause unless you can achieve patience with yourself. And patience with yourself is about doing things one step at a time. Most people are thinking about what they'd rather be doing instead of what they're doing in the moment. Or they're already dutifully thinking about the next thing on their list of things they have to do.

Patience is about doing what you're doing by focusing on what you're doing while you're doing it. And if your mind switches from one moment to the next by thinking about something or somebody else while your hands are still doing what they were told to do previously by your head, you're going to have to think about what you're doing

interspersed with what your head is telling you it plans on doing next.

What's even more complex is that sometimes you're going to be forced to do things in an order that isn't habitual, forcing you to face the irritation of not being able to allow your mind to wander. And that may bring up a need for self-forgiveness that you haven't dealt with before consciously. Such challenges are commonly referred to as "a bad day."

It's easy to admit to yourself that your hands and feet can only do one thing at a time. But when you change thoughts, your hands can't do two things at once, and your feet can't go in two directions at the same time. That's why you may literally trip yourself and fall. That's why so many opportunities slip through your fingers.

That means that your actions, which are already on automatic pilot much of the time, are going to irritate you without you understanding why you're so touchy. You're not going to be able to fully concentrate, and it won't be because your panties are in a twist. It's that your head [Cain] and heart [Abel] are at it again.

What's motivates your mind is, of course, your penis. Your penis can interfere with what your head is doing by way of your heart. And you know that your hands and feet won't be able to maintain their focus if your penis has gotten involved. You can already tell that you're going to screw somebody up [–] and thereby possibly screw yourself over [–].

Self-forgiveness is the hardest, spiritual exercise of all. It requires that your blood [like Abel's] cries up from the ground of your being for you to hear it. If you're waiting for the God of the Jews to tell you that He can hear your blood crying out from the ground for justice, you may have to wait a very long time. [Genesis 4]

God made your mind capable of thinking about the future in the now, so you can think about something that will happen while you're in the process of doing something else.

But your heart, unlike your head, isn't going to talk to you in words. It's only going to address your thoughts with feelings. It's up to you to figure out what you're feeling. I can't tell you what you're feeling, and God may not tell you, either. The only recourse you have left is for your conscience to tell you how unfairly you're treating yourself.

Using your head to do more than one thing at a time is logical. Using your heart to feel more than one thing at a time is rational. You can even believe more than one thing at a time. That's reasonable.

But it's going to take more than being logical, rational and reasonable to forgive yourself if you're the one who's screwing you up [–] and over [–]. But once you can see what your penis is contributing to your plans, it's so much easier to keep an eye on the "antics" of others. Your penis is adding to what you know with what's sensible. What's sensible isn't going to hurt anyone.

The vast majority of the orthodox Jews, rightwing Christians and fanatical Muslims believe gay men are unholy perverts who God despises. Therefore, we have to convince the orthodox Jews that if they've already changed their mind with regard to slavery [Leviticus 25], they ought to change their mind about homosexuality [Leviticus 20], as well. But enticing them with self-forgiveness won't work. Low self-esteem makes it difficult for anyone to forgive himself.

We aren't going to see much progress made by hyper-religious Christians and Muslims until we convince the orthodox Jews that their thoughts, feelings and beliefs are having a detrimental effect on Israel and whether the Messiah will come as planned. Nothing but the Ten Commandments were written in stone.

We'll all be judged for the way we judge others. But that's only for beginners to spirituality. Ultimately, we'll all be judged for the way we judge ourself. And if you don't

know all of you, you'll judge yourself very harshly or far too leniently.

God doesn't make mistakes! If there's a misunderstanding, it's one that you've made with regard to your operating system, not Him.

So why not start by practicing patience on yourself, as painful as that thought may be, despite the state of your self-esteem. Observe yourself changing your mind at the speed of light, while your hands and feet are scrambling to complete what they're presently doing. Watch your feelings struggle to deal with conflicting emotions. And look at how your wants [–] and desires [+] flit back and forth between evil [–]and goodness [+] like sparks flying between live wires.

Only then will you be able to pay attention to the beliefs you hold that may already be on the cusp of self-transcendence. Only then will you come to understand that Moses wrote Torah tongue in cheek to wake people up to their own duplicitous and contrary nature.

Man was made defiant. That's why every man has an anus that he's ashamed of. He never asked to be here. He never asked to be given a body that holds secrets to the meaning in being here.

Life is like a school, but some men don't want to learn. Adam defied God when He confronted him with his behavior. Eve heard what Adam said to God about her, so she merely shrugged her shoulders and blamed the serpent. How do you teach a creature created by God who doesn't want to learn? You do so with metaphor. You tell him all about a forbidden tree in a garden with a serpent in it.

Look at our history. Look at the news. If man wasn't created defiant by nature, we would have cleaned up our act long ago. Mark Twain put it well, "Adam was but human – this explains it all. He did not want the apple for the apple's sake. He wanted it only because it was forbidden. The

mistake was in not forbidding the serpent; then he would have eaten the serpent."[15]

If your mind jumps to another thought, it won't have been your mind that changed your mind. Watching your penis change your mind in its attempt to train you to obey its wants [–] or desires [+] is a fascinating occupation. But, once you can see these forces operating independently and in conjunction with one another, you'll enjoy being you more than before.

Don't let the dog lead the man. Don't get all hyper-religious on me and tell me how you're going to defy everything the serpent in your tree tells you from now on.

You know damn well that the first time you see a pretty face or ass, you're going to want to do whatever your serpent tells you to do to worm your way between those legs. And the same can be said about a cocktail at lunch and a piece of cake before dinner.

The serpent in the Creation Story is described as beguiling because it wants [–] what it wants [–] when it wants [–] it. And if you aren't aware that it's whispering in your heart's ear all the time, you aren't going to be able to separate your thoughts [head] from your sensations [penis]. You're not going to be able to admit that you've fallen in love with your penis and can't hear anything a gay man is saying if he tells you that your penis can also describe what you most desire [+].

Don't play the role of pawn in your own game. Gay men have come out of our closet to tell you to desire [+] what you desire [+] when you desire [+] it. That's not an interpersonal revelation. That's an intrapersonal revelation.

The moral of the Creation Story is that your head [Adam] and heart [Eve] can't help you. You don't have to read all of Torah to learn that much about the pursuit of wisdom before the pursuit of love and then loyalty. Defy your own defiance

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[15] Pudd'nhead Wilson, 1894.

by becoming complaint with yourself. Recognize the difference between wants [–] and desires [+]. Recognize that much about how Torah teaches you to do so.

Sleeping with men isn't defiant. It's self-compliant. But that's only what every gay man learns by coming out of the closet. Come out of your closet in the way that your Jewish Tutor is telling you to. Jesus and Archangel Gabriel are Tutors with messages that augment the message of Adonai. They don't contract it.

First my boyfriend was my soulmate. Then I became my soulmate. Then I thought that Y.H.V.H., the God within me, spoke from my conscience like a burning bush in my breastplate. Then He spoke to me from my heart, like a holy man. Then He spoke to me from my soul, like an angel.

My Soulmate went from burning bush, to man to angel disclosed. I no longer felt disguised. I no longer feel that my Tutor is just a guide drawing me toward our Teacher. I feel that my Tutor has become my Soulmate on the most extraordinary journey imaginable.

I know that what you most want to know is how to find a soulmate. That's what I'm here to teach you. I'm not trying to convert you to Judaism, Christianity, Islam or make you gay. I'm trying to help you use the faith of your ancestors to achieve the meaning of Soulmate from within.

34.
Eve's Leftovers

Your head reflects the wisdom of your heart. But you'll always be stuck with Eve's leftovers. [16] Your feelings [Eve] have much more to say about your actions than your mind [Adam] might like to admit.

Your serpent tempts your wife [Eve] to try new things. S/he experiences joy when your best friend [serpent/penis] desires [+] some things. But s/he experiences smugness when your best friend wants [–] other things.

Eve didn't tell Adam what she was experiencing in words. She told him what she was experiencing with feelings that Moses didn't describe. So, it's up to your mind to question whether you're feeling joyful or smug, and, from that, determine whether you're munching on a fruit that's good [+] or evil [–].

Your woman/wife [Eve] knows that smugness is associated with autonomy, orneriness, condescension and defiance while joy is associated with freedom, liberty and emancipation. But s/he also knows that the fruits from the tree of knowledge within you are surreal. They more real than the fruits of your labors because figurative speech [metaphors, symbols and similes] is more real than anything around you.

Your external world is real. Your internal world is surreal. Your external world can only be known with science. Your internal world can only be known with spirituality [the combination of religion, psychology and self-knowledge].

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[16] "When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it." [Genesis 3]

This, your heart learned from the first bite s/he took that s/he may have omitted to tell you. This, s/he probably assumed you'd learn of your own accord.

That was her mistake. What s/he knows intuitively that s/he hasn't taught you are the words "please," "thank you" and "I'm sorry." You probably only use those words sparingly on others and hardly ever on yourself.

Your mother and father only taught you how to please them, thank them and express your sorrow to them. They didn't teach you how to apply those lessons to yourself. And now you may be left with no relationship to speak of with God, and a piss-poor relationship with yourself.

But what can you do about it now; cut out your heart or dismember your penis? It would be better that you learn to forgive yourself for having to learn new things the hard way.

It's your conscience that will bring you to this decision, not your thoughts, feelings, sensations or beliefs. You have to learn the outcomes of the fruits of your inner labors on your own. And then you have to discover the unpleasant real-world consequences of dealing with reality as it is.

35.
Reverse Psychology

The Creation Story is only the first of many exercises in Torah in discovering the importance of reverse psychology. God tells us what not to do in His attempt to get us to decide for ourself whether we're going to do it anyway. Telling people what to do doesn't often work. They're all as defiant, contrary and obstinate as young children. You've got to teach them to recognize their willful nature. And then you've got to give them the tools to discover right [+] from wrong [–] for themself.

God wants us to think for ourself. He wants us to learn to discern the difference between happiness and arrogance. Once people get a bug up their ass, there's no stopping them. They'll scrutinize everyone's butt for bugs, whether you want them to stick their head up your butt, or not. They never bother to look up their own butt for bugs.

In the greater scheme of things, good leads to love [+]. Mistakes made, and corrected, lead to wisdom [+]. If you want to graduate from this one-room schoolhouse with a spiritual education you can be proud of, you're going to have to become at least wise [+] and loving [+]. Although I recommend you become loyal [+] as well.

If you don't use your logical mind, rational heart and passionate penis to determine your actions for yourself, you're always going to feel like a pawn in somebody else's game. You're going to feel needlessly guilt-ridden or repressed because you won't be able to make moral decisions for yourself without worrying about survival in this cruel, urban jungle we were born into. You're going to feel like prey more than you're going to want to pray.

Life is a contest, not just a school. But the only contestant is you. And the only God you'll ever come to know is the God within you. The God of us all is beyond us all. He isn't just nameless and formless. He's inconceivable. When the

God within us and the God around us meet, I suppose that's when we'll realize we're dead. Then, there's no longer a body between these two aspects of God. We're an extinguished flame. We're like a puff of smoke. The fire has gone out.

The pressure to compete with others creates myriad forms of psychological bondage that cause us to feel defeated and frustrated. Precisely because we sometimes feel like a loser, we shouldn't have slaves, even though the ancient Jews were told they could. That's also why our secret love of men is no longer a secret. There's always at least one penis you're going to be tempted to love [your own].

So, think for yourself. If humanity did some things incorrectly in the past, internalize those lessons. You don't have to reinvent every wheel.

Take risks. Make mistakes. Wisdom is worth the pain of suffering because experience leads to self-intimacy and self-intimacy is what leads self-love.

If you're Christian, self-love leads to the Self-love of Jesus. If you're Muslim, self-love leads to the loyalty to God that Archangel Gabriel transmitted to Muhammad. If you're Jewish, you're going to desire [+] what others have. If your gay, you're going to desire [+] what God gave you that's separated you from them.

36.
Thinking Like a Ballet Dancer

Dancers are considered stupid compared to musicians. Musicians make a lot more money, and musicians don't sweat nearly as much while they're working. Musicians can practice by themself, which is hard for dancers to do. Dancers are always stuck having to practice and rehearse with other dancers.

That said, musicians don't stretch themself. Do you know anyone in any profession who's as limber as a dancer?

The ability to stretch your limbs is a skill that can be applied to your thoughts and feelings if you've got a good imagination. Once your head and heart are limber, your urges will increase in flexibility of their own accord.

When I realized that I wasn't going to become a world-famous ballet dancer, I had to ask myself whether the social conflicts I was going through as a member of a dance troupe were worth all the suffering those cranky m.f.'s were causing me.

When I became an English teacher, I considered every class period a team, and my teams' efforts to win, a joy, despite the governing body [administration] I could only rarely respect that oversaw our efforts.

It wasn't teaching kids that made me give up teaching. When I found myself getting in trouble with one administration after another, I realized there was an anti-authoritarian in me that turned teaching into a real drag after ten years of fighting schoolboard bureaucracy just to help my kids grow up realistically in a world such this.

Then, I went into business with my former boyfriend. But in owning a company, I discovered I still couldn't get along with the boss. And I was the boss!

That's when I realized that I was an anti-authoritarian, not an anti-Authoritarian. That's when I realized I had a problem with people, not with God.

My father had been a Jew who loved Jews but hated gays. My mother had been a Jew who loved gays but ridiculed Jews. And I was a gay-Jew who felt ambivalent about both.

That's why I had to learn to ask myself for permission to love myself. That's why I had to learn to know myself in the Biblical sense of the word in order to talk to God just as intimately.

37.
Smugness

Hyper-religious, straight men can't be tempted to have sex with other men. Neither can gang members. They're not into sexual exploration of their penis envy. They're too worried about it swelling with pride over reaching out intimately with another man. Many of them don't even wash their anus because they don't want to have to think about a man touching them there. That brings up feelings of embarrassment, shame and humiliation [guilt].

Hyper-religious men and gang members are, in my opinion, sadomasochists who get turned on by hurting men who love men. I see them as also getting turned on by hurting women who are loyal to gentle men. The more a man behaves like a gay man, the more excited it makes the hyper-religious and gangsters want to screw people like us over.

Some men make the mistake of cheating on their wife. But what I think they really want to do is kill their father and rape their mother to teach both of them a lesson. Beneath adultery lies a very sick and twisted, little boy who resembles Oedipus on steroids. He's motivated by vengeance to teach his parents a lesson they'll never forget.

For some of these men, guns become their delivery devices, not their penis. Ammunition becomes a substitute for semen that they want to inject into strangers to recover the dignity they lost in childhood through poor training by their parenting.

Perhaps they understand the lethal dangers of life in the urban jungle better than you and me if their father figuratively threatened to kill them for their disobedience. Perhaps, they've turned into a Frankenstein in the modern world. The creature [persona] they create externally mirrors the conflicts of the man they are on the inside.

Saving Israel from patriarchy is harder than it looks. The Israelis lean toward their father for safety and their mother

for comfort. The gay Israelis are trying to teach the straight Israelis to lean toward their mother for safety and their father for comfort. This will transform how their neighbors will have to behave. This will force every nation on Earth to reflect on how to behave toward their own citizens.

When your parents loathe something about themself, you can be sure that you'll loathe that, too. But you may not loathe it externally. You may loathe it internally and unconsciously, instead. You may find yourself hating something about yourself, a secret that you'll keep from yourself. You may even gang up on yourself and exclude that part of yourself in your mind's eye. This is what I learned about alcoholism, sex and drug addiction and co-dependency when I stopped trying to kill myself and sought self-help instead.

Unless you can stand back and watch all that's happening in real time from within, you may think there's something you absolutely have to do to change the external world to make you feel better inside. This can turn into a mission. But it can also turn into an obsession.

Gangsters and the hyper-religious can't be tempted to acknowledge their S&M obsession with meek men and loyal women. They have to express it unconsciously and indirectly. They desperately and urgently need [–] to steal something out from under us that they're terrified of indulging in. And because that urge is unconsciously projected out onto the external world, they do everything in their power to make us as unhappy as they can. This fixation makes them smug.

This preoccupation is obvious in billionaires and governments that oppress the masses to exude our money and repress our honey. This bad behavior is also obvious in religious leaders who demonize those of other religions. It's especially obvious is straight men who are obsessed with what gay men do in bed.

You'd think that if the hyper-religious really believed that God is merciful and forgiving, they'd just ignore us and leave it to Him to help us. You'd think that gangs would simply focus on stealing by cooperating with other thieves.

Their hatred and need for revenge has everything and nothing to do with studying scripture or making money. Clearly, their penis is whispering things [–] in their heart's ear that are overwhelming their thinking with diabolic designs they can't control.

They're smug about being contrary, defiant and irrational. They have no appetite for joy. The thought of experiencing ecstasy from their own company is laughable in their eyes. But when you listen to their laughter, you can hear that they're not joy-filled. Their laughter is hollow. It's comprised of glee.

The corporate world is based on turning honey into money. Capitalists pay busy bees to produce honey for them that they sell at a profit. They miss the spiritual perspective entirely. Some bees produce honey in the form of wisdom. They use self-knowledge to achieve a love [+] of what can be done with money. They're aren't into the lust [–] for money. This is why money is never enough for capitalist pigs. Eventually, they all turn into gang members.

Cutting off the head of the snake isn't going to stop their bodies from continuing their mindless actions. Evil regenerates its intentions generation after generation. While we correct our mistakes [+], evil finds new ways to make mistakes [–]. This is why God had to intervene to stop Pharaoh. This is why He has intervened in the past [history] and why He intervenes today.

Homophobia is the greatest example of Biblical defiance after Adam and Eve's exploration of the self. Homophobia is the essence of wants [–], without desires [+]. Homophobia, like antisemitism, anti-Zionism, racism and misogyny promotes patriarchy, leadership by men [x or y].

But homophilia is the greatest example of Biblical compliance. It promotes matriarchy [z]. It promotes the feminization of men. This unites us through our mother, rather than divide us through our father.

Antisemitism fears that Jewish penises will swallow non-Jewish penises, just as Moses' snake swallowed the snakes of Pharaoh's magicians. [Exodus 7:12] Anti-Zionism fears that a Jewish state will enslave all other states. Racism fears that your penis isn't good enough because of a flaw in God's design. Misogyny fears that your mother isn't as good as a Jewish mother, but even a Jewish mother is a descendent of Eve, and therefore untrustworthy. And homophobia fears that gay penises will destroy everything civilization has achieved in the past 5,000 years.

The orthodox Jews tempt their children to study Torah by giving them candy. But those children become addicted to sweets. They don't learn where the candy ends and the milk and honey begins. Getting them to figuratively eat their broccoli [from the head down to the stem] becomes harder than it looks…

It's only when you internalize the seven deadly sins that they magically turn into virtues:

	External	**Internal**
	–	+
1.	Pride	Self-loyalty
2.	Greed	Hunger for inner wealth
3.	Lust	Self-love
4.	Envy	Seeking your secrets
5.	Gluttony	Hunger for self-control
6.	Wrath	Anger at your errors of judgment
7.	Sloth	Keeping your inner Sabbath holy

Homosexuality isn't a choice any more than heterosexuality is. No two penises are alike, just as no two heads or hearts are alike.

But sexual repression isn't a choice, either. If you've been raised in an environment where any and all forms of femininity are interpreted as weakness and deemed taboos, you're going to have to repress any tendency to get an erection from encounters with males. In such a world, every Jew is weak and feminine, and anyone who agrees with a Jew is weak and feminine, too.

At least the BDSM community can express their violence in socially manageable ways that lead to orgasm. I imagine that most gangsters and the hyper-religious don't even allow themselves that option!

I experience lust many times a day. I feel a slight swelling in my groin every time a good-looking guy does something nice for me. But I know how to control it. I'm not worried about exposing my physical stimulation because my mind isn't worried about defying God merely because I got a little turned on.

Men who are raised in families where the consequence of exploring feminine urges is strictly controlled with psychological threats become sexually repressed. And that's most obviously exhibited in gangsters and the hyper-religious. But the corporate "yes" man isn't any different.

You can especially see this repression at werk in orthodox Jewish men who are so sensitized to the voice of their penis as it whispers to their heart that they won't even shake hands with a woman because of how violently that encounter of flesh-on-flesh messes with their head. They've been turned into hyper-masculine, latent homosexuals who have to hide their penile urges from everyone. I met some of them in Independence Park late at night in Tel Aviv, Israel.

If you look at rightwing Christians and fanatical Muslims, you'll see that the same struggle is true for them. Their hyper-masculinity needs to be displayed through violence and opposition to kind, gentle men.

Homosexuality and heterosexuality are desires [+], not wants [–]. When you feel allowed to express your urges

without fear of retaliation by your others, you discover what a gift from God a penis and anus can be. Even if you "only" use your butt to eliminate food, not figuratively to infuse food-for-thought, you know what a delight that sensation can be.

You're ready to put down your sword and seek a plowshare. I can't help you survive in this urban jungle. But I can help you werk to live in anticipation of Life after life.

Antisemitism, anti-Zionism, misogyny, homophobia and racism are wants [–], not desires [+]. They're particularly prevalent in societies where the men have been repressed as children. When parents don't learn about the secrets they hold inside, their children expose their secrets for them.

This produces explosions in families that reverberate through society. Then society has to react either by clamping down with conservative strategies or with loosening up with liberal strategies. History advances with or without understanding the underlying spiritual issues. But the mystery of the part you play will remain unconscious unless you werk on yourself.

Paradoxically, mock affection between men is regarded as highly desirable in hyper-religious societies. These men and boys need constant male-on-male affirmation. But behind their jocularity lies terror of stepping out of line. Their displays of "male intimacy" are actually highly choreographed and restrained.

Beneath jock mentality lies very insecure fellowships. [17] It's those males who move fluidly across gender stereotypes

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[17] In stereotypical usage, "nerds" are guys who are good at academic subjects, especially math and science, but they're supposedly not very adept at throwing a ball. "Jocks" are guys with an abundance of physical skills, but they're often portrayed as thugs who aren't too bright. I think that most nerds and jocks have werked their way through some of their penis problems. It's gangsters and the hyper-religious who

who make the best husbands, fathers and productive citizens in society.

The hyper-religious don't want anyone to discover how dirty and perverted they feel inside. They don't want to learn that the difference between good [joy] and evil [smugness] figuratively begins in their pants, not out in the world. They don't want to discover the power in those adorable fruits between their legs that hang down temptingly for them to figuratively pick, so that they can read themself like a good book.

Picking forbidden fruit literally is castration. All other interpretations of the Creation Story are figurative. What happens within you sets the stage for what will happen around you. If you're only interested in chatting about the weather, you're missing the incredible weather patterns [emotions] that come with living your life from within. This is the essence of the self-seeking life that leads to God-consciousness.

The hyper-religious are as terrified of us as gangsters are of the police. They're terrified we'll discover that we have the balls they're missing. They only want to promote automatic rifles [metal penises] with unlimited rounds of ammunition [metal semen]. They only want to use their power to steal what we have, while we dream of using our power to make love more ardently.

What do you think God prefers, smugness or joy?

Who do you think God prefers, men who promote killing and stealing or men who promote loving men and only stealing affectionate glances?

I think these questions are no-brainers. I think you can answer them from your heart. You don't need your head for

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express male-on-male encounters smugly. They're terrified of what "mommy" and "daddy" would do to them if they knew how their son secretly feels inside.

this. And you don't need me to prompt you to find the answer that feels right for you. Such outcomes are easy for those who use their heart in conjunction with their head and penis to influence their conscience to do what's needed to become soulful.

38.
Joy

When I was young, I couldn't love myself because I couldn't have an emotional first-person relationship with me. When people cried, I cried. When people laughed, I laughed. That's what I considered expressing feelings. That was the only evidence I had that I was a person with feelings.

You're already doing much better than this son of a slave. You may be Black on the outside and blue within, but your heart hasn't been literally broken. Your heart is only getting hotter and hotter. It's only discovering what the jewel tones of a rainbow look like inside yourself. You're discovering what it means to be enraged [red], agonized [orange], horrified [yellow], covetous [green], grief-stricken [blue], curious [indigo] and ecstatic [violet].

You're the American dream personified. You're the red-blooded American who wants to see all good Americans empowered. You want to see Muslims and Jews get along. Your heart isn't melting for those who scream out that they haven't been given what they deserve. You heart is melting for you and what you haven't been given that you deserve and desire [+]. You wish to see the adult in you rewarded, not your inner parent or inner child.

Once you understand how enraged you are by the injustices perpetrated by the monetarily rich against the spiritually rich, you're going to get a lot smarter about how you interface politically, socially and sexually in your effort to create a spiritual foundation for change. And you'll have your self-love to thank for it.

The issue at stake boils down to cowardice. If you're afraid of yourself, you'll leave your house every day worried about the bullies around you, while overlooking the need to transcend the bully within.

You'll blame your penis instead of blaming your parents for raising you with so little understanding of the value of life, even if they expounded upon the meaning of life.

The secret to joy [violet] lies in overcoming the negative voices inside of you that tell you you're despicable because you behave like a faggot [gay] or a kike [Jew]. Until you can acknowledge those voices and ask God to help you understand the complexity of how He made you like us, you're going to take some aspect of your scripture literally, not figuratively. And you'll pay a price for that.

You need to make your way through the Renaissance, Baroque-and-in-debt, Classicism and Romanticism by joining the Modern era. You need to recognize how important sex is to you. If you don't learn to use your passions to carve your life like clay, you'll turn to stone. Stay malleable, like wet clay. Don't go into the kiln until you're dead.

39.
Why Marriage Equality Was No Joke

Marriage equality was a joke when I was a young man. When they told us we needed the freedom to marry one another, we snortled. That's how young and stupid we were in the 1960's and early 70's.

But marriage equality is only the tip of the spiritual iceberg. What we're moving toward now is a Black, lesbian pope. Granted, she'll have to be Catholic. And she'll have to be a priest. But once she can become a priest, you know there'll be no stopping her.

You may snortle at the thought of the need for a Black, lesbian pope. But all the hyper-religious Christians [Protestants, Catholics and Eastern Orthodox] are truly terrified that this may someday happen.

They're porcelain. They're brittle. They easily chip. They think of themselves as bone China, but their boner will never be a spiritual part of their being. They're terrified of sex. They're worried that their conscience will never be able to manage their penis. Whether they come from their head, heart or soul, they can't unite their thoughts, feelings and beliefs. Negative sensations will always dominate their being. They'll break the 6th through 10th Commandments.

Miracles like marriage equality have already happened. More miracles are in the werks. Follow your desires [+]. It's your desire [+] for a Soulmate that's motivated you to read this far in this book. Your desires [+] have the power to produce miracles, with God's help. Believe in yourself. Believe in that part of yourself that told Eve she could be like God. You can strive to do that, too.

40.
How to Infiltrate the Hyper-Religious World

The rainbow coalition isn't going to make inroads into churches and mosques until we first achieve marriage equality in the synagogues of Israel. Until gays can marry in the Holy Land, the orthodox Jews will maintain their stronghold on the direction of all the world's hyper-religious outlooks using resentment and blame for us daring to take Torah figuratively and modernity literally.

The spiritual distance between the hard-hearted pharaoh and the melting-hearted Israelite slaves was but a microcosm in Torah that we're seeing actualized today. The pharaohs are everywhere, not just in Egypt anymore. And we're the Israelites, you and me. Now you can see why they don't want us to study scripture with them. Now you can see why they want to keep us out of their houses of worship altogether. This is the only way they think they can maintain a monopoly on "righteous" behavior.

I went to Israel to marry myself. Do I have to go to Oslo to give myself the Nobel Peace Prize? I'm not brilliant! What I'm telling you couldn't be more obvious.

Jews brought the word "thank You" into the spiritual lexicon of the world. The word "Jew" means "thankful" in Hebrew. But we couldn't bring the word "You" into existence because God has no name. And without a noun you may have difficulty envisioning a pronoun for Him.

The ancient Jews knew the word, "please." They learned how to ask God rather than steal, like all their indigenist neighbors. But Jesus brought the word "You" into the spiritual lexicon. Then, the ancient Jews were able to say "please" and "thank You."

The modern world as we know it doesn't have the answer to the basic issue presented in the Creation Story: theft. Stealing is a crime, whether you're a literal or figurative thief. None of us can give back the self-knowledge we've

taken. We can only give back the material things we've stolen.

Calling the Jews thieves who've stolen Palestine out from under the Muslims is a sick joke. But what to do about spiritual thefts is a real issue.

Humanity has learned the word "please." We've learned the words, "thank You." But what we need to learn are the words, "I'm sorry." This will be the Islamic gift to the world that the world doesn't yet understand or appreciate. The Muslims will have to apologize to the Jews for trying to steal something that was never theirs. When they learn the words, "I'm sorry," the whole world will respond, "We're sorry, too."

We're all on this great adventure together marching to a land of milk and honey within us. But each of us has to begin by becoming a Moses, Jesus and Muhammad unto ourself. Those who are so exclusive that they don't want to appreciate how gay people contribute to society in a mysteriously unique and awesome way will not be able to come [cum] along.

We are the meek. We are the Jew du jour. We are teaching the world to be thankful to people; appreciative of ourself; and grateful to God. [18] The land of milk and honey lies within our grasp. But the slavedrivers will have to live in their own enclaves. We can't allow them further access to

[18] The word "Jew" comes from Biblical character Judah [Yehuda] who realized his mistakes, corrected them and then thanked God for having been given the opportunity to do so. "Yehudi" [Hebrew: my Jew/my Judah/my thankfulness to God] comes from the Hebrew cognate "thank." But don't expect to be able to thank Him until you've learned to thank yourself. Self-appreciation comes before gratitude to God. If you can't see what good you're doing with what you know, your cup won't ever overflow with gratitude to Him.

the power we hold. Democracy is the only way to turn our spiritual achievements into concrete promises.

The thief must be banished from our heart and soul until we learn more about our own names for God. We have to verify what we claim to know about right and wrong with evidence in our actions. Our word must be good [+].

We must make our mission a conscious struggle of the forces of spirituality against the forces of hyper-religiosity. We must continue to make our individual mystery a contribution to history.

We must admit that what was once His story is now Our story. We're participants with God in making history. Soon every generation will be able to ask the God within them for what they want, using the words, "please," "thank You," and "I'm sorry."

The ancient, orthodox Jews defied the ancient, liberal Jews who wanted temples all around the Mediterranean where they could sacrifice animals locally. The ancient, liberal Jews didn't want to have to go to the Temple in Jerusalem once a year to make their animal sacrifices. They'd moved too far away from Israel to make that trek convenient.

Jesus overturned the tables in the Temple where the Jews who lived far outside Israel came to exchange their money to buy animals to slaughter. Jesus knew that the orthodox Jews who held the monopoly on animal sacrifices were thieves who'd never give up their religious "business."

Many of today's orthodox Jews are conspiring to renew Temple practices. Every so often a hyper-religious sect goes up to the Temple Mount to sacrifice a goat to the dismay of the civilized world.

The orthodox Jews have the right to practice their faith any way they want in synagogues, but not on the Temple Mount. And they don't have the right to force us to practice our faith their way in civil society, either. The way they're

trying to return to the top of the tabletop mountain of faith is disreputable.

Although God gave Israel back to the Jews, that doesn't mean that He wants to see animals sacrificed in place of embarrassment of our body, shame of our character and humiliation at our scheming and conniving inclination to steal from Him.

For this reason, I believe that the Al-Aksa Mosque should remain in place over the Foundation Stone as an historical reminder to the orthodox Jews and the world that all straight people everywhere are more guilty than any of them think.

That said, Jerusalem must always remain in Jewish hands or peace will never come to that city. Hyper-religious Jews, Christians and Muslims can't be trusted to preserve Jerusalem's peace or peace anywhere in the world. Their past record is abominable.

The foundation rock in you is figuratively located in your breastplate. It's a marker of where the flame of life emerges within you that you use to control the world around you with your conscience to the best of your ability.

Your breastplate is also the site of the burning bush in you. This is where the eternal flame in you lives. Your soul lies to the right of your burning bush. Your heart lies to the left of it. As you look down from your head, which is your temple mount, you orient yourself to your inner Jerusalem. You see Moses in your mind, Jesus in your heart and Muhammad in your soul. But all your actions come out of your breastplate. This is the place where the God within you leads you to righteousness.

The Prophet Muhammad was approached by the Archangel Gabriel to receive the Quran in his heart. This was because Muhammad had, as yet, no soul. Gabriel took him from his heart over his breastplate to a third place in inner space. Archangel Gabriel made it possible for Muhammad to become soulful. This is how he went from Mecca to the

Jerusalem to God's realm to discuss scripture with Moses and Jesus, all in one night.

Your power doesn't lie in your testicles. It doesn't lie in your head, heart or soul. These are literal locations for something that has no literal correspondence with who you are. Who you are is a flame with a name. That's all we know about ourself. The rest must be discovered experientially.

Just recently [2021], orthodox Jewish men ripped the prayer books away from women praying at the Wailing Wall. These misogynists don't believe orthodox, Jewish women should have the same human rights as orthodox Jewish men. They don't believe gay men should have the same religious rights as straight men. And they certainly don't believe Muslims should have the same civil rights as Jews.

Some orthodox Jews believe they're superior to everybody, including Jesus, who was, ironically, a Jew, too. But look at the rightwing Christians and fanatical Muslims. Many of them are worse.

I suggest orthodox Jews, rightwing Christians and fanatical Muslims who've experienced a transcendence of their conscience wear a rainbow Star of David armband to express their support of gay people. I suggest they fly the rainbow flag above their institution of prayer. And I suggest gay people do the same to show our support of Israel. That would be far less cumbersome than a mask, but that, too, would save innocent lives.



41.
A Man with a Mission

Until you understand your mission, you won't know what you're missin'.

If you want a spouse who'll be loyal to you, you're going to have to know yourself, love yourself and honor your parents by becoming more peace-loving and less repressed than them by expressing your loyalty to God through all your actions in ways that are psychologically honest, sincere and authentic.

God didn't command us to love our parents. He commanded us to honor them. Love yourself. Honor your parents and your traditions the best way you can without repeating past mistakes. Then you'll find wonderful ways to express your loyalty to life through all that you do.

You most wish for a life affair with another man. You yearn for a relationship with him that expresses more than your parents were able to express in their loving relationship with one another. This can't happen if you love your parents. You must honor them, and like your partner with all your heart and soul. In this way, you two will evolve naturally. In this way, you'll model for the world how to evolve spiritually.

My parents only knew how to care for my container. When it came to my contents, they did the best they could. But they wanted to do better than their parents. You must do the same by doing better than your parents.

When it comes to honoring people in high places, I'm cautious. I don't want to perpetrate the suffering I perpetuated on myself for so long. Honor but verify.

I don't want to lick every penis that oozes pre-cum tasting of money, power and prestige. I don't want to dance around anymore golden calves.

A "Yiddishe kopf" [Jewish head] meant "sneaky Jewish motives" before the Holocaust. Now we know why the Jews

had to be sneaky. The European Christians had been so brainwashed by religious hatred that they wanted to kill every gay and Jew in Europe. Today's fanatical Muslims want to do the same to every gay and Jew in the Middle East. If you don't develop a Yiddishe kopf, you'll be very sorry about how things turn out for you.

Keep your Christian heart. Keep your Muslim soul. But allow your head to seek the wisdom of the Jews. I guarantee that this will make your penis happy. When your thoughts, feelings and beliefs are filtered through your conscience, your penis will only yearn for what it desires [+].

You'll never find a man whose mission is exactly the same as yours. But you can find someone whose mission is compatible with yours if you use your head and don't just seek someone who gives good head.

If you think that sacrificing animals to God will assuage you of your guilt, you'll find yourself on the wrong side of what was once only a Jewish struggle for wisdom as we were making our way through guilt using the words God gave us alone. Today we have the ability to learn how to use all the words God has given humanity.

Human beings are animals, too. And history has shown that men can't stop just by sacrificing animals to their name for God. They always end up sacrificing men, women and children, too.

Now that the whole world is facing the consequences of global warming, killing off all the animal species we depend on, especially the bees, has become linked with suicide. Now the big questions are all coming home to roost. The only relevant question is whether you're too chicken to face them. Is your heart human or foul?

These are today's puns and priorities that you ought to address. I'll help you do so because I don't want to see you lonely, upset and confused. I don't want you to end your life with your middle finger pointing up to God about what you thought of the concept of creating life on planet Earth.

You have the power to become a king or queen in God's kingdom. But you may only be a prince or princess at this time. You must learn mor about yourself as you make your way up to the top and across the mountain of faith. Then, on your way down, you'll have a lot to teach.

If you love others more than yourself, you'll become obsessive. If you don't honor your parents and others, you'll become selfish. And if you don't put God last in line, you'll become a dogmatic hypocrite like the rest of the "gangs" out there. How you treat all those between you and Him is your choice.

Now you know my order of priorities. Decide for yourself if your gay, hippy yenta is steering you in the right direction.

What you see in politics and religion today is the reverse of what I'm advocating. They put God first, others next and themself last. This is why their political parties and religious convictions are fraught with hypocrisy and failure. This is why I accuse them of being suicidal. It takes one to know one. Been there literally. But I'm done with that.

42.
Consciousness-Raising

God came to the indigenists first. He gave each of them a different face. And with it, they faced the world as best they could in their day. They projected their assumptions about individuality onto gods in nature. And they did their best to prioritize their gods using war to determine which god was the strongest.

Then God came to the Hindus and gave them the ability to contemplate their navel in the spiritual sense of the word. With the ability to reflect on themselves in that one way, they realized they were all born from a woman who'd been hand-picked for them. They weren't like animals in nature that simply use their parents and then move on to live a selfish life of their own.

Because the umbilical cord is cut, forcing us to receive food by mouth, ancient Hindus recognized that separation from mom is a mysterious facet of life and wound given to us by God to explore and heal. They became discriminating in relation to the virtues of their gods.

Because they realized that all human beings suffer the pain of separation at birth for the rest of their life, they concluded that there are countless gods moving in the direction of one formless God [Brahma].

Then God came to the Jews. Through Moses, we were brought into our head [conscious mind] spiritually. Our God has no form either, but He also has no name when He comes to us within. We don't fight over names, shapes and sizes of God. We fight over principles.

One of us, Jesus, later implored us to get out of our head and into our heart [subconscious mind]. He realized the power and importance of emotions in determining right from wrong. He revealed that principles have a lot to do with feelings. Principles aren't just based on external concepts that are based on knowledge of external circumstances.

Later, the Prophet Muhammad implore the Arabs to get out of their head and heart and into their soul [unconscious mind]. He realized the importance of developing a conscience based on an even more expanded understanding of the one God who created us all. He expressed that with 114 similes for God. Those similes are the 114 chapters of the Quran. With Muhammad's perspective, you can plummet the depths of yourself to determine God's intentions for you alone.

But in the sunset of childhood, every boy and girl dips down below their face, head, heart, soul and navel to discover the serpent [or worm] whispering in the darkness within them. This path was elucidated by the Buddha who was surrounded by Hindus. He only spoke about wants [–] and desires [+]. He brought a philosophic system into place that addressed the cause of suffering. And he promoted ascension of consciousness through reincarnation until the individual achieves Nirvana – the extinction of the flame.

I know Nirvana, having blown out my flame three times. I know the suffering of urges [–/+], and I know the guilt that ensued. Nirvana is achieved by augmenting, rather than extinguishing, your flame.

Then, nearby in China, Lao-Tzu realized that our anus can also figuratively speak. He came down from his head through his backbone to produce an awakening through the Tao. The Tao is "the Way." The Tao was created by God with 16 qualities to describe Himself as both male and female. Herein lies the mystery of paradox and why an exit [anus] can also be used as an entrance. You don't need to go up to God. He'll come down to you. Herein lies the secret to paradise [pardes]. The world to come isn't above us or below us. Look within. It's not inside of us, either. Faith holds no place in inner space or outer space.

With conscious [head], subconscious [heart] and unconscious [soulful] awareness of how you were created in God's image, you learn to command yourself [–] and serve

yourself [+]. You learn how to give the fruits of your labors to yourself, others and God, respectively.

If you want [–] what you want [–] in the outer world, you're going to have to learn how to operate your inner world by pursuing your desires [+]. That can't be measured in money.

Spirituality was revealed to humanity chronologically using:

1. Skills implied in the unique configuration of every face
2. Discrimination that comes with having a navel
3. Wisdom that figuratively emanates out from your head
4. A desire [+] to overcome suffering that cums from your penis
5. Paradox imparted by developing a backbone.
6. A love that shines from your heart
7. And a loyalty to you that burns in your soul that you have the capacity to then give to God

Rewards and punishments will move you like carrots [+] and sticks [–] every day of your life. But if you don't question what's happening to you in the world we share, you're not going to make the progress you need to succeed in your inner world, which you probably think of as entirely private.

But your private is giving away secrets that are private every day of every year… It's time you listened to it. It speaks louder than you think.

43.
The Eastern Faiths and Philosophy

Hinduism and Taoism are faiths. Buddhism is a philosophy. Buddhism doesn't believe in the concept of gods. Buddhism presents us with the tools to overcome suffering, but not guilt. With the healing of suffering and avoidance of it in the future, we develop faith in ourself.

But focusing on the suffering figuratively caused by your penis [–/+] doesn't discount the importance of Hinduism and Taoism. Knowing the difference between good [+] and evil [–] doesn't exclude you from the pursuit of wisdom, love and loyalty to life. Therefore, the Eastern faiths are responsible for helping the Western faiths achieve faith in the one God who created us all.

Hinduism focuses on the inner force of contemplating in contrast to the inner forces of thinking, feelings, sensing and believing. Hinduism contemplates our navel, our disconnect with our mother and our search for something even greater to connect to. Without contemplation, we can't internalize our search for the meaning of our being.

Taoism meditates on the virtues of gods and goddesses. Meditation practices existed in China before Buddhism arrived. Taoism [the Way] explores the paradox between our two worlds as a gateway to perceiving the paradoxes created by the forces struggling within us. The good [+] and evil [–] that we discover within us challenges us to change our mind. Doing so transforms our feelings and aids in transcending our beliefs.

The backbone you achieve from figuratively growing up will keep you standing tall like a tree with a large trunk. This figurative growth will connect your roots [ancestral origins] with your boughs, branches and twigs [knowledge of the world]. Inner growth brings meaning to the flowers [spiritual achievements] you produce and the fruits [–/+] of your

labors. The taller the tree, the deeper the roots. The sweeter the fruits, the closer you draw to our Creator.

Your penis and anus are hollows in your tree that act as exits. Your mouth is an entrance. What comes out of your mouth can be virtuous or vile. The same is true of your penis and anus.

All three speak. The words that come out of your mouth and the sounds that come out of your anus must not sound similar. If your words stink to high heaven with hate, you know that you're figuratively inverted. Discerning wisdom from asinine foolishness is the key. Using your penis to unlock the secrets in your heart is also a key.

Every human being on the planet feels humiliated when their anus is prodded and penetrated by another person. Humiliation is the deepest aspect of guilt. The purpose of punishment is to humiliate us until we choose to question our behavior. But because humiliation is so personal and causes such suffering, we've been taught to avoid anal penetration sexually in an attempt to avoid humiliation.

The Temple Mount is literally solid rock. But it's figuratively transparent. You can figuratively walk through solid rock from the Wailing Wall to the underside of the Foundation Rock deep inside that mountain.

Abraham was humiliated by an angel to stop him from sacrificing Isaac like an animal on that rock. Moses, the author and main character in Torah, was humiliated by not being allowed to enter Israel at all. Christ was humiliated in a garden near the Old City on the cross. And Muhammad was humiliated by having sex with a child after all that he'd learned about loyalty from Archangel Gabriel.

You can figuratively look up from the underside of the Foundation Rock to perceive these truths. You can unite history with mystery by seeking your contribution to the pursuit of peace on Earth through peace of mind.

The Abrahamic faiths are like neighbors under one roof in one edifice. Israel is the model [ground floor] for all those who wish to build a civilized nation that pursues peace.

You're a resident in that edifice. You have a Hindu basement that contemplates all that you support. You have a Jewish ground floor that seeks wisdom, a Christian second story that pursues love and a Muslim third story that seeks loyalty to the roof garden [paradise] just above your head. Buddhism performs the function of stairs. And Taoism is the elevator that takes us from the basement up through every story to the roof.

To use your scripture effectively, you must integrate it with the other five major world scriptures as well as the face God gave the indigenists with which to perceive the world around us using our eyes, ears, nose and mouth.

Reading is fundamental. Learn to read yourself like a book to interpret others' actions as though they were part of a diary. Your life is your memoire and the transcript that holds all your grades in this school. Therefore, review your lessons daily with your Tutor. Your grades will improve if you do.

In the conditional world within us, all outcomes are theoretical. Therein lies the world of possibilities. The ability to explore promises, prospects and probabilities make your inner world a valuable laboratory where you can werk on your interpretation of the thoughts, feelings, senses, believes, contemplations, meditations and the actions that you take as the result of how your inner forces interact with one another. This develops your conscience. But because this is such a challenging undertaking, our Teacher gave each of us a Tutor.

I've been forced to face my ignorance on the topic of forgiveness. I've excused myself with good reasons for my actions. But I couldn't forgive myself because that required

both an emotional reaction and response to the injustices I perpetrated against me.

Excusing comes from my head. With knowledge of intellectual limitations, I've had no difficulty excusing me and others.

But forgiving comes from the heart. When I feel betrayed, I recoil in horror. I had to face self-betrayal to forgive myself. I was jealous of my body [vain] and envious of my virtues [arrogant]. I had to face my rage at my self-indulgence.

Ancient Europeans didn't invade the New World because they wanted what the native Americans had inside. They only wanted their land. Converting the natives to Christianity was secondary. The Jews didn't invade Palestine because they wanted what the Muslims had inside. They only wanted to get back the land that had been stolen out from under them.

But the vast majority of the undocumented aliens who've invaded the United States do want what we have inside of us, not just to live on our land. The lessons get harder as the students get smarter.

In the past, I dealt with my rage with depression. Depression dampens rage, like a blanket on a fire. When I saw what I was doing, I had to commend myself for caring so much about not hurting others that I hurt myself instead. The same was true of my self-abuse using alcohol, drugs, sex and food.

The assistance I've received from the God within me has been simple and concise. He told me to come down from red rage in my rainbow, through my orange angst, yellow fear and green covetousness to the blue realm. He told me to feel sorry for how others were behaving because I knew that the Teacher gives us all circuitous lessons to pursue peace.

My Tutor has since revealed to me many skills for pursuing peace on Earth through peace of mind. I can't give others something I haven't received from God. But I can't

give what He gave me to others without first receiving it for myself.

Giving me what God gave me is the essence of receiving. This has been extremely difficult for me to learn to do. At first, I felt like I was stealing it out from others. But then I realized the wisdom in learning to receive rather than simply take.

The Jews may have taken Israel back after the Holocaust. But the Muslims should have forgiven them. Instead, Jews and Muslims are now learning the difference between receiving and taking what God gives us all.

God suffered the loss of a fruit that was taken. He made a very big deal about that. He felt the need to teach humanity a lesson. He knew what to do about it then. He doesn't need me to teach Him how to handle matters today.

I need me to understand my losses and how I can atone for what I took that I didn't know how to receive. Now I need to look at the world of takers in contrast with the world of receivers. Now I watch, wait and learn from outcomes so I can teach myself more about the value of all life.

It's nice to be able to ask for things from God using the word "please." It's nice to be able to thank Him. But "sorry seems to be the hardest word." [19] If you can apologize and ask God how to make amends for what you've taken, you can learn to operate yourself better than before. Some of your dreams may even come true.

Critical thinking skills applied internally to augment your relationship with the forces within you will, paradoxically, change the world. This is because there's nothing more powerful than modeling how to think honestly, feel sincerely and believe authentically.

Set good examples in mind and manner. Then, when you're ready to contemplate why God gave you the mother

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[19] Song written by Elton John, lyrics by Bernie Taupen [gay Jew], 1976.

you had; why you got the penis you have; and why your relationship with your anus is as it is – you'll become genuine before the God within you and the God of us all. This is how self-intimacy leads to miracles.

Life is a tabletop mountain like the Temple Mount. If you take every step uphill until you're 40; go across the summit until you're 70; and downhill slowly until the end – making sure every external step you take is cautiously taken so you don't slip and fall – I believe you'll look out fearlessly on the valley of death after your long, hard journey. I think you'll die with hope, not regret. I believe after life you'll have a chance to shake hands with our Teacher and embrace your Tutor, your Soulmate.

If you become a shining light unto yourself, I believe you'll make a difference for others every day of your life. And if you fly the rainbow and Israeli flags, I believe you'll look back on the journey of your life proudly

If you behave in these ways, I have a strong hunch your "luck" will improve. I predict you'll come to feel blessed. I anticipate that your future challenges will fascinate you. And I expect that your dreams will reveal a vision of a better tomorrow for us all.

44.
Sorrow, Regret and Disappointment

Sorrow, regret and disappointment are three shades of blue that I had difficulty getting through. I haven't had a problem with grief, oddly enough. When people I loved died, I seemed to go through the darkest shade of blue without difficulty. You'll have to decide for yourself how the color blue affects you.

My biggest problems in life have been with disappointment [cerulean]. Sorrow [sky blue] and regret [marine blue] are something I've learned to accept. I seem to have been born sad.

But when I realized I used depression to avoid disappointment, I realized that my life would be almost meaningless without Will. Having him as a companion, study partner and best friend has become the greatest gift in my life. If I had to go through grief [midnight blue] by losing him, it might devastate me. There's nothing I fear more than that.

I didn't face midnight blue [grief] by having tried to kill myself three times. Each time I tried, it was darkest before the dawn. Each time I saw that the light of day shined through my disappointment in having to live with myself, I was humiliated with a little more understanding of why I was here.

At the time, I couldn't understand why God forced me to face self-disappointment in becoming both a murderer and the victim of those attempted murders. That made me angry [red] about being sad [blue]. That mixed my blue with red to produce purple [creativity, imagination, calmness and a sense of luxury and royalty. It has also evoked feelings of mystery and transformation, balancing passion and wisdom.] It's taken a lifetime for me to separate the color purple [passion] into red [rage] and blue [grief].

But now I'm able to see what purple looks like on the inside. I'm able to see that the combination of red [rage] and blue [disappointment] is regal. I feel like a prince, the combination of a king and a queen. I feel that the blood coursing through my veins is majestic. I'm lavender [ecstatic] in the gayest sense of the word.

Over a lifetime, I've werked through sorrow, regret and disappointment and the grief of having lost my mind. I've moved into the indigo realm of the rainbow. The mystery in having created me was a secret God has revealed to me.

I've achieved my mission. I don't need the world to stop, turn around and applaud me. I've found a quiet way forward that I hope will lead me to a quiet graduation from the school of life. Nobody may end up caring that I was here. Nobody may care that I've left. But I cared. I took the time to bother to care about my feelings for me. And that has made all the difference.

45.
What is Guilt?

I've talked about God. I've talked about closets. And I've talked about love. But I haven't talked about guilt.

In ancient Jewish practice, guilt was assuaged using animal sacrifices. The conscience of the ancient Jews was wiped clean with the destruction of animals that were burned on the altar at the Temple in Jerusalem to assuage God's terrible appetite through feeding Him one animal after another, day and night.

If you look at what's happening to our planet today, you can see how primitively we're managing our guilt and how it might feel as though God's wrath is upon us still. The more we insist on continuing to pollute the land, sea and sky, the more animals we're now sacrificing, and not just to the God of the Jews anymore.

We certainly aren't assuaging His wrath by feeding him bees, polar bears, whales, owls and the like, any more than the ancient Jews did with fowl and cattle. If the ancient Jews were primitive fools for what they did, then, we're still fools for sacrificing the natural world in order to maintain our "good fortune" and high standard of living.

This can't continue much longer. The whole world is now our temple. If each of us doesn't werk to assuage our guilt before ourself without forcing the planet to suffer for our arrogance, we'll all surely die.

The destruction of the Second Temple was a preview of what will eventually happen to the Earth. History repeats itself. And now we're all in a predicament with the Jews, not against them. We're all worried about the planet, which we're not treating like a land of milk and honey.

We were all made in God's image[s]. And the Hebrew Testament is a piece of that mystery that unlocks the reason for God's wrath. That, combined with His love expressed in the Gospels, should give us greater insight into His

intentions for us all to work together with everybody on the outside and werk together with all our forces on the inside.

Since guilt is manifested as a thought, feeling and belief, each of the three levels of guilt must include changes in thinking, transformations of feelings and transcendence of current beliefs.

The first branch of guilt is embarrassment of our genitals. The penis corresponds to the contrary voice of the serpent in the Creation Story. It tempts us to be attracted to the genitals [serpent] God gave others, rather than our own. We're tempted to want what others got. We're tempted to penetrate what they have or want to be penetrated and filled with what they have.

We first experience the yearning for penetration consciously in puberty as lust. Sometimes we lust for another person. Sometimes, we lust to be another person so we can better penetrate someone else entirely. This is why the serpent in the Creation Story is described as beguiling. Our urges [–/+] rise in many strange ways.

Granted, you may already have learned how to tolerate, accept and admire your own genitals, including the rest of that magnificent body you were given. But your body is, in many ways, just a poster that advertises your goods [genitals] in the same way that a plant is like a frame that supports its flowers. Similarly, there are many other parts of you that are useful and valuable.

As you've already learned from your initial sexual experiences at puberty, expression of your urges is a yearning for something that your own body can't satisfactorily give you. That was the Catch-22 of adolescence that made you as mean and miserable as teenagers today. Not even a gay man can fully satisfy his lust with his own penis. Reaching orgasm by yourself is not a sign of satisfaction with yourself. It's the release of fantasies and dreams created by your mind that you reinforce with orgasms in private.

Some people want to be wanted. Some people want to want. Some want both just as much. But some have such an ambivalence about what they want that they feel the need to express themself in one extreme way we previously associated with male and female stereotypes. Those stereotypes are no longer enforced to as great a degree anymore except in primitive sub-tribes that haven't kept up with modern thinking.

When your body went through hormonal changes at puberty, the concept of being a tree suddenly vanished. You suddenly saw yourself as an animal with lusts. But you didn't reconcile that paradox by consciously admitting to yourself that you were both like a tree and an animal.

This is what truly makes you an integral part of nature. This is what makes your nature so important to Mother Nature. This is what makes Mother Nature a gift from God.

Embarrassment, this first branch of guilt, is the first level of guilt that causes suffering. Embarrassment is what motivates every Adam and Eve [infant] to cover their genitals after they do something for the first time that they consciously know is "forbidden."

Young children don't need to know about sex to choose to conceal their genitals. Once they've done something they know is forbidden, they've reached the level of awakening in which they conceal their genitals instinctively out of embarrassment.

When approached slowly and methodically [through self-knowledge carefully gleaned from experiences in controlled environments that are safe] embarrassment slowly turns into modesty. Those who are modest aren't overwhelmed with the inclinations of their lustful urges. They explore forbidden fruit cautiously. They may subconsciously worry about the difference between smugness and joy even at this early stage of self-discovery, but they encourage themself to do as they please, anyway, believing that slow-and-steady wins the race.

The simplest way to achieve modesty is by avoiding secrets. Adam and Eve had secrets. And when they heard God clomping noisily toward them in the garden of Eden, they became afraid. They worried about getting caught because they'd concealed their actions from Him. They didn't realize that, to the informed Viewer, a leaf covering their genitals was evidence enough that each of them was concealing a secret they were withholding.

When cornered, Adam smugly talked back to God, revealing his anger. Eve withheld her feelings. Don't think your head and heart are any less manipulative. Without a conscience that you can use on you, you'll believe anything you tell, or don't tell, yourself.

Modern adolescents are experts at concealing secrets. That's especially true today because they have technology to help them.

The secret to avoiding secrets, however, isn't usually given to them directly. Asking permission to do things that are forbidden is the direct approach to getting what you want. But the most obvious reason for not asking permission is embarrassment.

The most prevalent reason for not giving adolescents permission is concern for their wellbeing. And that's an issue that will change slowly as more safeguards are put in place by parents in advance and more adolescents are taught to ask permission rather than simply take what they want. Guidance comes in many forms. But so does misfortune.

Gay boys who can safely come out of the closet without worry about incurring embarrassment, shame, humiliation or violence become modest in their sexual pursuits. It's only those who've had to live in the closet, keep secrets and defy the twisted pressures of a backward society who display the immodest outcomes of indiscriminate, sexual behaviors, such as those that led to the AIDS epidemic in the 1980's.

Over time, some men discover through physical lessons [pain] or emotional lessons [suffering] that sexual intercourse with an indiscriminate number of people incurs negative outcomes – including boredom. This is a warning that doesn't have to be read in God's scripture to be heard loud and clear societally and spiritually.

Nobody wants to be told that what they want to do is wrong because no toddler wants to be told that trying to walk upright and not crawl on your belly is wrong. When a toddler trips and falls, it cries. It needs to be comforted so that it can try again with greater understanding of what caused it pain and suffering. Such is the progression of learning new things that we're all subjected to. Such is what society went through in the last century with regard to killing Jews, oppressing Black people and repressing gays.

Many inexperienced boys go in an opposite, equally unhealthy direction by pursuing hyper-religiosity or gang related alliances where they can hide their embarrassment together with other men who suffer the same syndrome.

Some men choose a polygamous lifestyle. Some choose serial monogamy. Some choose adultery, with or without secrets. And some choose a faithful, monogamous relationship.

What you choose in the way of sexual relationships will teach you about matters of your own heart. Every heart, like a shell, has to be broken so that the seed can emerge. And every seed grows in two directions, up through the rock toward the light, and downward to wrap itself around rock for safety and security.

Focusing your physical yearnings into sex with one special person in order to discover the mystery of modesty is the wisest choice. Once you aren't forced to keep secrets from yourself and others that may lead to shame and humiliation, a world of new, spiritual opportunities unfolds before you.

This is why I advocate for understanding guilt thoroughly, regardless of whether you think you're guilty of anything. Just because the hyper-religious point fingers at you for being guilty of a crime against God doesn't mean a thing to me. Guilt always feels like a crime has been committed, whether or not you've done anything wrong externally that needs to be corrected.

Your real "crime" may be in not extending the metaphor of the Creation Story to explore embarrassment as a thought, feeling and an aspect of your individual belief system that could make a meaningful contribution to your happiness over a lifetime.

You surely don't want to restrict sex to procreation only. That's a fool's errand. Life isn't an errand. Life is a trip! Live it!

46.
The Second Level of Guilt

The second level of guilt is shame of your character. When you hurt others, you damage your inner world, as well. The suffering you inflict on them is but a mirror of the suffering you're inflicting upon yourself, even if you're in denial of your shameful behavior.

You're a person, too. So, if you hurt anyone, you'll suffer inside for having done so, whether you want to, or not. This is fleshed out in the Eastern concept of karma.

Those who inflict pain on others [sadists] or enjoy receiving it [masochists] know that consensual exploration of power through sex is a mirror of the powers within themself. They grow with conscious awareness of who they're becoming.

Some people don't realize that the power of karma and S&M are as real as the power of the Ten Commandments and the power in Christ's two commandments. They think that all these decrees about God's forces verses man's forces are meaningless chatter that you can agree to or disagree with as you please.

But that's a lot like saying that gravity is a force you have the choice to agree to or deny because you can't see it. In truth, the more you come to accept gravity as a real force, the more you'll be able to study it, understand it and use it to your advantage.

The Wright Brothers didn't defy gravity. They weren't fools. But when it comes to the abstract forces that effect man's nature, there are those who'd do the equivalent of jumping off a ten-story building secure in their belief that their thoughts, feelings and beliefs will keep them from crashing to the ground.

When you move through shame regularly; when you've made a fool of yourself in many awkward ways – you eventually become humbled to the joy of freedom, liberty

and emancipation instead of just the conceit that comes with covering your ass. Doing as you please is good, but it isn't good enough if you strive to help yourself. Making that little effort is shameful. You become selfish, egotistical and greedy. You may even become mercenary.

Embarrassment leads to modesty, and shame leads to humility. Humility is especially important because it opens your mind to learning with conscious awareness of what you're putting yourself through to achieve the rewards of knowing yourself and loving what you can learn to do for yourself, others and the planet.

Changing your motivations is humbling, but, over time, it's also gratifying. Therefore, if you want to improve the world, I recommend you move through your shame with humility. This is generally encouraged by admitting when you're wrong or hurtful by making amends, whether you did what you did intentionally, or not.

That will make it possible for you to change your mind, transform your feelings and transcend your beliefs. That will turn your shame into humility naturally.

Seeing the result of moving through shame to humility required patience in the face of disappointment. But even achieving patience was no guarantee that there wouldn't be punishments I'd have to endure in the future. And yet, the more I learned to operate myself more deeply from within, the less painful and long lasting I found my punishments to be, and the more I gleaned modesty from my embarrassment and humility from my shame.

This may just sound like hearsay to you, now, but give it some thought. Think of yourself as divided into three parts:

1. head
2. core body
3. all that's below your belt.

Explore your conscious [head], subconscious [core] and unconscious [below your waist] as aspects of your nature that aren't unique to you, but standard features of every vehicle that rolls off the assembly line.

Do you really think God would have given us marriage equality if He didn't think we were ready to be rewarded with it? What we've accomplished in my lifetime is a miracle of unprecedented magnitude.

But my generation did the hard werk. And we did it despite pain, suffering and death. Those who reaped the rewards of the work of those who came before us stand on the shoulders of giants. It was a group effort, then. And it's a group effort that each of us contributes to individually, still.

Don't take the miracle of marriage equality, or any other miracles, for granted. As Albert Einstein said, "There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

The vaccines for the COVID pandemic are miraculous outcome that we all werked for to bring to fruition in America for the sake of the whole of humanity.

The re-creation of the state of Israel after 2,000 years of wandering in the Diaspora was also a miracle. Israel has already contributed to miracles in the fields of science and technology. Just imagine how a Jewish state will change the spiritual world of Christians and Muslims in the future.

The hyper-religious and gangsters are living in too much of a religious stupor to appreciate the miracles of the modern world. We can learn from their mistakes. We can unite the world inspite of them.

47.
The Third Level of Guilt

The third and final level of universal guilt doesn't apply to Buddhists. The Buddhist path of suffering only includes the first two level of guilt [embarrassment and shame], while the world faiths all have three. This third level of guilt is humiliation before gods, the God within you and the God of us all.

All the world's faiths believe in supernatural forces. Buddhism isn't a faith. It's a philosophy. You can't put your faith in the Buddha as you can with God. The Buddha was a man. He didn't strive to become a god. He never declared he was a god. And he never spoke about attaining contact with God.

He strove for self-enlightenment. The path of self-enlightenment is described as ending in Nirvana, the relinquishing of physical containers for your spirit for the rest of eternity.

The gift from God via the Buddha for all of humanity, not just for Buddhists, is the gift of self-knowledge that leads to faith in yourself, not faith in God. Once you can believe in yourself by relieving your suffering, you can then open your mind to the possibility that there might be one God who created us all. Then, you'll have achieved the faith in yourself you must have to give some of it to Him.

This world is like a school, and for a believer, God is like a teacher who's with you at all times. A believer in God [regardless of the name he uses for Him] experiences humiliation before Him, not just embarrassment of his body and shame of his character. A believer knows that he's accountable to God for a lifetime of lessons, just as is every pupil to a teacher in a classroom.

Like every other person who ascends the tabletop mountain of faith, a Buddhist realizes that every action produces reactions. But only when you've reached the three

levels of self-intimacy through guilt of your ignorance of yourself [embarrassment, shame and humiliation], that produce suffering that's alleviated with modesty, humility and loyalty that culminate in pride, can you equate that truth to your evolving, personal relationship with God.

Loyalty isn't just something you want from a friend or spouse. Loyalty should be something you seek from yourself.

But to achieve pride, you first have to achieve modesty, humility and loyalty. And for that, you're going to have to come to terms with all that's below your belt as well as all that's above it.

Here is a table of the way in which you can internalize the forces from God that are universally included in the Creation of every human being past, present and future:

#	Tradition	Correspondence	Name[s] for God
1.	Indigenism	Face	1,000,000+
2.	Hinduism	Navel	Brahma…
3.	Judaism	Head	Elohim
4.	Buddhism	Genitals	N/A
5.	Taoism	Backbone	16 qualities of God
6.	Christianity	Heart	Father/Son/Holy Spirit
7.	Islam	Soul	Allah

If you humiliate yourself with deprivation or excess, you're thwarting your ability to discover the treasure of self-loyalty [pride] to every part of your body, figuratively speaking. By now you should be able to see that the humiliations you've suffered from others were, in the bigger scheme of things, intended to teach you greater loyalty to yourself.

Those who avoid thinking about what they're thinking about are doomed to live out their evil inclinations in the world we share. They humiliate themself literally [externally] instead of figuratively [internally].

The humiliation my father suffered in concentration camp only augmented his joy in the re-creation of the state of Israel three years after the Second World War. The humiliation my mother suffered as a German Jew who had to run and hide from the Nazis in her own country only augmented her loyalty to her children and her love of life after the War.

My mother was a woman who was proud of herself. My father was a man who was proud about being a Jew. And I've had to learn about pride in myself, given the models I was given.

In our Hebraic world, we, Jews, call loving kindness "chesed." But the word encompasses the idea of loyal, devoted love that reflects a covenant commitment. In our gay world, we express that as pride. Pride includes modesty, humility and devotion. It's questionable how many gay men and lesbians understand that about what pride means to us.

My generation of gay men contributed to the illumination of our pride as a people by persevering through the AIDS epidemic until we achieved the marriage equality that 500,000 of our brothers died for without even knowing what they were giving their life to. The same can be said of the 6,000,000 Jews who had no idea they were giving their life for our return to the land God gave us so long ago. And now, with COVID, 675,000 Americans have died so far for something. And it's about time we asked ourselves what for.

As a gay-Jew, it's been a great honor for me to have been born at the time I did in history. I was planted in a place where I could see two worlds at once. I'm spiritually bilingual by being gay and Jewish. This has been a great privilege, even if I always wanted to look like a tall, dark, hot Latin who spoke a romantic language. [That, I unconsciously concluded, would have gotten me the men I was most attracted to.]

When you look at the three levels of guilt separately, you can see that all seven of the forces within you are real, not

just the one path of faith you took to the summit. Then you should be able to admit to yourself that there's more about you that you don't know that you're ready to explore. Now, you should be able to admit that guilt is your friend, not your enemy.

You should also produce the loyalty to life necessary to love God using all His names because He is the Giver of life, not just the Giver of names. He figuratively breathed life into you when you took your first breath, and now you breathe in His honor. Now, you don't need to fear Him as much as the hyper-religious do. Now, you're free to love life; love, love; and love loyalty. That's what it means to be proud.

48.
I Just Want a Husband!
[How do I get a husband without a lecture?]

I told you right from the start that I'm a yenta [busybody]. I'm not a matchmaker. I can't tell you where to go to meet the man of your dreams.

I told you that I'd be giving you 69 short lessons in finding the man within you who can only be accessed with a vision. And that's just what I'm doing. The fact that you may still insist that he's out there in the world we share is your problem. I solve syndromes, not problems.

Whether you're looking for the Man [Jesus] to solve all your problems or just a man, you're still going to have to go about it wisely. You're still going to have to correct your mistakes to learn to love yourself more. There's no way around pain, suffering and guilt if you're seeking to attain hope.

I met my first boyfriend [Israeli] in Israel through a friend. We were together two months. I met many hot, European men [Christians] while living in Holland. None of those relationships lasted more than a few weekends.

I met my first lover [New Jersey Jew] at a gay retreat in Northern California. We were together for 13 years. He cheated on me with his former lover. I felt betrayed. After I got over the pain of that knife having been plunged in my heart from behind, I was glad I did. He was glad I did. We both moved on.

But getting through that regret [marine blue] and guilt [black] gave me permission to thank him for what he did to me. It helped me go forward in my life even though we'd both felt stuck together for years before we parted.

That guilt was speckled with little points of light that I had to connect in my own way to make sense of the night sky within me. Such is the indigo awe and wonder that's part of the rainbow.

I met my current boyfriend [small town, American Protestant turned Catholic] at Starbucks. We've been together for more than ten years. I'm not worried about him cheating on me. And he's not worried about me cheating on him. We trust each other. We're exclusive sexually and inclusive socially and spiritually. We can share our individual faiths with one another as well as our faith in ourself.

If you want what I have, you're going to have to use it as a template to reproduce it your own way. I can't give it to you or tell you where to get it. I can only tell you how.

I can only tell you that all matches, good and bad, are made in heaven, so to speak. Everything in this school is a lesson from the Teacher. If you're interested in learning how to become a better version of yourself day-by-day, you'll need to come to class each day prepared to achieve your long-term goals.

If you're only interested in distracting yourself in class, there'll be harsh lessons for doing so when it comes to test time. This is a one-room schoolhouse, whether you like it, or not. Either buckle down and hit the books [scripture] figuratively to figure out who you are and why you're here or take your chances.

Here is a list of what you could learn from my other books about the forces within you if you don't want to travel the world to learn about religion, penises, anuses and all the lesson in between:

	Faith	**Lesson**
1.	Indigenism	Nature leads to godliness
2.	Hinduism	Separation leads to the forces within you
3.	Judaism	Guilt leads to modesty, humility and loyalty
4.	Buddhism	Suffering leads to faith in yourself
5.	Taoism	Paradox creates two worlds: yin [in]/yang [out]
6.	Christianity	Love leads to freedom, liberty and emancipation
7.	Islam	Soulfulness leads to love of God

I'm not advocating for any of these faiths or the philosophy of Buddhism. I'm advocating for all of them. If you do something wrong, I can find a place in scripture that demonstrates that you were warned. And if you do something right, I can find another place in scripture to demonstrate that you are already being rewarded.

Rewards and punishments don't only come after death. Reincarnation, heaven, paradise and hell are stories for children to prepare them for the rigors of life. Rewards and punishment come at the discretion of the Teacher. And it's up to us to make the best of both our worlds, internally [yin] and externally [yang], by asking really good questions about what we find ourself having to go through day-by-day.

The biggest hurdle in life is in not coming away feeling like a victim. The Jews are great at demonstrating how to avoid werk to become a victim. The Christians are great at demonstrating how to avoid werk to become a tyrant. And the Muslims are great at demonstrating how to avoid werk to become a martyr.

So, don't for an instant jump to the conclusion that the problems in the Middle East are caused by real estate issues. They're only magnified by land grabs.

Learn to ask. Asking is different from taking. Asking will lead you to lessons that will teach you the value of receiving.

If you want specific information about any of the world's major scriptures, I've written lengthy works on all of them. But if you want specific instruction on how to meet the guy of your dreams, you're dreaming.

49.
How to Become a Man

Becoming a man requires physicality mixed with good behavior. We all want to be able to express our manliness in some physical ways as well as apply the attributes of our manliness from deep within to better the world around us as well as our world within.

But this is thwarted by a society that pressures us to hide our femininity in order to magnify our masculinity. We end up becoming frustrated by our secrets.

Society is only very slowly giving us permission to express our secrets [femininity and self-love]. But I say, "Why wait?" Do you really need permission from anyone to be authentic? It's more likely that you're guilt-ridden about something that's thwarting you from expressing yourself fully.

I had to face my disappointment in having tried to kill myself to see me as a man in my eyes. My parents concealed their disappointment in me. But I couldn't.

For me, my secrets weren't vanity and conceit. They only masked my deep disappointment in myself. I unconsciously modeled my mother's vanity of her body, and I unconsciously modeled my father's conceit of his mind.

My combination of masculinity [conceit] and femininity [vanity] is unique to me. I know a man when I see one. I know a woman when I see one. I know masculinity that attracts me when I see it. And I can say the same about femininity. What I might find between another person's legs doesn't tell me about their nature.

Some look at the container to determine a person's gender [masculinity or femininity]. And some look deeper to the contents within that container. If you're only attracted to superficial expressions of gender, that's fine. I know that when I felt short, light and pretty, all I was looking for was a man who was tall, dark and handsome.

Larry, my boyfriend of 13 years, was tall, dark and handsome. He proved he was a man in a man's world through success in the business world. I've had to prove my success by moving through my disappointment in me and by supporting Will, my best friend and partner.

Now that I know how vain and conceited I was, I can see why my luck was what it was. If I was God, I might have given me harsher lessons than I had to endure. I actually think I got through my youth, adulthood and middle age pretty easily despite three suicide attempts, two involuntary commitments to mental institutions and 25 years on psychiatric meds. I only lost my mind. Some people's losses are much greater.

While enjoying your personal quest for masculinity, consider the parallel possibility of becoming the kind of man you find attractive.

What you may not yet know or see about yourself is how you come across to others. Manliness is an aspect of a tree that blossoms and blooms with flowers that produce pollen. Only female trees produce fruit. So, the Tree of knowledge must have been female or it was one of the many examples in the world of botany that are self-fertile. They pollenate themself.

For me to appreciate myself like a tree, I've had to learn about my penis as like the stamen of a flower and my semen as like pollen. I've had to associate the words of the serpent in the Tree of knowledge with pollen.

But for me to appreciate myself like a tree that produces fruit, I've had to learn about my testicles as like the fruit of a female tree. I'm a tree of knowledge [y] and a tree of life [z]. I figuratively self-pollinate and self-fertilize myself with my love for me. This is what it means to be a man who's at peace with his gender and sexuality.

Moses would have wanted us to use our knowledge of the world around us by applying it to ourself. He would have

wanted us to learn to exercise our third [inner] eye to see that which isn't apparent, but which is, nevertheless, evident.

Some men choose to use humor instead of masculinity. Some choose to use femininity instead of masculinity. And some choose to use masculinity instead of either humor or femininity.

Society would prefer men use masculinity to express masculinity. Jews advocate for humor. And gays advocate for femininity.

Although these are just stereotypes, you may find that this general assessment may approximate your own experiences in some ways. You may be like what society is looking for in a man in some ways. You may be like a Jew in other ways. And you may be like a gay man in yet another, very special and personal way that you don't have to account to anyone for to be authentically you.

Once you can see that masculinity, femininity and humor are three ways to express your gender identification, you can mix and match the three as you think best, provided you're not overly vain or conceited.

50.
How to See Yourself

When you graduate from this school, I think it's quite likely you'll discover that there were hidden cameras everywhere filming you. If you think of yourself as on camera at all times, privacy will become something you'll want to share with God rather than fruitlessly try to conceal what you do with your penis and anus from Him, whether that happens to be in the bathroom behind a locked door or the bedroom with the curtains drawn.

As a gay man, I can tell you that I have nothing to be embarrassed about what I do in bed. But as a human being who's making mistakes every day, I entertain the possibility that I'm doing some things that I ought to be ashamed of.

The hyper-religious cover their ass in many unattractive ways. The way Americans are making America great again speaks to undereducated, White men who are secretly terrified of big, Black stamens that scare them. I find the challenge of projecting my little, White stamen onto a big black stamen amusing.

You may close and lock your bathroom door, but you can't keep out God's cameras. So, you might as well relax in there. You're never alone. You're only in good company [solitude] or bad [sad].

God watches you use the equipment He gave you that's located below your waist. There isn't anything you've ever done that isn't on record in His archives. So, get over your embarrassment. You're not at the toddler stage of self-discovery anymore.

That said, if you've done anything sexually that you have to be ashamed of – anything for which you know a crime has been committed – you're going to have to face shame. You obviously missed the opportunity to face embarrassment with modesty.

In A.A. I was taught that we're only as sick as our secrets. But after almost 40 years without a drink, drug or smoke, I feel otherwise. Now, I share all my secrets with God, not necessarily with people. Now I have a gleam in my eye over personal truths that I don't disclose to anyone but Him.

In other words, God and I hold secrets We keep from everybody. The fact that I write about some of my secrets only alludes to the fact that I'm a bigmouth in addition to a busybody [yenta]…

Don't think that your depression, lack of confidence or difficulty in connecting with people isn't warranted. You may not literally have to go to jail for what you've done, but you may be forced to feel incarcerated. There are many ways to live out your humiliation before God without a criminal record on file in a courthouse.

If you imagine yourself as a movie star who's always in front of the camera, that may help you go beyond the perspective of having only two eyes. You may begin to think of your inner eye as a camera that's filming you, from a third perspective.

This is a level of self-intimacy you may perceive in those who are charismatic, confident or intuitive. An inner eye that pans the camera is something you can achieve, too. God didn't only give charisma, confidence and intuitive abilities to some. The potential for you to develop these characteristics exists if you bring your unconscious fears of reprisal to the surface to discuss them with your Tutor once He becomes your Soulmate.

Talking about your fears with others is good, but it isn't nearly enough. You've got to develop a relationship of intimacy within yourself in which you can speak freely in loud without fear of going mad, hurting yourself or others.

Once you can talk to yourself in the first [I] and second [you] person, you're ready to use your inner eye as a camera that describes you to yourself visually in the third person

[he]. These pictures in your mind are clues you can use to better yourself by adding captions to them.

If you're a particularly intuitive person, the visions you have of others' future can also become clues to your future relationship with yourself. So, watch carefully what you see inside.

You'll see that you're of two minds. One is good [+] and one is evil [–]. And unless you consciously watch where your evil inclination is leaning, you'll slip into unconscious behaviors that may leave you embarrassed, ashamed or humiliated.

Once your head [I] is skilled enough to converse with your heart [you] using logic that will reveal when your feelings are irrational, you'll be able to address the world from that third place in inner space which we describe as emanating from our soul. Because you're such a complex person, all sorts of spiritual and practical challenges may then come to light that you hadn't previously been aware of.

This third person [he] perspective on yourself is what I refer to as soulfulness. Your head holds the "I" in you. Your heart is the "you" in you. But the "he" in you comes from your soul.

Your soul holds the camera that takes the pictures you see in your mind. The more you can use these images to reveal to yourself what you're thinking about and how you feel about yourself, the more authenticity, charisma and insightfulness you'll achieve.

When you can talk to yourself in loud, you can create words to add to the photos your mind creates for you. The captions you add to these pics will go into your archives for retrieval at later dates. In this way, you can keep a conscious record of your spiritual progress that you'll be able to access through mindfulness.

A mental picture paints a thousand words, but it's up to you to discover what you're telling yourself in this way. You're not a real artist until you add captions to your mind's

pics. You're not a poet until you can use language to morally, not just monetarily, help yourself. This creates the subjective difference between money and honey.

51.
Tall, Dark and Handsome

When you use your imagination to pretend to be somebody you're not, you deny being in a vehicle. You lust for another man's engine [testicles], steering wheel [penis], muffler [anus] and wheels [soul]. But where his rubber meets the road will never be yours.

You may even fantasize about being in the body of somebody you physically admire while having sex with somebody else. This is one way to explore having a body you secretly admire that's not yours.

When imagining that the person you're having sex with is somebody else or when imagining that you're somebody else, you're mixing and matching containers. This is what I once did using porn to get excited. It was a way of avoiding tender feelings for myself when I didn't have a partner. It increased my lust, but it increased my guilt, as well.

I felt short, light and pretty when I was young. And I was attracted to men who were tall, dark, handsome and a little dangerous. It was quite an awakening to discover that I didn't really want a partner who was tall, dark, handsome or dangerous. What I really wanted were the attributes I associated with such men: romanticism, strength, confidence, surety, sensuality and a certain defiance I admired. It turned out that I was the dangerous man I was seeking.

But these weren't the attributes I associated with the short, light and pretty body I'd been given. So, I projected my desire [+] out onto men who were more like I would have liked to be.

When I see a guy now who looks like I wish I looked, I study him out of the corner of my eye. I take pictures with my third eye, so to speak, that I later use to figure out what the qualities are that I'm so attracted to in him.

What I now find attractive are men who have a loving nature that I can imagine them expressing by putting their arm around me to support me in a way my father never could. What I now find attractive are men who have a loving nature that I can imagine them expressing with generosity, warmth and regard for all others.

Engaging with men in this way relaxes the jealousy I have in not being somebody else. It grows my imagination with manly potential without the guilt of wanting to curse God for the body He gave me.

Will is a combination of physical, emotional are spiritual attributes that make me feel both rewarded and challenged in having to deal with him as a flawed, human being, not an angel brought down from heaven.

He's missing a lung and has some issues with his posture because of his disability. But our sex life has been exceptional because I've learned to trust him through physical intimacy, not just through social and emotional discourse. I now behave in more spontaneous and exciting ways thanks to him. I don't have to hide from myself in guilt-ridden fantasies.

This is because I've been able to use our sex life to explore intimacy with my Soulmate. I bring the God within me to bed with me. I'm not embarrassed by what Will and I do in bed together. I'm not ashamed of being in a gay relationship. And I don't feel humiliated by the God within me for welcoming Him into the most intimate aspect of my partnership with Will. That's what I believe a Soulmate is for.

52.
Licking the Honey Bottle

Licking the honey bottle is a Hindu expression that refers to lust for someone's container without knowledge of their contents.

Licking your own honey bottle is comparable to the concept of vanity. We deplore people who are full of themself. And yet, don't you have to be full of love for yourself before that can overflow with love for another person?

Who would want you if you behaved like you didn't even want you? Who would find you attractive if your lust only shined out onto others, but not onto you? Without lust shining through you, it'll never shine far.

You're beauty, and you're the beast. You're feminine, and you're masculine. You're charitable, and you're lovable. If you don't combine the characters found in fairy tales, you'll be doomed to grow up as cynical and bitter as an old witch. You'll stare in the mirror asking who's the fairest of all. And you won't like the answer.

Loving your own body is a relatively new concept that young men today are well aware of, even though the older generation seem to find this idea difficult to wrap their head around, let alone their dick.

Because of our religious roots, we were all taught to be suspicious of vanity. But we're all suspicious about what will happen if we lick our own honey bottle.

I'd like to suggest that vanity as an important aspect of finding a spouse and keeping him with a vibrant, imaginative, sex life – one that doesn't require using porn, alcohol or drugs to keep the relationship fresh and intimate.

I'd like to suggest that licking the honey bottle is fun if you've opened it and tasted the honey within it, as well. But just licking the outside of a bottle is ridiculous.

Jealousy brings up anger at God for having created us as He did rather than the way we would have liked to look. Jealousy is a way of disapproving of God's choices. But isn't that a bit silly when you think about it?

Surely God knew what challenges He was giving us well before we were born. Surely, it was only when we hit puberty that we began to realize that we may not be the heartthrob some others are. The rage you might unconsciously hold about that now is a sign of how spiritually juvenile you might still be.

You're going to have to face your jealousy of other men's bodies sooner or later. If you decide to use food, alcohol or drugs to internalize and repress that rage, you're going to have to correct the consequences of mistakes that have taken a toll on your body. Self-disappointment can become very costly over time.

Taking care of your container is as important as filling it with virtuous contents. The shell is as much a part of the tortoise as its head, legs and tail. You're more like an RV, a vehicle and a house on wheels.

If you want a spouse, you're going to need to husband the resources you have. In that pursuit, I recommend that you embrace vanity, while rejecting any rage you may encounter within at what you literally look like.

As you move through this red rage, consider striving for disappointment [cerulean] when you look in the mirror. That would be a far more kind-hearted view of yourself.

Feeling blue about being me is actually a relief after suffering a lifetime of unconscious rage over the container I was given. It wasn't good enough to become a world-famous ballet dancer. It wasn't good enough to bed some of the guys I was attracted to. And it certainly no longer looks like I expected it to look now that I'm old.

53.
Loving Someone's Insides

Contents are subjectively associated with containers. Therefore, being jealous of other people's bodies is only the tip of the iceberg. Below the surface, there are qualities and virtues they hold inside that you may associate with their container. You, too, may hold these attributes, whether, or not, you succeed in advertising them with the body you've got.

If you work on your body, you'll improve the look of your container. If you werk on your virtues, you'll improve the richness of your contents.

Although, there's only so much you can do with your container, there's no end to the improvements you can make to your contents. But both take time. If you're seeking a monogamous relationship, you're going to have to work on external problems together with your spouse, as well as share some of your individual werk with him on your internal syndromes.

Problems come and go. Syndromes will be with you so long as you're alive. So, you'd better be prepared to werk on patience if you'd like a study partner who you can enjoy for a lifetime. You won't be able to be any more patient with him than you can be with yourself.

Remember that disappointment with others can be best addressed with patience. Regrets about their past must be addressed as syndromes. You can't change anything that happened in their past. They have to do that. To werk on your own syndromes, you only need to change your mind. Your feelings and beliefs will change of their own accord.

When you say you're looking for a soulmate, what you really may be saying is that you want a new relationship with yourself, one that's much more intimate, emotional and pleasing. And you can achieve that. But it takes werk and patience with yourself. It also takes boundaries with others.

54.
Short, Light and Pretty

Not feeling like a man is a great deterrent to finding a mate, especially if you don't appreciate the masculine, feminine and humorous sides of yourself as much as you ought to.

We're all here to learn how to be thankful to others, appreciative of ourself and grateful to our Teacher. If you think you've accomplished all that and are just sitting around waiting for your diploma to be handed out to you so you can finally graduate [die] and get the hell out of this school for fools, you may not be realistic about the purpose of school life and the part you play in it.

You're not just a student passing through this academy on Earth. You're a participant in the Teacher's plans for future students. That means that your grades matter more than you may realize. But your curriculum and grades aren't the only things that count. You're also being judged by your after-school activities.

After-school activities consist of matters that aren't graded on your report card but are also taken into consideration in getting accepted into special classes for especially precocious pupils.

These activities were called brownie points when I was a kid. They were merit badges earned by Brownies [Girl Scouts] for doing good deeds.

There are a whole host of things you can do to earn brownie point for bettering this school, not just bettering yourself. And these hobbies and vocations will be instrumental in changing your opinion of yourself, not just your opinion of the world.

I needed brownie points for one reason only. I wasn't just disappointed with my parents, siblings, lovers, friends, acquaintances and strangers. I was disappointed with myself. And it wasn't just because of my suicide attempts,

involuntary commitments to mental institutions, addictions to alcohol, drugs, cigarettes, sex and food. And it wasn't just with my disappointment in not having achieved my dream of becoming a worldclass ballet dancer or because I was so co-dependent that I bent over backwards for everybody.

I was disappointed in myself because I felt like I was a stranger unto myself. I didn't feel like an alien among earthlings. I felt like an alien in an earthling. I was so disassociated from me that I could sense it. Everything I did became a clue that I needed to connect more deeply with me.

I'm not just writing this book for you. I'm writing it for posterity. I'm writing it for the potential for humanity in us all. And I'm writing it for me. While editing it, I'm reading me and editing me. And I'm learning a lot by doing so.

If I didn't understand the importance of doing all of the above, I wouldn't appreciate myself. I wouldn't incrementally increase my value in my own eyes. I wouldn't fully understand my situation or fully recognize the value of having been given the gift of achieving greater meaning in being me.

55.
The First and Second Coming

The idea that there's a Messenger from God [Messiah] who is scheduled to change things for everybody externally 240 years from the year 2020 is a belief that the orthodox Jews hold dear. Whether that Messenger has come once before is an opinion that won't be solved until or He comes or if He comes again.

But if that day never comes, Judaism and Christianity will go down the drain unless they've become inclusive of other faiths. Their dogmatic principles and exclusivity have to stop. The extremists in these faiths are really becoming more obnoxious every year.

Until the Messiah comes or returns, you're going to have to be your own messenger and bring yourself messages that will change you internally and externally. Nobody is going to do that for you.

The greatest message you could bring yourself, as far as I can see, is that orgasm is a mystery that creates such ecstasy that, if there is a God, then cuming is surely a great reward in anticipation of even greater rewards hereafter.

But intensifying your orgasms is both a syndrome [internal] and a problem [external]. It requires a change in your relationship to your body that comes with both internal, and external effort. But it also requires a level of self-intimacy you may not have considered until now.

Mark Twain said "Of all the delights of this world, man cares most for sexual intercourse. He will go to any length for it – risk fortune, character, reputation, life itself. And what do you think he has done? He has left it out of his heaven! Prayer takes its place."

[I was under the impression that he also said, "The definition of Heaven is an eternal orgasm." But I can't find that quote anywhere.]

Surely, from a man's point of view, an eternal orgasm or feast are the only definitions of heaven that would keep us undistracted in God's company. Why even strive for heaven unless the ecstasy of being there would be as good as an orgasm or a dessert that lasted forever?

As men, we appreciate not only cuming, but the importance ejaculation plays in the figurative unfolding of our world. Cuming is a waking up process that involves our entire being.

When you look at the modern world as an embrace of orgasms as food-for-thought through spirituality, you can see how man is struggling with modesty, humility and loyalty to achieve pride. If that effort isn't rewarded with improved orgasms, why bother?

A pill to get a hard on is a modest achievement. A drug to relieve anxiety is like a cast when you've broken a bone. Neither is sufficient. Being in a body you truly love, and then sharing it with a partner for life, is the greatest gift of life I can imagine.

But that's precisely the vision gangster and the hyper-religious are vehemently opposed to for men with men. And capitalists are only interested in using the concept of love to make money. The more we learn about our penis, the less any of them like where we're cuming from.

56.
The Gay Rosetta Stone
[Translating scripture into inner speech]

My goal isn't to make you religious. My goal is to make you spiritually inclined enough to make your way through life content with your efforts to grow, blossom and bloom in a garden like a female tree that bears fruit.

My goal isn't to start a revolution in Russia, China, Iran or North Korea. My goal is to teach you how to overthrow the autocrats within you who've repressed the inner, progressive Independent who'll help you flourish. The external world suffers from oppression and suppression. The internal world suffers from repression that leads to depression. Unless you learn how to werk for freedom, liberation and emancipation from within, it's questionable who'll win, humanity or global warming.

My father said he was "liberated" from concentration camp by the Americans. But that wasn't true. He was a free and liberated Jew in Europe long before the Americans stopped Hitler in his tracks. He was a Jew with money, and everybody bowed down to him before the Nazis showed up.

The Americans emancipated my father. They didn't free or liberate him. He was a slave at the time. My father came to America an emancipated ex-slave. But he didn't have the spiritual capacity to see himself like that.

Because he knew the account numbers of his family's money in Switzerland by heart, he also came here with a great deal of money. But that had to slip through his fingers before he learned that money can't buy you honey.

If your struggle for freedom and liberty includes an inner spouse, then you've married yourself to you for better or worse, in sickness and in health until death do you part. Then my hope for you is to find a best friend to have on the side. That's what I did, and I couldn't be happier.

But I had to emancipate myself from me first. There wasn't an American invading force to do it for me. There was only history and the good example the Americans of my parents' generation set for me to follow.

Scripture is like an elephant you can see meandering in the distance. The closer you get to it, the more you realize that it's also coming toward you. Moments may come in your life when you may become afraid of that impending proximity. Moments may come when the Elephant in the room may even seem to charge at you with a vengeance.

The houses of prayer are mostly filled with old people because nothing is more obvious to them than that the Elephant is near at hand. The feeling of mortality and impeding death is everywhere around them, and that truth has seeped in.

Some of them are filled with guilt. Some are filled with fear. And some of them are filled with guilt and fear. But I can assure you that the bad ones aren't filled with either.

Feeling guilty and/or afraid on your deathbed should be a comfort to you. I took my final exam three times! When I take it for the fourth time, I plan to do a lot better because the next time I'll have better prepared for it.

The blind men in the Hindu story who touched an elephant all came away with different impressions of it. They were described as blind because they couldn't internalize what they'd experienced.

You might say that the first man to internalize the Elephant in the room was the Buddha. That's why he had no euphemistic name for God and needed none. That's why his pursuit of the meaning of illumination, warmth and burn [suffering] emanated out from within himself. He didn't project his struggle onto others, gods or God.

That said, you can do both. You can learn about the Elephant from within and throughout. You don't have to take sides in this paradox. To glean the benefits of scripture, you

don't have to become religious and exclusive. You can become spiritual and inclusive.

All you need to do so is acknowledge the metaphors [Moses], symbols [Jesus] and similes [Muhammad] given to us to interpret reality. With an understanding of these three aspects of figurative speech from the West, you can unlock the secrets to all the world's scriptures, which were also written in allegorical formats. [20]

But, if you only concretize the word of God in the world we share for material rewards, you'll be tempted to express obsessiveness, selfishness and dogma. And then you'll become an antisemite, anti-Zionist, racist, homophobe and misogynist. That's what it means to embrace hyper-religiosity, crime and capitalism without restraints.

If the world would reflect on the challenges given to the Jews and gays, they'd open themselves up to the challenges given by God in all the scriptures He designed. Let's not scapegoat our problems onto groups of people for challenges we all ought to be facing as syndromes. We all feel deeply whether or not we all emote the same ways.

[20] Arjuna is the central character in the Bhagavad Gita who learns from his charioteer, Krishna. Arjuna's chariot is, of course, his body, and Krishna is the God within him.

57.
Finding Your Village Idiot

Most people either claim to have found their soulmate or are looking for a soulmate. But the Soulmate I was seeking was moving me from place to place inside me. The more I let Him guide me, the more I came to know and love myself from seven places in inner space.

If you don't like the idea of getting to know yourself like a stranger, visitor, guest, acquaintance, friend, distant relative and, eventually, inner father, inner brother and inner lover – you'll never discover what it means to seek your Soulmate.

You were given a head. You were given a heart. You were given a navel, penis and anus. But if you want a soul, you're going to have to werk for it. It isn't something you get by calling out to any of the names of God, and then your soul and soulmate magically appear.

Your soul is a concept. It isn't an aspect of external reality. To become soulful, you have to show evidence of having a soul by the ways you behave out in the world. But if you're not treating yourself soulfully, how much will you be able to admire the way you treat others?

If you want to develop yourself with self-intimacy to create a relationship within yourself that's so loving and godly that you'd describe it as soulful, you're going to have to start by admitting to yourself that the Soulmate you're in pursuit of lies within you. But you'd better say so in words so that you know without a shadow of a doubt that it's on the record.

My Soulmate began to speak to me like a burning bush in my breastplate. Then He spoke to me like a man in my heart. And then like an angel, He whispered in my heart to make my way to God through my soul.

What you'll find in a compatible spouse is somebody who's soulful in your eyes, even if the wisdom they're

seeking is founded upon mistakes they're still making. Because no two people are anything alike, developing your soul will look very different from everyone else's perspective.

These differences in personality are mysteriously linked with synchro-mystical meaning. But that's not something I can address specifically with regard to you and your potential mate.

That said, the concept of soul-searching is universal. The applications of behaving soulfully determine our fate or our destiny. No one is this school is exempt from punishment. Punishments are lessons brought to you by the Teacher to augment your curriculum in ways you didn't plan.

Because you're a psychological challenge to yourself and a sociological challenge to us all, the pursuit of a soul requires the courage to be an individual as well as the courage to assimilate with others in healthy ways. Therefore, you must seek choices that will make you more confident, courageous and popular as the result of the outcome of your choices.

I was never popular growing up. But I seem to have become more fashionable, trendy, hip and cool over time. But because I no longer look young, people now like me because I'm young at heart. And my youthfulness is sometimes contagious. People often walk away from me with a lighter step. They feel a weight has been lifted. They feel a hope they didn't feel before.

Confidence and courage come from taking small risks. Becoming a good husband will ask you to take risks in being more honest, sincere and authentic than you have until now.

58.
Bartenders Verses Yentas

Those who want to become soulful will become enmeshed with the idea of being a spirit in a physical container. Those who don't want to pursue this concept may, instead, choose to imbibe spirits to achieve a false feeling of inebriation that mimics the rewards of spirituality.

Alcohol can give you confidence and courage for a short period of time. Alcohol can make you happy being yourself while you're tipsy. It can give you the feeling that you've already left this world and are enjoying heaven here-and-now. But by the next morning, you always land back here on Earth with a thud.

The other reward of alcohol is self-pity that you can suddenly express candidly to others. It's terribly humiliating to be pitifully alone. That's why bars are good places to go if you lack self-confidence but wish to parade your self-pity before your peers.

It's considered a weakness for a man to exhibit pity for another man. Agreeing with others that they're a disappointment to themself isn't considered cool. But when inhibitions have been lifted with liquid spirits, for many gay men, pity [blue] rises to the surface. In straight men, it's often rage [red] that emerges instead.

Sadly, only with alcohol can some men admit to themself before others that they've made a mess of things. They didn't consciously know what they were doing when they did it. They experimented from start to finish, and now they aren't at all pleased with the results they're stuck with. But now they think it's too late. Now they think they might as well double-down and screw things up even further. This is the nature of defiance.

They may balance that opinion with denial and blame when they're sober again, but alcohol will never give them

the spirit they need and want that they see in some others that they secretly wish for themself.

Granted this is the opinion of an alcoholic who hasn't had a drink in over 36 years. You might be able to hold your liquor better than I did. If so, please excuse my dark description of liquid spirits if it doesn't apply to you.

The only way I've found to experience the benefits of spirituality is by admitting soberly to myself and God when I feel like a mess inside. This is something I couldn't admit when I was drunk in a club with my peers or shame-facedly in a house of prayer before a religious leader.

Ironically, I could do it while exercising. I could do it while walking in nature. Now I can even do it while sitting on the toilet in the morning. It no longer makes any difference where I admit my disappointment in me. It happens easily and often.

What matters is that I face my cerulean blues through my conscience, not just my head, heart or soul. It doesn't matter what I think, feel or believe about myself. What matters is that I come before the God within me with good questions. He's my Soulmate. I confide in Him. I'm always amazed at what I learn about me that I can face and fix with His help.

Asking my God for help with my vehicle requires modesty. Asking Him for help with my character requires humility. And asking Him for help with my spiritual growth requires loyalty to life itself. The reward of this pursuit I call pride.

If you'd like to share yourself with another man, but you only want to share activities; if you wish to keep your private life private – you don't want a spouse. What you want is a playmate.

This book isn't about how to find a playmate. Playmates can be found in sandboxes [bars] specifically, and playgrounds [online] generally.

But if you think of yourself as someone who's had enough pals, buddies, chums, mates, companions, and

maybe even followers, and you're not interested in religious brethren, it may be because you're getting to the emotional age when there's nothing left for you to look for other than an old soul like yourself.

If you've had enough sex with cronies, and you want a spouse, I must tell you that you need to be realistic about what you can achieve in the time you've got left. The chances of getting what you want without following the disciplined principles I've laid forth in this book make it less than likely you'll succeed unless you're deeply devoted to the concept of Life after life.

You see people making U-turns in intersections. You see them making U-turns against curbs and having to back track to go the other way. U-turns aren't easy to negotiate. It's often more advisable to make a series of turns by going around the block. But people are often too impatient to do that.

They change their mind. They realize they want to go another way. And they think that that can be done without considering the feelings of those around them.

Other people's feelings can have a profound effect on you, whether or not you take them into consideration. The way you've been driving your vehicle up until now may not be easy for others to watch.

Drive safely, no matter where you're going or what you plan on doing next. Everybody is watching what you're doing in your vehicle from theirs.

Bartenders serve alcohol in all sorts of attractive glasses. Yentas serve spirits, but you're the glass yentas pour their spirit into. Don't expect a yenta to maintain a smile on her face or cushion your spiritual falls with a sympathetic demeanor or pat on the back. That's not how we operate.

Yentas have been through hell and high water, too. We're all in this alone, together. I've made plenty of

mistakes, myself. And sometimes I don't have a clue what I'm doing, either.

What I do know is that I'm a unicorn, not a wild stallion or old, grey mare. I'm sufficiently unique to put my faith in God as He made me. I'm sure if a vehicle as odd as mine rolled off the assembly line with the Manufacturer's intent, there must be a reason for my being. In other words, I have hope.

What I also know is that most people have their head up their ass at some point every day. So, listen to what people have to say and look at what they do. But use your nose to sniff out if their advice matches their actions. Then ask the God within you for His opinion. You'll always be amazed at what happens next.

59.
Lost and Found
[death and marriage]

The feeling of being lost is ubiquitous. The feeling of being found is equally universal and self-permeating. If you want a spouse because you feel lost and you want to feel found, I know how you feel.

I can't say that that's the right feeling to have, but I can tell you it's a feeling I've had. When I lost Larry, I felt like something inside of me died. And when I found Will, I felt I came back to life. Perhaps we cry at funerals because we feel lost and laugh at weddings because we feel found.

Who doesn't want to feel found? Who doesn't want to feel that his life is a comedy, not a tragedy?

So perhaps you may now be able to admit that you have more in common with other men than you may think, even though some of us are gay, or even Jewish.

I put my faith in myself and those who find room in their heart for people like me. Whether some people think that their God is going to damn us because we suck penises is just silly. If that's all their god is interested in, then He's got Gis mind in the gutter. That god is one I wouldn't want to be associated with because it includes assumptions I don't associate with real, moral issues and principles that matter to the outcome of life on Earth.

The one thing the orthodox Jews, rightwing Christians and fanatical Muslims have in common is that they haven't graduated the first level of guilt: embarrassment of their body. That's why shaming them is useless. Crying out "Shame!" as you point your finger at them is a waste of your time and a bad use of your index finger.

These people can't be convinced that their loathing of gay people is a projection of how they feel about themself. They use the words of Moses to hate gays and Jews. This is

what the Nazis did, yet those who hate only the gays or only the Israelis don't see themselves as like Nazis.

I somewhat understand their position. I found it difficult to see any errors of judgment in me. I could only see other people's errors of judgment. In order for me to appreciate myself, I had to learn to commend and critique myself. I had to look at the good [+] and evil [–] in me.

Jews have believed in an unpronounceable name for the God within us for 3,400 years. Christians have believed in Jesus for 2,000 years, and Muslims have believed in the message from the Archangel Gabriel for 1,400 years. Today's modern Jews, Christians and Muslims have evolved from their superstitious ancestors. The perception of most people has grown, and that includes their perception of the God within them, as well.

A flat Earth mentality is the challenge the hyper-religious have to deal with now. They've raised their awareness enough to admit that the world is literally round even though it appears to be flat. Moses, Jesus and the Prophet Muhammad didn't know that about the world when They were alive. And since science is correct about the world being round, surely our world within is figuratively round, too.

I won't fall off my inner world. It has no edges. I'll come back to where I started no matter what direction I go inside. I'm 3D. I take up space as I move through time. I'm real.

For me, to have a personal relationship with God means that it must be private. I don't express it in a house of prayer. The God within me is my Soulmate. This is the closest I can come to the God of us all.

Because my relationship to my God is meaningful precisely because it's so private, I discuss spirituality with others, not religion. I write about the practice of using scripture figuratively to gain greater understanding of what it means to be a spirit in a vehicle on a journey to a Destination of my own. I have no intention of sharing Life

after life with Christians in heaven or Muslims in paradise. Those are fantasylands for children. Adults know better.

I yearn to get out of my vehicle with something figuratively in hand to give God to show Him my appreciation of my life when it's over. But what better gift to give Him than awakening?

What will come after I exit my vehicle at the end of my journey is anyone's guess. And since no one but Jesus [according to the Gospels] has ever come back to tell us, I'm going to assume life is a one-way trip.

I don't believe in heaven, paradise, hell or reincarnation. I don't believe there are U-turns once you leave here. If you're going to make a U-turn, I strongly suggest you do it sooner than later. Or better yet, go around the block so as not to bend anyone's nose out of shape. Then make your way in the direction you really want to go.

60.
Inner father

Most men are in touch with their inner child. But most men aren't aware of the absence of their inner father. They secretly yearn to be held in a way that feels validated and protected by a man.

When I think about a husband who's tall, dark and handsome, I now think about my inner father, not the man who married my mother and begat me.

The more men that men meet, the less they usually conclude it's going to be possible to get their need for a father met. And they're usually right. The need for an inner father to our inner child can't be met from another man. It couldn't even be met by the Village People…

An inner father must be addressed by yourself with yourself. I had to go through what I needed to go through until I was so beat up and battered inside that the little boy in me surfaced, crying out for something to change significantly. Only then did I realize how needy I was for greater, inner guidance.

That need was actualized in me through the feeling of disappointment. I still feel disappointed in my father, even though he died more than thirty years ago. I also feel disappointed in my former lover, Larry. I feel disappointed in my siblings, other family members and friends. And I'd be amiss if I didn't say I'm disappointed in myself.

It's taken what it's taken for me to face my own character defects. It's so easy to see others' weaknesses. It's so hard to see my own. But that's what disappointment has taught me.

Self-scrutiny is a class you never pass in the school of life. I'm just glad that I'm now able to appreciate myself more than before. It was easy for me to thank others. It was easy for me to be grateful to God. But appreciating myself was very difficult. I still don't know why commending

myself was so hard to do. But now that I can, I'm really glad to have this tool in my toolbox.

Tender feelings for yourself will do wonders in creating the inner father your inner child is yearning for. That's how your cup will get filled, and how you'll be able to allow it to overflow with a masculine appeal to other boys-to-men like yourself.

Becoming masculine in a way I could admire had to begin with conscious awareness of my inner child. But that couldn't happen until my heart had been opened to the child I once was who needed to be cared for, protected, defended and commended.

If you're not yet doing all of the above for yourself, you're a dead-beat dad, figuratively speaking. You're ignoring an aspect of fathering that you're not administering to yourself.

Not fathering myself was a crime against my own humanity. It left me feeling repressed and depressed. It ate away at my gay, Jewish lifestyle in the same way that drugs, alcohol and sex seemed thrilling at first, but became crutches over time. I need a profound relationship to me. I don't need many of the things I once thought I needed.

Satisfying my need for an inner father to my inner child required talking to myself. No relationship can be sustained without communication. But, if you prefer another medium of communication other than words, that's fine, so long as you develop a vocabulary with yourself that meets your needs.

Living your life without knowledge of guilt is worse than living like a savage. At least primitive savages questioned faces. Today's urban dwellers know all about embarrassment of their body, but little about shame of their character and humiliation before the Lord. When they tell you they're prepared to die, you should snortle. They aren't even prepared for dying in the Shakespearean sense of the word [cuming].

Self-deprivation at one extreme is as destructive as self-indulgence at the other. If you tend to suffer from too little self-love [self-deprivation] or too much [self-indulgence], you're going to make yourself and others miserable. And because there are forces like gravity and karma that we're supposed to consider in this three-dimensional world we're in, what goes up with high expectations we often find comes down with a thud [disappointment].

Becoming a father unto your inner child requires attention when you're up as well as down. It requires emotional involvement in your life 24/7. It requires sensitivity to you, not just to others.

Becoming a father unto your inner child was the prerequisite to becoming a husband unto myself. But I had to wait for my inner child to grow up to marry him. Only then did I achieve the intimacy that most men are afraid to fathom. Only then did I have what it took to attract others like me to me.

Don't worry about taboos in the outer world. Your inner world doesn't operate the same way. To go from inner child to inner parent to inner husband is the logical, rational and judicious connecting of dots that you'll want to make within. Paradoxically, it's those men who don't make these connections who become perverts in an effort to externalize this spiritual process through terrible mistakes with others.

The tension between a father and a son in the outer world who have the ability to ejaculate can produce defiance, violence, drug abuse and other forms of anti-social behavior. The fear of being penetrated by our father or wanting to screw him, but "good," for what he did to us may be a psychological reality.

Once teenagers can be reassured about the universality of their negative feelings, they become productive members of society. They don't have to join a gang or a hyper-religious posse that goes out looking to condemn fruits or nuts to release the tension over what's going on inside of

them. Nor will they have to substitute a killing on a stock market for a part of themself that needs validation. Money doesn't substitute for honey [wisdom]. And the love of money will never substitute for the love of milk [love].

Once you can talk about these psychological taboos as syndromes, you'll be in a better place to see solutions to the sociological problems they create.

61.
Assertion Verses Aggression

It's easy to abuse yourself with self-aggression. Nobody wants to admit that he's needlessly aggressive. Aggressive people are bullies. Aggressive people are shunned by polite society. Aggressive people don't make good friends.

Self-mutilation by cutting yourself is one aggressive way to try to get inside yourself.

Alcoholism is an aggressive way to achieve a sense of spirit.

Taking drugs is an aggressive way to expand your consciousness.

Excessive exercise is a way to take out your aggression on your body.

Smoking is an aggressive way to fume. People use cigarettes as a delivery device for rage, not just for nicotine.

Shopping is an aggressive way to project your ideals through trapping and dragging things home that you don't need. Substituting virtues with symbols is a way to disappoint yourself.

And of course, indiscriminate sexual encounters are aggressive ways to express the magical properties of your penis without making intimacy meaningful. Infusing your life-giving substance in others won't draw you toward tender touch with yourself.

Becoming self-assertive is a goal that begins with self-awareness. If you're too shy, nervous, fearful, retiring, timid and inhibited to hook the man of your dreams, the spiritual evidence suggests that you're not assertive enough in the ways you relate to yourself.

Aggressivity is measured with behaviors. Assertion is measured with communication. You probably need to give yourself a lecture from time to time that you may have been avoiding for a lifetime. You probably need to commend yourself more and indulge in aggressive behaviors less.

I've found that most of the losses I most wanted to avoid were lodged in my ego. I didn't want to have to admit that I wasn't guilt free. I no longer think of myself as a perpetrator [parent] or a victim [child]. I now see myself as an adult in every room I enter.

If you want to get through your disappointment in the now and your regrets from the past, you'll want to begin by admitting to yourself how deeply you yearn for self-love. Without that level of honesty, sincerity and authenticity from within, you'll probably continue to express your desperation externally through bad habits, prejudice and criminality without perceiving how you come across – or even caring.

Feeling weak, inadequate and insubstantial is often associated with parts of my body. I judge myself as spineless, gutless, fainthearted, weak-kneed, lily-livered, squeamish or yellow-bellied. What I'm really telling myself is that my contents and my container are inextricably linked for the duration of our journey. Life is a figurative journey with very real outcomes that mirror what I achieve inside.

62.
Synchro-Mysticism

If you think God planted you here and left you to figure it all out on your own, you're dead wrong. But if you think life is harder than it looks, your also wrong. Life is easier than it looks when you have a Soulmate, regardless of what the institutions of religion have to say about it.

There's a mysterious correlation between what happens around us and what happens within. But none of us are wise and experienced enough to know what we're going to learn from our experiences until they're behind us. That takes contemplation of our past and meditation in the now. Reflective practices are easy if you contemplate the outcomes of your previous actions and meditate on your next actions.

With reflective practices, I was able to see that freedom led me out of suppression and oppression externally. And liberty led me out of depression and repression internally. When I began to focus on self-emancipation, using freedom to think and liberty to feel as my guides, I could see that I was intrinsically helping make this world a better place for us all.

The hyper-religious would have us think that the magic described in movies is satanic. I don't feel that way about it. The magic in movies uses my imagination to envision a world where mystery and power are possible, albeit usually without conscious association to the forces below the belt that are paramount to understanding the human condition.

I think that sex is magical. I associated love, not just lust, with magic. I've had some magical moments in bed, and I'm not about to deny how wonderful sex has made me feel.

The hyper-religious would also have us think that their speculation about God's intentions are superior to ours because they believe they have greater physical proximity to

His words through worship in their house of prayer. They blatantly deny the power that science and technology have to offer because their religious leaders threaten them if they embrace too many of the comforts of the modern era.

I embrace modernity. I have no problem embracing science and spirituality. It's science and religion that I find impossible to reconcile. The Catholic church once insisted that everything revolves around the Earth, despite the scientific evidence produced by Galileo. Today's hyper-religious have their own dogmas about science that have nothing to do with scientific evidence.

Therefore, contemplate what you've been through to better understand what you're going through. And remember that you're not only physically nude in the bathroom, but you're also emotionally naked in public and spiritually transparent before God everywhere. Everything you think, feel and believe is a part of a bigger picture that also includes your urges [–/+]. But you aren't going to see more of your own big picture until you've put all the pieces of a particular section of your puzzle together.

Faith in God isn't easy to achieve, especially if you've been burned by hyper-religiosity. As I said before, faith in God requires faith you earn for yourself that overflows into faith in Him. Then, with whatever outcomes you have to deal with, you know that the God within you is always there, regardless of outcomes.

The name "Emanuel" is a euphemistic term for Jesus. It's commonly translated as "God with us." But that's a lazy translation. It should more accurately be translated as "us with God." We go with God. God doesn't follow behind us.

When the God within you has to follow you, you're not using your Tutor and Soulmate as intended. Whether you're coming from your conscience [burning bush], heart [Jesus] or soul [Archangel Gabriel], you need to learn to unite the forces within you.

Sometimes we turn around and realize that we've gone astray precisely because we assumed God would always come with us, anywhere we went. That triggers a harsh lesson to go through. That's a lesson that I've been through many times. That lesson always brings up disappointment. When I expect a certain outcome that I don't get, it's a sign that I'm dragging the God within me with me. He isn't leading me.

The God within me doesn't go with me when I go the wrong way. He goes against me. But He goes against me for my own good. This may produce anger, anxiety, fear, jealousy and envy, but these feelings always lead to sorrow. Sadness is a sign from the heart that I'm only in charge of my effort, not outcomes.

With this awareness in place, you, too, may come to see that you were never literally banished from paradise. You aren't being ignored by God here on Earth. And you aren't alone at the back of the classroom with the bozos having to figure out who you are without our Teacher's guidance.

You're not a child in a nursery school. You're an adult in a college setting. Share your feelings with yourself, not just with others. You need to receive your emotional support. You need to appreciate yourself with encouragement, compliments and praise. Material rewards aren't always the best way to communicate your esteem of you.

We all want to give and get support from others. But there came a point when I realized that I'm too old and experienced to continue to believe that we're all in this together. There are those who hate me precisely because of how I feel, not just because of what I think.

Now I'm going back to the definition of "yenta," a "gentile woman. My mother was a yenta. She was a gentle woman and gentile woman. Her mother was Jewish, but her father was Catholic. She was born in 1921, a time between World War One and Two when Jews and Christians in Germany weren't intermarrying.

But my mother's mother wasn't German. She was an Austrian Jew from Vienna who moved to Munich, Germany to get away from her family. She opened a tobacconist shop and married one of her customers, a farmer from the countryside who came to the big city to get away from his family.

He passed a civil test and became a tram driver. So, my mother was raised in a mixed religious household where her parents never talked about religion. They visited my grandfather's family in the village he came from and they visited my grandmother's family in the capital of Austria.

It was if my mother was raised with two languages, and she didn't even know it. She spoke "Christian" and she spoke "Jewish." But she was so naïve to how God created her that she had no idea that she was a bridge between two faiths.

In my opinion, this is why she survived the War. I think she had a mission in life, but she never knew what it was. People had no idea what she bridged or how she bridged it. It's possible to be a very important king or queen on the chess board without even knowing what you can do that no one else can do.

When my grandmother and mother got notified that they were scheduled for deportation to a "resettlement" camp on different days, my mother was terrified of being separated from her mother. Her father had died when she was 17 years old from mouth cancer. [He smoked cigars.] The rest of her family were in villages in the country and in the neighboring country. She felt abandoned.

So, my mother [against the pleas of her mother] went to the gestapo headquarters in Munich to ask them to reschedule her to go with her mother. The gestapo headquarters were already known as a place Jews went in and didn't come out. So, she knew she was taking her life in her hands.

They laughed at her request. But I think they sent her home for two reasons. 1. They didn't want to upset the Jews before their deportation dates. Everything had been perfectly timed to excise Jews from German society. 2. I think she spoke to them in a way that didn't offend them. They didn't even notice that she was so assimilated into the German culture because her father was Catholic. She was so gentile that she may have unconsciously passed as Christian in their eyes.

There are many women today who are so integrated into the Judeo-Christian culture of America that they don't even realize how Jew-ish they are. Even Black and Brown women today are Jew-ish by today's world standards.

What Muslim women don't realize is how Jew-ish they're becoming just by integrating with women from other religions. There's an assimilation happening in women that I think only gay men are noticing. There's a pride in the feminine qualities of women that's revealing their [z] factor that only feminized men can appreciate.

This is happening below the surface of everyday life. But this is happening to Muslim women in Israel. This is happening to Muslim women in Europe. And it's happening to Muslim women in America.

God isn't waiting for men to seek peace. He knows the difference between a tree of knowledge and a tree of life. He's the Gardener who planted us in this garden! Of course, He knows what grows here.

Women must save the world. Men simply can't do it. They continue to prove that they can't. Men are just too defiant [y]. Men are made to bring life and death into this world. Women are made to support life in this world. The hope you hold in your heart for humanity should lie with women, not men.

Women are using gay men as their secret weapon. And they're using trans men and trans women, as well. The hyper-religious are adamantly opposed to the rights of trans

people because the hyper-religious secretly sense that something is happening to all men and women. They can't put their finger on what that is, but they know that it has to do with pride in the feminization of men by women.

Hyper-religious men are terrified of feeling guilty for not wanting to kiss men, get blow jobs from men or get anally penetrated. This is the conspiracy beneath all their other conspiracies. Their fears are illogical, irrational, unreasonable and senseless. This is why their conspiracy with the uber-rich is the cause of all the arrogance and violence in the world today.

The conventional ways of exacting help through prayer don't work for most men anymore. Men seem to have to do things in novel, imaginative, new ways nowadays. Now that gay men have come out of the Ark of the Covenant [aron/closet], I say, "Thank God for miracles!" Now that we can help all men come to understand themselves better, I believe things will get demonstrably better more quickly.

But the world is on fire at the moment. If a picture paints a thousand words, then here's a picture for you that will explain everything. You just may not be able to understand what this picture means:



By coming out of their closet, straight men don't have to experience a change in their sexuality. They only have to experience a deepening of self-intimacy.

The Jews live on the ground floor of the spiritual edifice. The Christians occupy the second story. And the Muslims are in the penthouse, claiming that the roof garden [paradise] is only theirs to access from their lofty abode above ours.

The LGBTQIA+ community are the window washers standing on scaffolding we've constructed around the Abrahamic edifice at great sacrifice to ourselves. Yet, all three of the hyper-religious believers curse us for blocking their view. They don't notice how we're cleaning their windows from out there, or how dirty their view looks from where we stand because of shmutz on the inside.

Just do your job in making those windows shine! Don't give a damn what the residents inside say about your humble, spiritual vocation. It takes hard werk to tolerate being underappreciated.

Moe [orthodox Jews], Larry [rightwing Christians] and Curly Joe [fanatical Muslims] are insincere, as well as impatient, blundering, inept, frustrated and cruel. These three stooges are also rude.

Treat them politely, but firmly. Whether they ever discover that their inner world is 3D is none of our concern. The cleaner their windows, the more of reality they'll come to see. Their big picture will grow. It's inevitable.

The day will come when every stooge will notice that he's behaving like one of The Three Stooges, three Jewish comedians who mocked the world in their day. Ask Black people about the stooges they've encountered. Ask Native Americans and Latinx. Ask the Japanese from Hiroshima and Nagasaki. Ask your own people about the stooges they've encountered.

Don't look in the windows of the Abrahamic edifice and wish you could have what they've got. Our view is far superior to theirs. And our efforts are far more helpful in achieving peace on Earth.

63.
The Easy Werk

If you're bound and determined not to grow old alone, and you want a loving partner to share your life with so that you'll be able to say that you pursued love; found love; and you don't regret the love you literally lost because it'll figuratively always be with you – there are two things you might choose to do:

1. Clean up your relationship with your container.
2. Clean up your relationship with your contents.

Your container may need attention. Whether that requires a trip to a dentist or doctor, find the courage to seek medical advice if your body is suffering from a condition you can't alleviate on your own.

If you don't fix the honey bottle so that it doesn't leak, nobody's going want to get their hands sticky dealing with a broken bottle. The kind of person you're looking for will want to be tempted to unscrew your cap to enjoy the honey inside of you. If they don't lick their fingers at having you in their life, don't be too disappointed. What's important is that they get your honey inside of them, whether they appreciate you in the process isn't necessarily a part of the overarching plan. Appreciate yourself. Once you can see what you're doing for the world, it won't be difficult to lick your own fingers.

The world is busy licking milk bottles and trying to convince themselves that people are creamy on the inside just because they look good and don't sound greasy. Don't buy into it. There are a lot of phonies out there, and most of them don't even know it. They think about milk [love]. They pretend to be full of milk [love]. They claim to be creamy. But where's the honey [wisdom]? You scratch the surface only to discover that they're not at all sweet.

I certainly know what it's like to feel overlooked, misjudged and denigrated. But this, too, has been a challenge from God to develop patience with myself that I can then give others.

It's one thing to wax poetic about spirituality. It's quite another to have your chain pulled, only to discover how many weak links there really are in it. God has a way of getting things done indirectly through people. He has a way of getting us to progress despite ourselves. Take God's mysterious ways personally. They're meant to help you help yourself.

64.
The Hard Werk

Some mornings, I get out of bed feeling battered and bruised. It feels as though I was in a fight all night. But, like Jacob who wrestled with an angel the night before he met up with his brother Esau after 20 years of estrangement, all I have to show for my efforts is a limp as I make my way to the bathroom. [Genesis 32]

I've been at war with myself for 69 years. You may feel as though you've been in a war, too. You may feel you're at war with your country. You may even think you're going into battle when you enter a house of prayer!

Israel means "struggle with God." My struggle with God has left me with a limp that only I can see because it's on the inside. Like Moses, I first refused to do what the burning bush inside me told me to do. I had questions. I had excuses. I had reasons.

So do you. So do we all. Those people who are sure of where they're going are dangerous, duplicitous and delusional. Sane, human beings have to be convinced that miracles can happen because magic is real. Life isn't real the way fairy tales are presented as real. The miracle and magic of life is real in a way that the paradox between the outer world and your inner world is real.

The war between good [+] and evil [–] is fought on many fronts. For me, that fight has always been most obvious within. I'm a member of the disabled community because of my struggle with sanity. I don't deny it.

But I don't want anyone else to be a victim of my war on inner evil [–]. I've fought that fight and I've won it. But there was collateral damage. My family and I, for example, will never make peace. I'm afraid we'll always be at a stalemate for the duration of our journeys. I have to grant that they're here with a different mission. They're here to do other things.

The war between good [+] and evil [–] has rules. If you don't obey the rules, you'll never win your fight. Those rules were set out for the world in the Ten Commandments. If you want to win the war on evil [–], you need to learn how to fight fairly.

The Ten Commandments were given to Moses twice. The first time God gave them readymade, but Moses was so angry that he smashed them and broke all of them at once. The second set, he had to carve into rock with his own hands as God recited them to him. Consider yourself carving your second set, too.

But, even if you've consciously only broken some of the Ten Commandments, you should have discovered by now what's inside all of them. The first five are filled with psychological insights. The second five are infused with sociologically insights. Either way, you're going to have to piece all of them together in your own way. It doesn't matter whether you're a Jew or a Jain.

The First Commandment isn't even a Commandment. [1] I am the Lord, your God who took you out of Egypt. What God is saying is, <I took you with Me. Don't think you're going to take Me along for the ride.>

[2] You shall have no gods before Me**.** <You're not going to dance around the golden calves of money, property and prestige forever. Just watch what happens if you don't believe Me.>

[3] Do not take the Lord's name in vain. <I have many names. If you fight over My names, you're the one who's vain, not Me. Get over yourself.>

[4] Keep the Sabbath Holy. <I've given you a timed test. You're not immortal. You're going to die. If you just play around in space without considering the time you have remaining, you're going to be sorry by the end.>

[5] Honor your father and mother. <Don't bother to love them. They're human, and they make mistakes. If they insist you love them, resist doing so tactfully, respectfully and

appreciatively. I chose them for you. It was no coincidence you got the parents you did.>

[6] Do not kill. <I know you're going to get so frustrated with the lessons I give you that you're going to want to kill Me. That's why Cain killed Abel. He had no problem with his brother. Cain's problem was with Me. So, don't act out your frustrations with Me on others.>

[7] Don't commit adultery**.** <Your word must be good. This is why this commandment stands between murder and thievery.>

[8] Don't Steal**.** <I reward everybody. Earn your rewards but look carefully inside yourself. Many of your rewards will need to be acknowledged internally if you hope to make good use of them externally.>

[9] Don't bear false witness. <Don't deny reality. There's only one of Me. I see and hear everything. Your thoughts, feelings and beliefs are no exception.>

[10] Don't covet. <Cherish your container and contents. You can't be anyone else. As Oscar Wilde said, "Be yourself. Everybody else is taken.">

[10] It's easier to see how jealous you are of other men's bodies once you admit how dissatisfied you are with your own. It's also easier to see how envious you are of other men's virtues once you admit how dissatisfied you are with what you see inside yourself.

Once you can admit there are moments when you're green inside, you can conceal it with better behavior. That'll move you through green [covetous] to blue [sad], and, ultimately, into the indigo [awe] range where the mystery of why you are as you are can be solved as internal syndromes rather than as external problems.

[9] Lying and denial are off the table. You'll have to get real if you want to enjoy your own company. The longer you live, the more your experiences will concentrate your life on the intimacy of aging gracefully in the company of the adult

within that you'll come to love. Marriage begins within you. The taboos around you are meant to remind you that they don't apply within you.

If you've lied to yourself, admit your lies and deal with the consequences through a more relaxed, familiar and friendly relationship with the God within you. An adversarial relationship with your Tutor won't make that class any more successful with our Teacher.

[8] Using your external wealth to heal fractures in your external world is admirable, but hardly adequate. There comes a point when you realize you have to use your inner wealth to heal fractures in your inner world. You may have been stealing your inner treasure out from under yourself all your life. It may be time to come clean.

Inner wealth must be earned. Boasting, arrogance, conceit, self-aggrandizement, immodesty, showing off, bluster, bragging, blowing your own horn and singing your own praises are fine, but only if done with humor or in the spirit of being helpful. When done with anger, resentment or a chip on your shoulder, they're very unflattering and unattractive

[7] Whether you break your word or you assist another person in breaking their word, your word isn't good.

Adultery is the only aspect of sexual immorality you need to worry about in the Hebrew Testament. Leviticus 18 and 20 [homophobia] is reverse psychology set in place for the dense to get them through their fear of intimacy with themself.

[6] As a suicide survivor who tried to kill myself three times, I'm guilty of having literally broken the 6th Commandment. But I have to say that I've watched many people try to kill themself figuratively and slowly in many gruesome ways.

Wishing I was dead isn't something that just went away when I chose life over death and turned my external behavior around. Now I deal differently with my inner toddler when

he’s having a meltdown. I become intense, not hysterical. I deal with my inner child as would any good parent with a child that’s tired, frustrated and in need of a time-out.

65.
A Closer Look at Adultery

Breaking your word sexually is a form of temptation. It uses your penis as a carrot to entice somebody to have sex with you, even though you've committed that part of your body to somebody else. And the person who succumbs to your allures is guilty of aiding and abetting you for their own personal gains.

But the 7th Commandment prohibiting adultery, when extended to business practices, is even more prevalent at the office than in the bedroom. Here is an example of something I recently did that exemplifies my adulterous nature:

I made a morning appointment with a large electrician company to determine what was causing flashing in my ceiling lights. They sent a field manager to my house who determined that my whole electric panel needed to be replaced because several of the breakers were corroded from water damage. [The electric panel is situated on an outside wall that isn't insulated.]

He gave me the company price to do the work, but he also offered to do the work on his own time at a greatly reduced price. He suggested that I simply pay the company for the hour of work that was scheduled, and then the cost of the major repair would just be between the two of us.

I jumped at the idea of saving $600 on a $2,800 bill and arranged for him to come late that afternoon with a friend to help with what would be a major job. But during the course of the day, as I thought about what I'd agreed to, I began to see my arrangement in light of the 7th Commandment. I was perverting my word to save money.

The field manager had figuratively taken out his big, brown, Hispanic penis [carrot] and tempted me with it. He didn't literally ask me to suck it. He just offered me to take a lick off the end of it, telling me in effect that his pre-cum was so sweet that it tasted as good as money in the bank.

He knew by our conversation that I wasn't only gay [and like penises], but that I was Jewish [and like bargains]. And so, he probably wasn't surprised that I jumped at the chance to give his hot, brown dick a figurative licking to find out for myself just how sweet his pre-cum would make my pocketbook feel.

I'd agreed that morning to give him two checks, one for his boss and one for him. But I didn't realize I was guilty of breaking my word by abetting him in breaking his commitment to his employer.

What's the difference between sneaking behind your boss and sneaking behind your wife? What's the difference between filling a vessel with cum and filling it with the excitement in saving a few bucks? I wanted him to screw his boss for my sake.

When I realized what I'd done, I wanted to reimburse the company with the money I'd saved. But my boyfriend pointed out that that would get the electrician in trouble and even threaten his job.

So, I decided to donate the $600 saving to Aguda, The Association for LGBTQ Equality in Israel, to make up for the money I'd saved in cheating the electric company.

Now, I'm also sorry I turned that dirty money into charity. What's the difference between cheating a small business or a large one? What's the difference in giving dirty money to charity or building a hospital in your name with money you've stolen from your customers?

Financial carrots may be like penises used as lure. Both forms of cheating are worms on hooks that will yank you out of the emotional peace of mind you're swimming around in, into a world of spirit where you'll flop around gasping for breath if you break the 7th Commandment. Don't take the bait.

66.
Getting From One Tablet to the Next

Once you've addressed the Ten Commandments in reverse order and gotten to the 6th Commandment that asks you not to kill, you're ready to make the leap of faith to the 5th, to honor, rather than love, your father and mother.

Now you're ready for the set of Commandments given on the first tablet. But to get from the second tablet [sociology] to the first [psychology] requires a rite of passage.

The rite is called suffering. You've got to clean out your spiritual system of all the crap your parents taught you that you naively bought into. And you've got to do the same with laws created to protect killers, cheaters, thieves, liars and people who hunt or gather what they haven't earned.

In my case, both my parents were like Israelites who danced around the golden calf of money. My father came out of the Second World War a rich man, As the adult survivor of his family, he was able to withdraw the money his family had deposited into Swiss banks. But that money should have been shared with his three children who also survived the War. He invested it and lost it all.

My mother was a social climbing, gold digger who didn't listen to the many warnings offered by good Samaritans at the time not to marry a man who didn't want to learn about the mystery my mother carried deep down inside that had saved her from extermination.

The fact that my mother ended up divorcing him and raising us without child support because he was too poor by then to pay for the upkeep of his children, wasn't something she anticipated. And the fact that he was plagued with diabetes and heart disease after the starvation he endured in concentration camp – in which he also lost all his teeth – made him cry out constantly for literal food rather than for spiritual food-for-thought. He couldn't chew on his own experiences.

So, getting from the 6th Commandment [murder] to the 5th [parents] was something I ended up doing by first trying to kill myself three times. That created a great deal of suffering for my parents and me. The first time, I swallowed 100 aspirins. The second time, I drove my car off a cliff. And the third time, I made an omelet out of mushrooms from a neighbor's lawn in the hopes that the mushrooms were poisonous.

My rite of passage from the second to the first tablet can be summed up in one word: miraculous!

Everybody ought to experience miracles before they claim to believe in them. I don't think praying for miracles is enough. Such prayers usually come at moments when people are desperate for enlightenment. They're just grasping for straws because they don't want to have to suffer.

The parting of the Red Sea was a miracle, especially in lieu of the fact that the Israelites knew they were moving toward the Red Sea, a dead end, light of Egyptian geography. What the Israelites didn't realize was that they were desperate for enlightenment. They thought they just wanted to escape slavery. Getting across the Red Sea without the Egyptians being able to follow them was a miracle that led them to enlightenment [freedom].

The Israelites received freedom from Egyptian autonomy at the parting of the Red Sea. Three months later they received freedom from spiritual ignorance at Mt. Sinai with the giving of the Ten Commandments.

But most of the Israelites preferred to dance around their Golden Calf instead of seeking enlightenment from God. Of the 600,000 Israelites who left Egypt, 3,000 had to be killed because of their collusion in that deed. The rest, Moses told to melt down the Golden Calf and eat the portion of gold they'd contributed. The reason for that was for them to internalize the wealth given to them by God.

Torah is the story of beginners at the beginning. It's a moral story in how to avoid mistakes a second time. Yet how many fools today have the Midas touch, and yet there's no wealth within them?

You and I aren't beginners, and we aren't at the beginning. Without new and deeper understand of our scriptures today, many are being held back by tradition mixed with self-ignorance.

Miracles occur when you hold out hope for spiritual enlightenment over errors of judgment. If you can glean no further hope from your past and can only anticipate desperation in your future, you're in need of a miracle. You're ready to move away from your inner Egypt toward your inner Israel with hope in overcoming your self-ignorance over why you behaved the way you did in the past.

When I was a teenager, my father remarried and funneled money to my sister and me, telling us not to let his wife know. We colluded with him against her.

There were other occasions when I cheated for financial gain. Once I even cheated on a boyfriend sexually.

These mistakes adulterated my word. My promises didn't mean as much. I intuitively knew my word wasn't good [#7]. I unconsciously knew I was hurting myself [#6]. And I suspected that honoring my father and mother couldn't happen without punishments from the Teacher that my Tutor would need to explain to me. I didn't know much about anything.

Believing in miracles is of paramount importance to men who are seeking freedom; liberation with self-love; and emancipation before God with loyalty to a life with a mission.

Hyper-religious Christians in the United States are stuck in an Egypt of their own making. To get to the Israel promised them after life, they're going to have to get across what may seem to them as an impassable obstacle: gratitude

to gay people for teaching them more about the mystery of their Savior, Jesus Christ, and the love He professed.

Israel is the manifestation of our struggle with God, not against Him. Regardless of the name Christians use for Him, Israel will survive and thrive because Israel is on fire with a love of brotherhood that only the gay community can bridge.

67.
Christ's Opinion of the Ten Commandments

If your penis has been training you instead of you training it, the dog [–] is walking the man [+]. The man [+] isn't walking with his dog [+]. But things won't stay this way forever. Sooner or later, the dog [penis] will bite the man. But the dog will never take responsibility for what it's done. The man will bleed, and the man will suffer. But his dog [penis] will just get old, go to sleep and not wake up. [21]

Your penis can do many wonderful things literally and figuratively. But there's one thing it can't do. It can't feel guilty. It knows no guilt. It only knows the urge to express good [+] and evil [–].

If your conscience isn't awakened enough to perceive this fact of life, God will give you external challenges like pandemics, floods, droughts, illnesses and loss of face to awaken you to the importance your penis plays in your life and the lives of all others.

Adulterers who've been exposed know this about their penis. The hyper-religious and criminals don't. If your word isn't good, nothing about you is good.

Jesus saw the ancient Jews' sexual repression and addressed it the best way possible at the time. It wasn't possible for Him to tell them to stick their penis in their heart like a key in a lock to love themselves, not up their butt because that would only screw themself over. But that was His message.

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[21] God only punished Adam and Eve. He did nothing to the serpent. God didn't even ask him his side of the story. Society won't dismember you if you won't figuratively listen to your serpent [penis] using critical thinking skills. And if you're a power-hungry politician or billionaire, we won't castrate you, so you won't have fruits to steal out from under yourself in the future.

Today we can be blunt about such matters without ruffling too many feathers. God knows you've probably been more direct and brusque than that.

In my opinion, Matthew, Mark, John and Luke were straight men who tactfully wrote down Christ's message in ways the ancient Jews could tolerate hearing. Self-reflection is never easy, but it's especially difficult to admit if you discover that you haven't been punished for all your crimes against humanity.

You're not going to live forever. You will meet your Judge [Teacher] and Jury [Tutors]. If you've advocated against spilling semen rather than blood, I think you should be worried.

When asked which is the greatest Commandment, Jesus quoted Moses, saying:

וְאָהַבְתָּ אֵת יְהוָה אֱלֹהֶיךָ בְּכָל־לְבָבְךָ וּבְכָל־נַפְשְׁךָ וּבְכָל־מְאֹדֶךָ
"Thou shalt love the Lord thy God with all thy heart,
and with all thy soul,
and with all thy mind"
[Deuteronomy 6; Matthew 22; Luke 10]

He also quoted Moses, saying:

וְאָהַבְתָּ לְרֵעֲךָ כָּמוֹךָ
"Thou shalt love thy neighbor as thyself."
[Leviticus 19; Matthew 22; Mark 12;
John 13]

Loving God and your neighbor will only lead you to a fool's paradise unless you love yourself more than them. Where would you be without you? The answer to this question should bring up guilt at all the ways you've taken yourself for granted.

Christ's parable of the good Samaritan [Luke 10] is terribly misunderstood. The Samaritans were one of Israel's

indigenist neighbors who were known to be particularly vicious, duplicitous and vindictive. The Jews considered themselves good [+] and the Samaritans evil [–]. So, when Jesus spoke about a good Samaritan, He was describing an exception to the rule. For the perspicacious Jew at the time, the implication was that if you could encounter a good Samaritan [+], you could certainly encounter an evil [–] Jew.

Your penis and anus are dirty parts of you that play enormous figurative roles in your life that you may have ignored until now. If you have the courage to make your way out of all those pristine thoughts in your head; through all those loving feelings you have for others in your heart; past the loyalty to God you profess to your Tutor in your soul – and make your way down to your navel – from there, you're going to hear the whispers of your penis and the trumpeting sounds made by your anus from a different place in inner space. Surely, from there you'll hear others' undertones and proclamations of distain. So, why do you ignore your own?

Feelings come and go. You can't stop yourself from feeling what you feel, any more than you can stop yourself from thinking what you think. But you can observe your thoughts and feelings from your conscience. You can determine that what your head is thinking and your heart is feeling are not always in your best interest because they're tainting what you believe to be universal truths that you hold as true in your soul.

The blind Hindus tried to describe an elephant. All you're asked to do is describe yourself. Why don't you allow your hands to go past your head, heart and breastplate to explore the rest of you? Who told you not to touch yourself meaningfully anywhere else? And why did you listen to them?

You can use your conscience to guide your head and heart, but only if you understand how to operate yourself fully. You can tell yourself that you don't want to betray yourself. You can acknowledge that your thoughts and

feelings aren't yet up to your highest benchmarks of self-knowledge and self-love. Saving face requires a lot more than just thinking about your thoughts, feelings and beliefs.

Give back what you've stolen. Apologize to the people you've hurt. Take on a mission. If you don't improve your g.p.a. while you're still in school, there's no believe system on Earth that professes you'll be rewarded after you graduate.

If you wouldn't tolerate a bad idea or a negative feeling others express about you, there's no reason in the world why you should accept them from yourself. You're a person, too. For that reason, a great many of the secrets you're withholding from yourself are the result of conflicts between the world around you [yang] and your world within [yin].

The Tao addresses paradox philosophically. Gay men address paradox by using the anus as a door that goes two ways. I like to use both methods. I even like to contemplate why I was given a navel and why the serpent in my tree hasn't shut up since I was a teenager. Of course, you're free to do anything you please.

68.
Body Image

God made you in His image. If you have body image issues, you have issues you need to take up with Him. If you think your penis is too small, you may suffer from small-man-syndrome by pretending to be bigger than you really are.

If you think your behind is too big, you may be pushy and take up more space than you need.

If you're physically disabled, you may feel spiritually broken.

And if you're ugly, you may think ugly goes right to the bone.

Body image issues are related to spiritual issues you'll be dealing with all your life. So, you might as well question your reality by seeking the mystery of why God made you the way He did.

You'll be a lot less embarrassed by how you look physically; behave towards others socially; and express your principles before God spiritually – if you take all scriptures figuratively.

You once compared and contrasted yourself to others. That awakened you to the fact that everybody is different. What you were missing in some ways, you amply made up for in others. But you had to prove that to yourself. You couldn't convince yourself of what you got. You could only suggest that you look more deeply for what you got, rather than bemoan what you were missing.

By now, you should be comparing and contrasting yourself to who you were yesterday. So long as you're making progress like a sidewinder, you'll get where you need to be. Today's outer terrain is flatter than it seems. It's your inner terrain that's steep and rocky.

69.
Aging and Death

No one knows the loneliness every other man experienced growing up misunderstood, threatened and unable to talk about his feelings and urges. No one knows what coming out of the closet means or the depth of hope for new possibilities gay men experience when we get real about our spiritual attraction to men.

But no one can anticipate the difficulty of aging without companionship, either. Therefore, we must all become models of leadership to show the world how life could be lived.

Wanting a man in your life is a much greater topic than sauntering down the aisle to receive a ring from your fiancé. The ring he puts on your finger is a sign of a ring you should have already figuratively slipped on your own finger with God as your Witness.

You should already be married to the man of your dreams. If you want to concretize that in the real world with marriage to another man, you have my generation to thank for the ability to do so. We've made it possible for you to marry yourself before God and to a man before men.

The hyper-religious will try to convince you that you can't marry anyone without their permission. They'll try to tell you to that you're a perverter of their scripture and a disbeliever in God.

Don't believe a word they say. They're terrified of you. They're terrified of God giving you what you desire [+]. They're terrified of a world in which there's no longer a place for their hatred to subsist. They'll do everything in their power to continue to hate you despite all that they claim God has told them to do for others.

The hyper-religious Jews insist on behaving foolishly. The hyper-religious Christians insist on behaving hatefully. And the hyper-religious Muslims insist on behaving

disloyally to God almighty. They all do all three. Doing otherwise would give gay Jews, gay Christians and gay Muslims free access to their institutions of faith. That's what they believe is abominable, not men having anal sex.

As you make your vows to yourself before God in the presence of everybody else on Earth, you're making a commitment to loving yourselves, honoring your parents and cherishing all life on Earth so long as you both shall live. That's what marriage equality stands for.

If you can make this vow to yourself in the sight of one other person who cares about your eternal wellbeing, your vision for a better tomorrow will be a guiding light for all people everywhere.

God only promised that Israel would be a light unto the nations. You can do more. You can become a guiding light unto yourself.

The Universe

The "Universe" is a euphemistic term that refers to God. People who don't want to think of Him in human terms think of Him in terms of outer space. But there must be Someone who created this enormously large place where we find ourself at night when we look up at the stars. There must be someone who created this equally enormously large place in inner space, as well. That Someone is "God."

The only way to discover the God around us is with mastery of the external world through science. The only way to discover the God within us is with mastery of our individual, internal world through spirituality. The former is described as beginning with the Big Bang. The latter might be described as the little bang that brought each of us here.

If you've concluded that God is AWOL, I can't blame you. There seems to be plenty of evidence to suggest that He doesn't interfere with the devious plans of man. If He did, He'd never allow some things to happen. But such is the outcome of judging Him using human terms.

Once you realize that the serpent in the Creation Story refers to your penis, you understand how part of you was created guilt free and defiant. If you want to avoid pain and suffering, learn more about your penis. It will defy your heart, which will then disobey your head. And when your head gets in trouble with your breastplate, you'll begin your search for hope.

Because of man's anthropomorphic view of God, you might conclude that life isn't a school; that there is no Teacher; you aren't being taught anything; and your outcomes aren't grades that count.

But if you can admit that you didn't choose the body you were given, your parents or your sexuality – you might also admit that you lived your life more like a contestant in a race.

You may even have been so green with jealousy and envy at others' advancement that you felt nothing at all about

some matters that your mind knew were wrong and needed to be corrected. And because you may have been running a race, you've used revenge to catch up or maintain your lead. [Leviticus 19, Romans 12]

If that's the case, I recommend you change your thinking, transform your feelings and transcend your beliefs. You could most help yourself and the world by using your critical thinking skills to explore your urges [–/+]. That would be a contemplative response to all the evil inclinations you succumbed to, especially self-pity.

Life is a game with a Coach if you're a fool who only believes in winners and losers. You'll always feel like a loser if you let others win. Sooner or later, you'll raise your fist to the sky and cry out, "Why not me?"

Life isn't a sport although it is true that it isn't whether you win or lose but how you play the game that counts. This is something antisemites, anti-Zionists, racists, homophobes and misogynists have to learn. This is something the hyper-religious Israelis who run the government of Israel need to learn. This is something that Republicans, in particular, [but also Democrats] need to learn.

You don't have to do a thing for anybody. But if you do decide to do something for somebody else, do it for your sake, not theirs. Don't give hypocritically. Don't give like the billionaires who don't know the difference between money and honey. Give better than that.

If I could sum up all the reasons to give into one activity, I'd recommend that you werk towards more intense orgasms. I've been to bed with many men, and most of them were pretty bad in bed.

Granted, there were a few that I'll never forget! They took me to a place I'd never been to before.

But now that I can do the same for others in my own inimitable way, I'm proud of my penis and what figuratively cums out of it. I'm proud of what I now know about orgasms that I didn't know before.

If life is only a school
to learn how to intensify your orgasms,
it would still be well worth your while
to seek an education
here on Earth.

Previous Books

[I recommend you read them in the reverse order written.]

20. **Lampshade for the Light**
    Of the Last Day of the Third Month of the Year

19. **Call Me Glinda**
    a book for friends of Dorothy

18. **Home Schooled**
    why my inner child refuses to go to college

17. **Lazy Susan**
    How Taoism Spins Paradox into Food for Thought

16. **Your Buddha Within**
    Inside Every Buddhist Lies an Anti-Authoritarian
    Who Yearns for Peace of Mind

15. **Playing god With God**
    Hinduism, Health and Healing
    How to Believe in God by Believing in Yourself

14. **Quran: The Book of Lights**
    Volume 1 High Lights
    Volume 2 LAND: How to Become a Genius and Save the Planet
    Volume 3 SEA: How to Love Life
    Volume 4 SEA: How to Love Life
    Volume 5 *Sky*: How to Believe in Yourself
    Volume 6 *Sky*: How to Believe in Yourself
    Volume 7 **Flames**: How to Circumcise Your Own Soul

7. **A Guest at Their Table**
    My Gay-Jewish Review of Christ's Feast of Self-Love:
    Volume 1 Christ's Bread and Body

Volume 2 Christ's Wine and Blood
Volume 3 Communion in a Human Body

4. **The Forbidden Fruit's Perspective**
   Torah For Straight People
   Volume 1 The Genesis of a Moses Like You
   Volume 2 The Exodus, Leviticus, Numbers and Deuteronomy of Everyone

2. **The Wisdom of Self-Love**
   Life Is a School. I Am My Major

1. **Becoming**
   89 Poems of My Love for Me